



CLARK COUNTY
Public Health

Always working for a safer and healthier community



COMMUNITY HEALTH

Breastfeeding support in the workplace

Employers who provide a supportive environment for breastfeeding employees enjoy many proven benefits including:

- ◆ Lower absenteeism,
- ◆ Lower health care costs,
- ◆ Better retention of employees,
- ◆ Higher productivity and company loyalty, and
- ◆ Positive image in the community as a “family-friendly” business.

These employers are also helping improve the economic security and health of mothers, infants and working families.

An amendment to the Fair Labor Standards Act (FSLA) now requires employers with more than 50 employees to provide nursing mothers with reasonable break time and a sanitary, private space that is not a bathroom, to pump milk at work for one year after childbirth. For guidance on complying with the new law or information on setting up or enhancing a breastfeeding support program, contact [Elspeth Durek](#) at (360) 397-8000 ext. 7291, or see the online resources listed below.

Get recognized as a breastfeeding friendly employer

Many Clark County businesses already have programs and policies supporting breastfeeding employees. Download this [checklist](#) (PDF) from the Breastfeeding Coalition of Washington to see how your organization's current policies support breastfeeding employees, or use it as a guideline for setting up a new program. Employers are encouraged to [apply](#) (PDF) for recognition from the Coalition as a breastfeeding friendly employer.

In addition to state recognition, Clark County Public Health is pleased to recognize local employers who are supporting their breastfeeding employees. To add your organization to this list, contact [Elspeth Durek](#) at (360) 397-8000 ext. 7291.

Breastfeeding Friendly Employers in Clark County

We will add to this list as we learn of other organizations who support breastfeeding mothers

CLARK COUNTY
CITY OF BATTLE GROUND
CITY OF CAMAS
PEACEHEALTH SOUTHWEST MEDICAL CENTER
CITY OF WASHOUGAL
CITY OF VANCOUVER
CLARK COLLEGE
BATTLE GROUND PUBLIC SCHOOLS
EVERGREEN SCHOOLS
EVEREST COLLEGE
WSU VANCOUVER
S. E.H.
BURGERVILLE
WELLS FARGO FINANCIAL
SEA MAR COMMUNITY HEALTH
MCDONALD'S

Resources for employers:

The following online resources and toolkits can help employers set up successful worksite breastfeeding support programs and comply with the new law.

- **Breastfeeding Coalition of Washington (a program of WithinReach):** Materials in English and Spanish for employers to establish a worksite lactation program. http://www.breastfeedingwa.org/business_case_initiative
- **CDC Breastfeeding Website:** Links and resources related to working and breastfeeding - <http://www.cdc.gov/breastfeeding/promotion/employment.htm>
- **CDC Healthier Worksite Initiative:** Lactation Support Program Toolkit - <http://www.cdc.gov/nccdphp/dnpao/hwi/toolkits/lactation/index.htm>
- **Corporate Voices Workplace Lactation Toolkit:** www.corporatevoices.org/lactation
- **National Business Group on Health:** Advises large employers on healthcare including lactation support to employees - <http://www.businessgrouphealth.org/benefitstopics/breastfeeding.cfm>
- **US Breastfeeding Committee:** Workplace initiatives to support breastfeeding women - <http://www.usbreastfeeding.org/Workplace/WorkplaceSupport/tabid/105/Default.aspx>

Resources for employees:

- **US Breastfeeding Committee**
<http://www.usbreastfeeding.org/FamilyCommunity/SupportResourcesforWomen/tabid/102/Default.aspx>
- **U.S. Department of Health and Human Services - Office on Women's Health**
<http://www.womenshealth.gov/breastfeeding/going-back-to-work/>