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CLARK COUNTY
WASHINGTON

Clark County Regional Support Network Policy Statement

Policy No.: QM06

Policy Title: Evidence-Based Practice/Practice Guidelines

Effective Date: July 1, 2004

Policy: The Clark County Regional Support Network (CCRSN) shall review, evaluate and implement evidence-based practices and practice guidelines that demonstrate efficacy and effectiveness. The evidence-based practices shall be identified by state and federal mental health sources as achieving positive outcomes for consumers receiving RSN-funded services.

Reference: WAC 388-865-0280, any other RCW/WAC codes that may apply, CFR 42 Subpart D, Washington Mental Health Division RSN Contract; CMS Waiver

Procedure:

1. CCRSN shall collaborate with state and local entities, including providers, to review existing and new evidence-based practices and practice guidelines and develop an annual evidence-based practice plan.

2. Availability of funding shall be taken into consideration when selecting new evidence-based practices to be implemented.

3. CCRSN process for evaluation and selection of evidence-based practices shall consist of:

   a) Review by CCRSN Medical Director and the Provider and Services Review Committee;
   b) Convening of an Evidence Based Practices (EBP) Workgroup comprised of stakeholders, including clinicians, RSN staff, providers and consumers to evaluate applicable evidence-based practices;
   c) Reporting recommendations of the EBP Workgroup to the Quality Management Committee and the RSN Executive Team for adoption.

4. For any evidence-based practices and/or practice guidelines adopted, CCRSN shall ensure that fidelity tools are administered as part of quality monitoring.

5. CCRSN shall ensure that evidence-based practices and practice guidelines:

   a) Are based on valid and reliable clinical evidence and a consensus of health care professionals in the field;
   b) Consider the needs of CCRSN consumers;
   c) Are adopted in consultation with contracted mental health providers;
   d) Are reviewed at month-end and annual performance review meetings to monitor implementation and outcomes.

6. CCRSN shall promote the implementation of evidence-based practice and practice guidelines by:

a) Providing training and materials to providers as funding allows;
b) Disseminating information on evidence-based practices and practice guidelines to providers and, upon request, to consumers;
c) Contracting with providers to implement the recommended evidence-based practices.

Approved By: Michael Piper Date: 11/16/05

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