Community Newsletter

March/April 2020



NE Hazel Dell Nationally Recognized Newsletter By Neighborhoods USA Neighborhood Association







Springtime Neighborhood News



Meeting Schedule for 2020 is:

March 17, 2020 April 21, 2020 May 19, 2020 June 16, 2020 (Ice Cream Social)

Location: Clark County Operations

Center, Community Room

4700 NE 78th Street

What's inside this edition?

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Second Saturdays of Fun

Every Second Saturday of the month the Water Resources Education Center offers FREE fun activities for kids and their families. Folks are invited to explore

NE Hazel Dell Neighborhood Association Monthly Meetings

Tuesday, March 17, 2020 7 to 9 PM

Meeting Topics:

7:30 PM - Kyle Crebar - Environmental & Safety Manager for Metro Metals and Pacific Coast Shredding.

8:00 PM - Debbie Witcher, President of the SW Washington Gold Prospectors Club.

Meeting Location:

Clark County Operations Center Community Room B-1 4700 NE 78th Street

At these meetings several announcements and general information will be shared and discussed.

Refreshments served are provided by Burgerville.

a different topic each month through hands-on activities, games and stories from 1 PM to 3 PM. Create a bird feeder and other crafts to welcome wildlife to your backyards! Learn about the amazing world of bubbles! Make a piece of art from reused materials! There's always something new waiting on Second Saturday at the Water Resources Education Center located at 4600 SE Columbia Way. Please note: children must be accompanied by a parent or guardian. For more information go to www.cityofvancouver.us or call 360-487-7111

NE Hazel Dell Neighborhood Association

THANKS TO: Burgerville USA

For providing refreshments at the NE Hazel Dell Neighborhood Association meetings

NE Hazel Dell Neighborhood Association is on Facebook

Check out our neighborhood association on Facebook:

facebook

https://www.facebook.com/NEHazel DellNeighborhoodAssociation

Newsletter Publication

The NE Hazel Dell Neighborhood Association will publish six issues of the newsletter this year. Here are the issue dates for the newsletter and deadlines for 2020:

IssueDeadline1. May/JuneApril 20, 20202. SeptemberAugust 20, 20203. October/NovSeptember 20, 20204. DecemberNovember 20, 2020

The deadline date is for submitting newsworthy items for publication. Thanks!

Earth Day Fest!

Since 1999, the StreamTeam has coordinated a large-scale community celebration for Earth Day. Each year, hundreds of people join the team to plant native trees along our waterways, protecting local water quality and quantity.

Ride your bike or stroll down the Salmon Creek Greenway to enjoy free children's activities, wildlife shows, salmon releases and more!

Clark Public Utilities' StreamTeam is hosting its 21st Annual Earth Day Fest in partnership with Clark County Vegetation Management. Free fun and games for the whole family along with interactive nature demonstrations and entertainment will take place from 10 a.m. to 2 p.m. on April 18th near Klineline Pond at Salmon Creek Greenway, 800 NE 117th St, Vancouver, WA 98685.

You can also register in advance to plant trees or pull garlic mustard from 9 a.m. to 12:30 p.m. Contact Maddy at StreamTeam@clarkpud.com or 360-992-8585 to find out more or get signed up!

Earth Day 2020

On April 22nd, we celebrate our Mother Earth, but we also celebrate what many consider the birth of the environmental movement. Appropriately the 2020 Earth Day theme is "Climate Action". It presents enormous challenges --- but also creates vast opportunities --- of acting on climate change has distinguished this issue as the most pressing topic for the 50th Anniversary year. Climate change represents the challenge to the future of humanity and the life-support systems that make our world habitable.



The first Earth Day is credited with launching the modern environmental movement, and is now recognized as the planet's largest civic event. Also, the first Earth Day in 1970 launched a wave of action, including the passage of landmark environmental laws in the United States. The Clean Air, Clean Water and Endangered Species Acts were created. Also, in response to the first Earth Day event it led to the Environmental creation of the Protection Agency (EPA). Shortly after many countries soon adopted similar laws.

Common Earth Day activities include planting trees, cleaning up streams, litter and graffiti, or simply enjoying nature through hiking, gardening, or taking a stroll in a local park. Take time to rethink how you and your family can live cleaner waste free lives to save the Earth and its resources. Everyone can make a difference in protecting our environment.

Census 2020

2020 Census Everyone Counts

Every 10 years, as required by the United States Constitution, the U.S. Census Bureau takes a complete count of the country's population. Every person living in the U.S. is expected to participate. The Census Bureau collects data for statistical purposes only and is required by law to protect your individual identity.



Having accurate, updated census information is vitally important. The information is used by Congress to distribute more than \$880 billion in health, federal education, infrastructure funds to states, counties, and cities based on population. Census information is also used Washington's bipartisan redistricting commission to draw new, equally populated legislative and congressional districts that reflect the population growth and shifts over the past decade.

The Census Bureau will begin collecting information in March 2020 and you can respond online, by mail, by phone, or with an in-person

NE Hazel Dell Neighborhood Association

interview. You'll be asked to complete a questionnaire with a few basic facts about the people in your household. It's easy and confidential. Remember, everyone counts -- so when you receive the official questionnaire, complete it for each person in your household.

Meeting Guest Speakers for April Meeting

Our guest speakers have some great information to share with neighbors at our neighborhood association meetings scheduled on third Tuesday's from 7 - 9 PM at the Clark County Public Works Operations Center at 4700 NE 78th Street.

Tuesday April 21, 2020:

7:30 PM to 8:00 PM – Colleen Schafroth - Executive Director of the Maryhill Museum of Art

8:00 PM to 8:30 PM – Jan Bader - Program & Policy Development Manager for the City of Vancouver will discuss the Vancouver New Culture, Arts and Heritage Plan.

Clark Neighbors Food Project

The Clark Neighbors Food Project (CNFP) is a revolutionary way to collect food: It's a donor drive, not a food drive.

www.clarkfoodproject.org

Instead of asking for one-time contributions of food, volunteers (Neighborhood Coordinators) enlist neighbors to become long-term Food Donors.

If you would like to become a longterm Food Donor or a Neighborhood Coordinator, contact clarkfoodproject@gmail.com

Coronavirus

Coronaviruses are a large family of viruses that cause illness ranging from the common cold to more severe diseases. Coronaviruses are zoonotic, meaning they are transmitted between animals and people. Common signs of infection include respiratory symptoms, fever, cough, shortness of

breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.

The United States' Center for Disease Control (CDC) and Prevention is closely monitoring the outbreak of respiratory illness caused by the novel (new) coronavirus (COVID-19). While the risk to most Americans remains low. The CDC, notes that, "Risk is dependent on exposure." Standard recommendations to prevent infection spread include regular hand washing, covering mouth and nose when coughing and sneezing. Avoid close anyone contact with showing symptoms of respiratory illness such as coughing and sneezing.

Earthquake Advice

In event of an earthquake please follow these guidelines:

- 1- Drop, Cover, and then Hold On. Drop to your hands and knees. Cover your head and neck with your hands and arms. Hold on to any sturdy furniture until the shaking stops. Crawl only if you can reach better cover without going through an area with more debris.
- 2- If inside, stay there until the shaking stops. DO NOT run outside.
- 3- If in a vehicle, stop in a clear area that is away from buildings, trees, overpasses, underpasses, or utility wires.
- 4- If you are in a high-rise building, expect fire alarms and sprinklers to go off. Do not use elevators.
- 5- If near slopes, cliffs, or mountains, be alert for falling rocks and landslides.

"I Didn't Know That!"

Brazil - got its name from the nut, not the other way around.

Siberia - contains more than 25% of the world's forest.

Spain - Literally means "Land Of Rabbits."

Comic Corner - Life After 60

Texting Abbreviations for Elderly:

ATD: ---- At The Doctor's

BFF: ---- Best Friend's Funeral

BTW: ---- Bring The Wheelchair BYOT: --- Bring Your Own Teeth

CBM: ---- Covered By Medicare

CGU: ---- Can't Get Up

CR: ----- Can't Remember CUATSC: - See You At The Senior Center

DWI: ---- Driving While Incontinent

FWIW: --- Forgot Where I Was

FWIW: --- Forgot Where I Was FYI: ----- Found Your Insulin

FYI: ----- For Your Indigestion

GGLKI --- Gotta Go, Laxative Kicking In

GGPBL-Gotta Go, Pacemaker Battery Low

GHA: ---- Got Heartburn Again

GOML: --- Get Off My Lawn

GTG: ---- Got The Gout

IMHO: ---- Is My Hearing-Aid On

JK: ----- Just Kvetching

LMDO: --- Laughing My Dentures Out

LWO: ---- Lawrence Welk's On

MGAD: --- My Grandson's A Doctor

MILF: ---- Meal I'd Like to Forget OMG: ---- Ouch, My Groin

OMMR: -- On My Massage Recliner

ROFL: --- Rolling On the Floor Laughing

SUS: ---- Speak Up, Sonny

TGIF: ---- Thank Goodness It is Four

(Early Bird Special)

TOT: ---- Texting On Toilet

TTYL: --- Talk To You Louder

WAITT: -- Who Am I Talking To

WIWYA: -- When I was Your Age

WTP: ---- Where's The Prunes WWNO: -- Walker Wheels Need Oil

Klineline Kids Fishing Event

Klineline Kids Fishing will be held at Salmon Creek Park / Klineline Pond. Special Needs kids will experience fishing on Friday – May 1, 2020. Kids ages 5 through 14 will fish on Saturday – May 2, 2020.



Presented by the Klineline Kids Fishing Nonprofit, the Washington State Department of Fish and Wildlife and Clark Public Utilities, this program is aimed at getting more kids involved in fishing and building a base for the future stewards of this resource.

Here is the link to the event registration forms:

http://klineline-kf.org/registration

Fewer and fewer kids are taking part in the sport of fishing either because of environmental or economic factors. This is a disturbing trend. To create stewards for our future fisheries we need to introduce children to the beneficial aspects of fishing as an individual and family activity and as a way to become more aware of our natural resources.

The "Klineline Kids Fishing" event accomplishes both of these goals. First, it gives the child an opportunity to experience the thrill of catching a fish. Second, educational sessions, offered by the Washington State Department of Fish and Wildlife and local fishing groups will help the child learn more about fishing and the outdoors.

Let's help get more kids fishing more often

Donations are welcomed and should be made to Klineline Kids Fishing Nonprofit (IRS non-profit registration EIN # 45-3764565).

Be sure to LIKE us on Facebook at:

https://www.facebook.com/KlinelineK idsFishingEvent

Klineline Kids Fishing Nonprofit PO Box 873875 Vancouver, WA 98687 klinelinekidsfishing@gmail.com

FAST FOOD (by Kathy Wolfe)

Fast food is just that ---- easy and convenient Good or Bad? If you're an average American, you'll spend about \$1,200 on fast food this year. About 50 million Americans will eat fast food in the U.S. today, contributing to the industry's annual total of \$117 billion, more than the annual amount spent on movies, books, music and newspapers combined. An estimated 20-25% of Americans eat fast food at least once a week. Fast food is nothing new. In fact in ancient Rome, bread, sausages and wine were sold at stands on the side of the road. Fast food really took off beginning in the 19th century when fish and chips stands started up in Great Britain. A commemorative plaque in the community of Oldham in Manchester, England honors the origin of the fast food industry there in 1860. By 1910, the United Kingdom boasted more than 25,000 fish and chips shops. Merriam-Webster first included the term "fast food" in its dictionary in 1951.

Based on Subway's menu choices of meats, breads, salads and toppings there are nearly 38 million possible combinations for lunch. McDonald's is the most valuable fast food brand in the world, but it's not the one with the most restaurants. There are about 36,000 McDonald's restaurants worldwide, but Subway has close to 45,000 eateries. McDonald's is the largest purchaser of beef, pork and potatoes in the nation. McDonald's fries make up 7.5% of the U.S. entire potato crop. Surprisingly, as one of the world's largest owners of real estate, McDonald's holdings earn corporation more profits from rent than from selling food. And the inclusion of toys in Happy Meals has earned the chain the distinction of the world's largest toy distributor. According to McDonald's, one of their burgers can contain parts of more than 100 cows. So, is that really chicken in your chicken nuggets? It seems so, but not the parts you might expect. A medical study revealed that the content is not much meat, and more bones, fat and tendons.

Recommended daily fat intake is between 44 and 66 grams per day. Carl Jr's Double Six hamburger delivers 111 grams of fat. A regular burger, small fries and small drink amounts to 630 calories, which can be further reduced by 150 calories by drinking water. One in three Americans drinks a large sugary drink every day. Forty ounces of a sugar soda is about 400 calories. Consider changing to water, unsweetened tea or at least a smaller size on your next fast food visit. A salad at your favorite fast food place seems like a healthy option. But consider that a Grande Taco Salad at your local On The Border has 1,390

calories and 95 grams of fat. A salad at McDonald's with their regular dressing tallies up to 680 calories, more than a Big Mac! Wendy's, the only major fast food chain that sells baked potatoes, sells about a million spuds per week.

It should be no surprise that fast food has been linked to an increase in the number of cases of obesity. The Centers for Disease Control lists obesity as the #2 cause of preventable death (second only to smoking). There are several other consequences of frequent fast food consumption, including a link to depression. Some studies indicate a link between unhealthy food and dementia and breast cancer. Research has shown an increased risk of diabetes, colorectal cancer, heart disease and high cholesterol for those who regularly consume fast food.

It is alarming to think that just living near a fast food restaurant can increase your chances of becoming obese! Recent studies suggest that people living less than 2 miles from a fast food place are more likely to have a higher Body Mass Index. Parents seem to be passing the fast food habit on to the next generation. About 9 out of 10 American children visit McDonald's every month and 34% of U.S. kids eat fast food on any given day. In addition to being linked to childhood obesity, a study of 12,000 students indicates that fast food may affect academic achievement. Students who ate more fast food had a slower growth in educational improvement in reading, math and science than those who ate no fast food. The average American teenager drinks more than 64 gallons of soft drinks every year.

Sometime ago restaurants starting listing calorie counts next to their menu offerings in hopes that people will think twice and make positive choices about their food choices. Recent studies have shown that listing calorie counts has done little to influence people's food lifestyle choices. However, a recent test study asked a few restaurants to list the amount of time it took to spend say: on a treadmill to work off the calorie intake that menu item.

Surprisingly, their findings have found that people are making changes in their food lifestyle choices. Maybe posting this information in more relatable terms is making the difference.

Measles

Measles is a highly contagious and potentially serious illness caused by a virus. Measles is spread through the air after a person with measles coughs or sneezes. If other people breathe the contaminated air or touch a contaminated surface, then touch their eyes, noses or mouths, they can be infected. The virus can linger in the air for up to two hours after someone who is infectious has left the area.

Measles symptoms begin with a high fever, cough, runny nose and red eyes, followed by a rash that usually begins at the head and spreads to the rest of the body. A person can spread the virus before they show symptoms. People are contagious with measles for up to four days before and up to four days after the rash appears. After someone is exposed to measles, illness develops in about one to three weeks.

Anyone who has been exposed and believes they have the symptoms should call their health care provider before visiting the medical office. This will enable the clinic to develop a plan for providing care without exposing others at the clinic.

Magenta Theater 2020

Magenta Theater's 18th season was launched in February with "The Marvelous Wonderlettes" where four High School girls enjoyed their hopes and dreams as big as their hair-dos. The show featured over 30 classic musical hits from the '50s & '60s.

April 10 - 25 An adaptation of Shakespeare's "Much Ado About Nothing" set in the '40s will be presented. A comic romp with a hint of romance & betrayal set against the backdrop of WWII Europe.

June 12 - 27 The show will be "Wake Up Darling". A pretty young woman wants to be an actress. Her husband yearns to be a playwright. Add in a

very young up-and-coming playwright and you have the perfect mix for Havoc.

October 9 - 24 The performance will be "Murder On The Orient Express". The luxurious train is stopped in its tracks by a snowdrift. Overnight one of the passengers is found dead. Detective Poirot undertakes this Who-Done-It mystery.

December 4 - 19 The feature will be "Christmas Carol: A Ghost Story". An inspired adaptation of the Holiday Classic. Beloved carols are sung to alternately joyful and sinister effect. A group from the Magenta ROCKS! will also perform at this production.



In addition, the theater company will host 7 Improv shows with MIT (Magenta Improv Theater), 5 MagenTOTS productions (theater by adults for kids) and 4 Black Chair Projects --- staged readings.

It's nonstop action at Magenta Theater in 2020. For performance dates, ticket prices, theater location and more information go to www.magentatheater.com.



Flu Season

The flu is a contagious respiratory illness caused by the influenza viruses that infect the nose, throat, and sometimes the lungs. It can cause mild to severe illness, and at times can lead to death. The flu season normally runs October thru March. However, this year it came early. Young children, older adults, pregnant women, and people with chronic disease or weak immune systems are at high risk.

The best way to prevent the flu is by getting the flu vaccine shot as soon as it becomes available each year. Its symptoms are usually more serious than the sneezes and stuffy nose that you tend to get from a common cold. Symptoms include fever, chills, muscle aches, cough, congestion, runny noses, headaches, and fatigue. The flu is treated primarily with rest and fluids to let the body fight the infection on its own. Over-the-counter anti-inflammatory pain relievers may help with the symptoms. The flu viruses can be spread: -1) by airborne (cough droplets respiratory sneezes). skin-to-skin -2) by (handshakes or hugs) -3) by saliva (kissing or shared drinks) -4) by touching a contaminated surface (blankets or doorknobs).

Useless Body Parts

The human body is a marvelous machine, but like many devices, it contains some parts with no apparent function. According to the Mother Nature Network website, these physical attributes appear to have lost their original uses:

Appendix. This tiny pouch in the abdomen near the large and small intestines may have been necessary when early humans survived on a plant-based diet. Today it seems largely superfluous, aside from being a useful storage place for bacteria.

Wisdom teeth. A leftover from when humans' jaws were larger, the extra molar no longer comfortably fits in most people's mouths and frequently has to be extracted in adulthood.

Jacobsen's organ. In animals, including reptiles and amphibians, this organ in the nose detects pheromones emitted by potential mates. Although present in the human nose, it appears not to function in modern-day humans.

Extra eyelid. Birds and reptiles have a nictitating membrane in their eyes that functions as a third eyelid. It's called the plica semilunaris, and apparently humans have them too, left over from earlier incarnations. It isn't entirely useless, though: it still helps to drain

tears and remove foreign objects from the eyes.

Recycling Check

If you are recycling, we suggest you take a look in to your blue curbside bin. If your bin is soiled; wet; sticky; has mold or an odor, one might want to question what one is doing wrong. Your recycle bin should be fairly clean. We would suggest that you reexamine "Recycling Done Right" guidelines issued by Waste Connections and Clark County.



National Volunteer Week April 19 - 25, 2020

National Volunteer Week always falls on some week in April and it is an opportunity to thank all the thousands of volunteers across the country who help keep many organizations running, communities safe and provide services that otherwise would not exist without volunteers. National Volunteer Week was established in 1974 and has grown exponentially each year.

It gives us an opportunity to celebrate the impact of volunteer service and the power of volunteers to tackle society's greatest challenges and to build stronger communities.

APRIL is also National Volunteer Month as well. It is a time to consider volunteering or providing support to those organizations vital to our community. Besides the benefits to society, scientific studies have shown that individuals who volunteer enjoy psychological and physical benefits, including increased satisfaction, improved sense of belonging, lower blood pressure, increased protection from Alzheimer's and decreased mortality.

Mandatory Boater Education

Cost is \$10 per boater, Space is limited so call 360-839-0853 or contact

silverdragon08@gmail.com For more information go to www.parks.state.wa.us and sign up online.



Recycle NO-NOs In Your Glass Bin

- 1- No lights bulbs of any kind
- 2- No broken glass of any kind
- 3- No glass with foreign materials, like: wax
- 4- No porcelain coffee mugs or plates
- 5- No mirrors
- 6- No ceramics
- 7- No window glass
- 8- No dishware
- 9- No food contamination
- 10- No Xmas lights
- 11- No party lights
- 12- No plastic or metal caps
- 13- No wine corks
- 14- No liquids of any kind
- 15- No decorative glass



Glass items are made at different fired temperatures. Presently there is only a recycle market for glass bottles and glass jars (clear, green, brown).

Want a copy of this newsletter delivered to your home or received via e-mail?

Send an e-mail to dougballou@comcast.net and include in the title "Add to Newsletter Distribution list." In the body of the e-mail include your name and e-mail

address to receive the electronic version of the newsletter or your home address include street, city and zip code to receive the e-mail through US postal service.

No e-mail address? Send this information to 3109 NE 96th Street, Vancouver, WA 98665.

"Growing Pains" The History of Hazel Dell For sale by the Northwest Hazel

For sale by the Northeast Hazel Dell Neighborhood Association. Only \$10!!

Sample Excerpt from Growing Pains-"There has been considerable evidence of Indian habitation in this region. Mattie and Joe Davidson found signs of underground ovens built of rocks on their property overlooking Vancouver Lake backwaters. There

were a number of these ovens in a

To order your book, contact Doug Ballou by e-mail at dougballou@comcast.net

Financial Support Needed

small, smooth clearing."

We need your continued financial support more than ever to cover our costs of operating the neighborhood association.

Enclosed is my gift of \$		
NAME:		
ADDRESS:		
CITY:		
STATE:ZIP		
PHONE:		
E-MAIL:		
Please mail this form with your donation to:		

NE Hazel Dell Neighborhood Association, 3109 NE 96th Street Vancouver, WA 98665.

NE Hazel Dell Neighborhood Association

Mental Health Suicide/Crisis HOTLINE

1-800-626-8137 or (360) 696-9560

Clark County Youth House/Teen Talk

(360) 397-2428 or text (360) 984-0936 Open Mon-Thur from 4-9pm & Fri 4-7pm ccteentalk1@hotmail.com

Boys & Girls Club of SW Washington

(360) 314-6735

Child Abuse

Main telephone number: (360) 397-6002 HOTLINE to report abuse: 1-866-363-4276 www.clark.wa.gov/childrens-justicecenter/resources

Clark Co. Housing Rehab Program

(564) 397-7842 or (564) 397-7811 www.clark.wa.gov/communityservices/housing-rehabilitation

Sheriff Liaisons (360) 397-2211 x5340

Deputy Jonathan Feller jon.feller@clark.wa.gov Deputy James Rogan james.rogan@clark.wa.gov

Deputy Greg Agar greg.agar@clark.wa.gov Deputy Lawrence Zapata lawrence.zapata@clark.wa.gov

Graffiti Hotlines:

West Precinct (360) 397-6079

Fire District #6 - (360) 576-1195

Liaison: Chief David Russell David.Russell@ccfd6.org

Clark Co. Councilors

Email: boardcomm@clark.wa.gov

Council Chair Eileen Ouiring District #1 Temple Lentz District #2 Julie Olson District #3 John Blom District #4 Gary Medvigy (564) 397-2232

Community Development – (564) 397-2375 **Public Works** – (564) 397-6118

Report a road concern: (564) 397-2446 or www.clark.wa.gov/public-works/report-park-

road

Event Center - (360) 397-6180 <u>Fair</u> – (360) 397-6180

Community Services – (564) 397-2075 **Superior Court** – (564) 397-2150

Clark Regional Wastewater District Board of Commissioners

L. Neil Kimsey, Norm Harker & Denny Kiggins: (360) 750-5876

Code Enforcement (564) 397-2408 Weed &Vegetation Mgt. (564) 397-6118 x4944

Report Street Lights That Are Out (360) 487-8177

Report Power Outages (360) 992-8000

Animals

Code Violation (564) 397-2488 Reporting Dead Animals (564) 397-2488 Pet Licensing (564) 397-2489 Nuisance Complaints (564) 397-2488 Missing/Found -VHS (360) 693-4746

Fish & Wildlife (360) 902-2200 Game Poaching: 1-800-477-6224 Livestock/WSU Coop (360) 397-6060 x7714 SW WA Humane Society (360) 693-4746 West Columbia Gorge/Washougal Humane Society (360) 835-3464

Transportation

C-Tran (360) 397-0123

C-Van Ride Reservation (360) 695-8918 Traffic Signals (564) 397-2446 Traffic Tickets: (District Court) (564) 397-2424 Auto Accident Reports (564) 397-2214

Voter Registration & Absentee ballots

Auditor-Elections (564) 397-2345 https://www.clark.wa.gov/elections

Garbage & Recycling

Clark County contact: (564) 397-7352 Waste Connections (360) 892-5370

Self-Haul Options:

www.clark.wa.gov/public-health/self-hauloptions

Wells and Septic Systems/Public Health

(564) 397-8428

Letters To The Editor

The Columbian: Editors@columbian.com NEHDNA Newsletter: dougballou@comcast.net

Parent Trust

Family Help Line - 1-800-932-HOPE (4673)

or families could call (360) 695-1325 ext 4221

State Schools

Blind (360) 696-6321 - Deaf (360) 696-6521

Blood Donations (360) 693-5821 Red Cross Be A Pal To A Child or Teen being Treated

with Chemotherapy 2-4 hrs/mo-Sue Best (503) 244-3141 sbest@e-cca.org

Clark County Parks:

(564) 397-2285 or parks@clark.wa.gov www.clark.wa.gov/parks

Restraining Orders

Anti-harassment or domestic violence protection orders: (564) 397-2292 (General)

YWCA SafeChoice Program-

24 hour hotline! (360) 695-0167. Community or legal advocates (360) 695-0167

Domestic Violence Intervention Unit

DV Hotline #: (360) 695-0501 Sheriff: (360) 397-2211 or 911 for emergency https://www.clark.wa.gov/sheriff/domestic-

violence WA State Coalition Against Domestic Violence www.wscadv.org/contact-us

Crime Victim Assistance (564) 397-2008

District Court

Civil (564) 397-2060 Criminal (564) 397-2424

Don't Know Who To Call? 694-8899

http://www.211info.org/

Who Represents Hazel Dell? Rep. Monica Stonier (D) 49th Leg. Dist.

(360) 786-7872

Email: monica.stonier@leg.wa.gov 331 John L. O'Brien Building

PO Box 40600

Olympia, WA 98504-0449

Rep. Sharon Wylie (D) 49th Leg. Dist. (360) 786-7924

sharon.wylie@leg.wa.gov PO Box 40600

322 John L. O'Brien Building

Olympia, WA 98504-0600

Annette Cleveland (Senator) (D)

427 John A. Cherberg Building; PO Box 40449; Olympia, WA 98504-0449; Phone (360) 786-7696; Fax: (360) 786-1999

Toll-Free Legislative Hotline: 1-800-562-6000

Vancouver Housing Authority

2500 Main Street, Vancouver WA 98660 360-694-2501 <u>www.vhausa.com</u>

Report Airplane Noise-

Call Anne Mitchell 503-460-4837 or 800-547-8411 ext. 4837 or email micha@portptld.com or visit www.PDXNoise.com

TDD Numbers

For the hearing & speech impaired. Board of Commissioners (360) 397-6032 Community Development/Public Works (360) 397-6057

Community Services (360) 397-6032 Superior Court (360) 397-2292

Griefshare

Dealing with the death of a loved one? Find support and encouragement. Griefshare meets Monday nights at 6:30 PM, at the Vancouver Church, 3300 NE 78th Street, Vanc. Call 574-1611 ext. 6904 to sign up.

National Alliance on Mental Illness

(NAMI) Southwest Washington 8019 NE 13th Ave, Vancouver WA 98665 360-695-2823 www.namiswwa.org

Clark County Food Bank List

Faith Center

2533 NE Andresen Rd., Vancouver Tues. 4:00-7:00 Service area: Clark Co.

Fish - Orchards

6008 NE 110th Avenue, Vancouver M-F 10:00-12:00 & 12:30-2:45

Serving Areas: 98682, 98864, 98662

Fish – Vancouver - 906 Harney St, Vancouver M, T, Th, F 10:00-3:00

Serving Areas: W. of Andresen from downtown to Ridgefield.

Interfaith Treasure House

91 "C" Street, Washougal M-F 9:30-5:00; Sat 11:00-3:00

Serving Areas: Camas & Washougal

McLoughlin Church of God 903 Winchell Ave., Vancouver

Wed. 4:00-7:30 Service area: Clark Co.

Trinity Mission Cupboard

6700 McLoughlin, Vancouver

Food bags/hot lunches last Friday of the month 11am-2pm - Serves ALL of Clark Co.

NE Hazel Dell Neighborhood Association 3109 NE 96th Street Vancouver, WA 98665 PRESORT STANDARD US POSTAGE PAID VANCOUVER, WA PERMIT No. 130

NE Hazel Dell Neighborhood Association Officers and Board Members

Doug Ballou, President (360) 573-3314 dougballou@comcast.net

Bill Cline, Vice President wjcline1958@gmail.com

Vicki Fitzsimmons, Secretary <u>Vicki.Fitzsimmons@edwardjon</u> es.com

Jaye Folsom, Treasurer jayemfolsom@comcast.net

Chadd Logue chaddlogue@gmail.com

Dick Clairmont dgclairmo@comcast.net

Rick Sedwick rick.sedwick@consultant.com

Neighborhood Association Mission:

The residents of the Hazel Dell area established the NE Hazel Dell Neighborhood Association (NEHDNA) in order to unite the common interests and promote the welfare of the area. The association is involved with a variety of matters, which affect the livability of the neighborhood and community in general.

All residents within the neighborhood association boundaries or neighboring areas within an existing not neighborhood association are welcome to attend and participate in the association.



If you have any questions or would like more information, please contact one of the officers or board members listed on this page. The NEHDNA does not subscribe to any religious affiliation or political party. Our desire is to work together for the common good of the neighborhood in which we all live. You don't have to live in the area to be a member or to come to the meetings! All are welcome.

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