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CLARK COUNTY
WASHINGTON

DEPARTMENT OF COMMUNITY SERVICES

Mental Health Advisory Board Minutes
September 29, 2010

Board Members: Dana Baker; *Chair*, Armando Herrera, Chrisyna Hengstler, Kathy McNicholas, Nahid Razzaghy, Phinthang Yeang, Veronica Mo, James Mead, Christie Kratovil, Rinna Rem, George White, Cassandra Sellards-Reck.

Members Present: Armando Herrera, Christyna Hengstler, Rinna Rem, Christie Kratovil.

Members Absent: Nahid Razzaghy, Veronica Mo, James Mead, Dana Baker, Kathy McNicholas, Phinthang Yeang, George White, Cassandra Sellards-Reck.

Staff Present: Connie Mom-Chhing, Connie Colbo, Melodie Pazolt, Sela Barker.

Guests: Laura Osburn, Family Solutions; John Furze, CHSW; Brad Stein, DCS; Lynn Samuels, Lifeline; Faith Vaillancourt, Telecare E&T; Fred Collins, SeaMar; Becky Hill, SWMC; Don Koenig, CCS; Jenny Huseman, CRMHS; Patrick Barnett, QRT; Brandy Whitney, LLC; Dan Clune, LLC; Denise Stone, CSNW; Melanie Maiorino, MHO.

Agenda Item	Discussion	Discussion Leaders	Decisions, Actions, Assignments
1. Welcome and Introductions	Armando welcomed all present and asked that they introduce themselves.	All	
2. Lifeline Connections Presentation	Lifeline Connections presented information on their program and services. They offer inpatient services, detox services, co-occurring, and jail transition services, treatment programs, and vocational counseling. Their intensive inpatient treatment unit is staffed by clinicians in the fields of mental health, marriage counseling, and family therapy. Adult outpatient treatment helps individuals with relapse prevention and recovery skills. They are also certified to provide DUI assessments and treatment. Jail transition services are designed to assist people who are currently incarcerated in the county jail and will be living in Clark County upon release. They provide a mental health assessment as well as peer support and case management services. Another service they provide is drug and alcohol testing. Their COMET program is for consumers that have severe and persistent mental illness and substance abuse. They have one staff person dedicated to mental health court.	Lynn Samuels, Dan Clune, Brandy Whitney, and Dr. Daniel Beavers	
3. Meeting Minutes Approval	Minute's approval for July 28 was tabled to next meeting due to lack of quorum.	Board	
4. RSN Manager's	Budget Update ▪ DBHR announced 9/29/10 that they will be doing the 6.3 % across-the-board cuts. The	Connie Mom-	

<p>Report</p>	<p>effective date has moved from October 1 – November 1.</p> <ul style="list-style-type: none"> ▪ RSNs do not know if the cut will be retro back to July 2010. ▪ Potential impact for mental health is the categorical funding programs funded through state proviso, such as ECS, Jail Transition, and PAL program. RSNs do not know if funding would be re-allocated to continue these programs. ▪ Reduction in state general fund will also impact state’s ability to pull down matching federal revenue. Reduction will resulted in changes in level of care, service delivery, and contracted services. ▪ At the local level, RSN will need to prioritize state funding. In the next 1-2 months, RSN will be working with Dale Jarvis on its 2011-2014 revenue projection. He will help us create multiple scenarios to project RSN revenues between 2011 and 2014 based on potential Washington State healthcare reform paths. Scenarios will be share with stakeholders for input. <p>Waiver/CMS Approval</p> <ul style="list-style-type: none"> ▪ RSNs were notified this week that the Waiver renewal submitted to CMS has been approved for October 2010 – Sept. 2012. ▪ The concern expressed by CMS was related to the deliver of B3 services which is not available throughout the state. State had to submit an action plan to address the deliver of B3 services: supported employment, respite care, and mental health clubhouse services. More discussion on B3 services will occur tomorrow at RSNs/DBHR meeting. ▪ Clark has overspent our B3 services and will be meeting with providers on October 1 to address this issue. <p>Program Integration</p> <ul style="list-style-type: none"> ▪ Our Department of Community Services is going through program integration starting with mental health, substance abuse, and prevention in preparation for healthcare reform. ▪ The goal is to align and prepare for state changes and budget cuts and to become more efficient and effective for healthcare reform implementation. ▪ Our Director, Vanessa Gaston, is planning to meet with providers and advisory boards of the three programs in either this month or November to provide more details update department integration. <p>Clark/Cowlitz Partnership Initiative</p> <ul style="list-style-type: none"> ▪ Managers from both counties have met twice to discuss potential areas of collaboration and partnership, such as joint training, preparation for DBHR compliance review, and sharing knowledge of best practices in both counties. 	<p>Chhing</p>	
<p>5. Quality Manager’s Report</p>	<p>The Quality Management Committee next week will discuss performance measures; satisfaction, cultural competency training of provider staff, completion of screening for substance use disorders (GAINS SS) baseline report.</p> <p>QA/1 Work Plan indicator reports.</p> <p>Authorization report summarizes outpatient denials, inpatient denials, diversions, appeals, fair hearings, second opinions (RSNs are required to track and report these under federal laws that apply to managed care waiver states).</p> <p>QM Program Evaluation—due by December 31 with updated QM Plan and QA/1 Work Plan for January 2011 and June 2012. A summary of FY2010 indicator data will be provided in a worksheet for QMC review and formal input regarding whether to keep,</p>	<p>Sela Barker</p>	

	<p>amend, or discontinue an indicator. They will also ask for input on new indicators to add to the plan. The document will also be forwarded to the MHAB for review and input. DBHR Compliance Review will take place the week of November 2. QM Team and other RSN staff completing self-assessment tool and compiling documents to provide evidence of compliance. RSN received score of 100% during 2008 review. This year's review is more extensive due to the number of contract items reviewed and amount of evidence requested.</p> <p>Site visits have been completed for the contract year that ends this month and are finishing reports. An on-site review of Telecare E&T will take place before they open.</p>		
<p>6. FBG Approval</p>	<p>Melodie provided a brief overview of the Federal Block Grant. The programs/agencies currently funded by the FBG are: Community Services Northwest-Wellness Project; Consumer Voices Are Born (CVAB); Clark County Youth House-Teen Talk; NAMI Clark County; Val Ogden Recovery Center; scholarships for consumers, and CCRSN training/education.</p> <p>She reported the following:</p> <p>Wellness Project--served an average of 89 individuals per month through the 11 months of this contract.</p> <p>As of July, Wellness Project has served 247 unique individuals.</p> <p>They have provided 2,717 hours of service for an average of 247 hours per month.</p> <p>CVAB--CVAB's Self Help center has seen 2284 unique individuals in the 11-month period. They have had 17422 visits to the center averaging 1583 visits per month.</p> <p>74 individuals have utilized the With Benefits service through CVAB to develop a better understanding of how working will affect their governmental benefits.</p> <p>NAMI--1309 individuals have attended events, classes, or support groups at NAMI. NAMI has provided 104 support groups, 27 classes, and 11 educational meetings in the 11-month period. Of the support groups, 128 surveys were completed demonstrating a 98% response of individuals who felt increased education about the topic. 97% of the respondents indicated they felt increased hope. 99% of the respondents indicated they felt a stronger connection with others. Of the classes held, 40 surveys were completed demonstrating a 95% response from individuals who felt increased knowledge about the topic.</p> <p>TeenTalk--Teen Talk has conducted 1501 conversations with youth in the Clark County community since the beginning of this contract period. Presentations addressing mental health stigma were conducted for 239 high school freshmen in June 2010. 147 complete sets of pre and posts surveys were collected demonstrating a significant shift in the youth's understanding of mental health issues.</p> <p>Val Ogden Center--The percentage of individuals funded by FBG attending the clubhouse has averaged 10% for the year. Since CVAB received the contract in April 2010, they have provided 884.5 hours of service to individuals who do not meet Medicaid eligibility or RSN funded services. This represents over 15% of the hours provided.</p> <p>Scholarships--One person attended the Washington State Homeless Conference in May. Twelve individuals attended the Washington Behavioral Healthcare Conference in June. One individual was provided funding for transportation and lodging to the Peer certification training. The feedback from scholarship recipients has been very positive. A number of them have written short papers about their experiences and others plan to share what they learned through various community groups.</p>	<p>Melodie Pazolt</p>	

	<p>Education/Training-- CCRSN listing of events, forums and trainings:</p> <ul style="list-style-type: none"> ▪ Older Adult Forum – 53 individuals ▪ Asian Cultural Competency Training – 63 individuals ▪ Bringing Hope to Every Interaction – 35 individuals ▪ DSHS Applications – 40 individuals ▪ The Suitcase Project - 98 attendees. ▪ The Walking in Recovery video - 20 attendees. ▪ The Mental Health Recovery Quiz show - 33 attendees. ▪ Peers within the workplace presented by Darby Penny - 15 individuals ▪ Housing Forum – 34 attendees ▪ Older Adult CC training – 22 attendees 		
<p>7. Ombuds Report</p>	<p>Melanie reported her year-end to the Board: Occurrences by Ethnicity were 94% Caucasian; the majority of Occurrences by Type were complaints by consumers followed by information and referral requests. Source of Contact came from the consumer. Numbers in Resolution by Type was highest in Conciliation/Mediation. Some milestones she reported on were:</p> <ul style="list-style-type: none"> • Received clearance to assist consumers at the Clark County Jail (by invitation) • Volunteer Faith Vaillancourt, Certified Peer Counselor assisted her • Initiated collaboration between Crisis Services and Long Term Care Ombuds man on elderly issues. <p>Some issues/concerns she dealt with during the year:</p> <ul style="list-style-type: none"> • Consumers with physical health issues being treated as presenting psychiatric issues at ED's. • Policy and procedure for the transferring of a voicemail interdepartmentally. • The need for counselors to know locations and programs statewide associated with co-occurring inpatient care. • Agencies' finding a way to communicate with parents that does not violate HIPAA. <p>Her community involvement throughout the year:</p> <ul style="list-style-type: none"> • Panel participant for the Val Ogden Center Clubhouse "Request for Proposals" review. • Provided support to GAU recipients • Served on various committees—Quality Management Committee; Quality Review Team, Clinical Design and Review Committee, to name a few. <p>Provided outreach presentations at:</p> <ul style="list-style-type: none"> • Clark College Nursing Program WSU Campus in March and May 2010. • ADAPT • Lifeline Connections residential staff • Professionals in Aging • Vulnerable Adult Task Force – City Hall <p>Some trainings attended throughout the year:</p> <ul style="list-style-type: none"> • Statewide Ombuds/QRT August 2010, October 2009, January 2010, June 2010 • "Working with the Media – Strategies for Success" • "Bringing Hope to every Interaction" • The DSHS Co-Occurring Conference • H-GAP <p>Cross system collaboration with allied agencies:</p>	<p>Melanie Maiorino</p>	

	<ul style="list-style-type: none"> • Office of the Long Term Care Ombudsman • Pacific Crest Rehabilitation Residential Facility • Mental Health Summit SW Medical Center • Division of Child and Family Services • Medical Transportation • The Lords Gym • Department of Veterans Affairs 		
8. MHAB Subcommitt ee Reports	<p>Due to the lack of meeting time, Armando submitted written Committee updates to be recorded in this meeting's minutes.</p> <ul style="list-style-type: none"> • QRT Committee—two speak outs have been conducted: one in July at Ridgefield Living Center, and one in September at Evergreen Inn. One forum was also conducted to hear what s working, what is not working, and ideas for access to housing for individuals with mental illness. Currently in the process of recruiting for openings on the QRT Committee. See Melodie Pazolt for more information. One QRT member attended the statewide training for QRT members. The QRT is in the process of developing an electronic allied system survey. • SAAB Committee—Prevention Report-DeDe Sieler talked about a statewide redesign of prevention as we know it. She mentioned the Prevention Summit in Yakima October 14 and 15. She also mentioned anyone interested in going to get funding through CPTS funds. Prevent program-Sondra Storm talked about ADDS and SUBTRACT a program designed to reduce the advertising of excessive alcohol and tobacco adds in low income areas. CMAT-mentioned the sheriffs department provides a taking back drugs program where you can drop off unwanted prescription drugs. A train the trainer's event on prescription drug issues will occur on October 21 from 4-7 p.m. at ESD 112 and October 26 from9 a.m. to noon at the Sheriff's office. Dr. Simas talked about Suboxone and an alternative rehab drug for opiate dependant individuals. Although it is more expensive than other options it can be purchased with medical coupons. There are usually 9 to 11 relapses for those seeking recovery though less euphoric than methadone, Suboxone has a 50% success rate. The program is fairly new. Cleve mentioned Disability Lifeline (formerly GAU) eligibility is 24 months over a five-year period. After that time period you could switch to GAX (Medicaid) or SSI (Social Security). The 24/5 rule applies to TANF as well. The recovery forum was successful. There will be a statewide board meeting of all SAAB boards in Washington on October 9, with a planning meeting tomorrow morning. Cleve briefly touched on SAMHSA role and ten strategic initiatives. He also provided a revenue forecast and mentioned there has been a 50% reduction to the drug and alcohol program in the last two years. 	<p>Armando Herrera</p>	
9. Community Input	<ul style="list-style-type: none"> • Melanie Maiorino encouraged all to attend a candidate's forum at Luepke Center on October 26, 6-8 p.m. • John Furze asked the Board members what is the deliverable of this meeting? He suggested a topic for a meeting that all present can discuss. Armando thanked John 	<p>All</p>	

	<p>for his comments. He also commented that the Board needs to expand as a resource for the community and that the Board will address these concerns.</p> <p>Faith Vaillancourt informed those present that Telecare plans to open on October 4.</p>		
<p>10. Adjourn - Next Meeting</p>	<p>The next meeting is Wednesday, October 27, 5:30 p.m. to 7:00 p.m. Clark County Center For Community Health, 1601 E. Fourth Plain Blvd., Conference Room C210-B & C.</p>		