

HEALTH ALERT



Public Health
Prevent. Promote. Protect.



TO: Physicians and other Health Care Providers

Please distribute a copy of this information to each provider in your organization.

Questions regarding this information may be directed to the office of:

Alan Melnick, MD, MPH, CPH

Health Officer

Clark County Public Health

Phone: (360) 397-8412

Alert categories:

Health Alert: conveys the highest level of importance; warrants immediate action or attention.

Health Advisory: provides important information for a specific incident or situation; may not require immediate action.

Health Update: provides updated information regarding an incident or situation; no immediate action necessary.

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HEALTH ALERT

April 5, 2017

Clinician Alert: Hepatitis A Exposure



Multnomah County Public Health officials are notifying the public of potential exposure to Hepatitis A at two Cup & Saucer restaurant locations in Portland. The overall risk to the public is considered relatively low.

People who ate or drank at the following restaurant locations on the days listed may be at risk and may be eligible for vaccine or immune globulin:

- Cup & Saucer, 8237 N Denver Ave, Portland, during March 22 - 29, 2017.
- Cup & Saucer, 3566 SE Hawthorne Blvd, Portland on March 22 OR March 25, 2017.

People who ate or drank at the N. Denver location between February 22 and March 21 may have been exposed and should be evaluated for Hepatitis A if they present with compatible symptoms.

Anyone who is NOT immune to Hepatitis A and whose last visit to either restaurant was on a date listed above and less than 14 days ago can lower their risk of Hepatitis A via vaccination.

- Patients ages 1 to 40 should get a single antigen Hepatitis A vaccine. Twinrix may NOT be used as post-exposure protection (PEP).
- Patients younger than one year or older than 40 should get a single dose of immune globulin 0.02 mL/kg IM.
- If immune globulin is not available it is safe to give Hepatitis A vaccine to someone over 40, and it may prevent illness.
- If vaccination history cannot be documented for an exposed person, we recommend vaccination of persons 1–40 years of age and immune globulin for others.

Individuals are immune to hepatitis A if they:

1. have a documented history of Hepatitis A OR
2. have received two doses of hepatitis A vaccine.*

All exposed persons should be advised to watch for signs and symptoms of hepatitis A for up to 50 days after exposure.

Hepatitis A is a viral disease of the liver that is highly contagious via the fecal oral route. It is spread from person to person, often by inadequate handwashing after using the toilet or changing diapers, or eating food prepared by an infected person.

Typical symptoms include fatigue, fever, and loss of appetite, abdominal pain, nausea, vomiting, or jaundice. Infections range from mild to fulminant hepatitis. Children under 5 years old are often asymptomatic. Symptoms usually develop 3–4 weeks after exposure, but the incubation period can range from 10–50 days. There is no form of chronic hepatitis A infection.

For more information about Hepatitis A:

http://www.cdc.gov/hepatitis/hav/pdfs/hepageneralfactsheet_bw.pdf

For updates on the investigation and public health recommendations visit multco.us.

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Please report suspected cases of Hepatitis A to the county public health department of the patient's residence listed below:

Clark County Public Health: 360-397-8182

Clackamas County Public Health: 503-655-8411

Multnomah County Public Health: 503-988-3406

Washington County Public Health: 503-846-3594