

RESOURCE GUIDE
FOR
MILITARY FAMILIES
3rd Edition

Compiled by:



American Red Cross
Southwest Washington Region

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Of Southwest Washington
Vancouver, Washington
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COMMUNITY MILITARY APPRECIATION COMMITTEE (CMAC)

According to the 2009 American Community Survey conducted by the US Census Bureau, there are nearly 38,000 veterans in Clark County, or approximately 12% of the adult population. While many of these veterans are from the Vietnam era, there are a growing number of soldiers returning from Iraq and Afghanistan.

CMAC's goal is to recognize and appreciate every veteran's service to our country by providing and promoting veteran events in the community through a network of service agencies and programs that have an interest in honoring veterans. Annual events include Memorial Day, Veteran's Day, Independence Day Celebration and POW/MIA Day.

CMAC (Cont.)

MISSION

CMAC shall execute and plan community-wide events, and recognize and support military families of all services. It is an inclusive committee composed of service, veterans, education, civic, youth, local government and business organizations

Questions can be directed to:

Dan Tarbell 360.521.0540

Larry Smith 360.910.8656

AMERICAN RED CROSS
SOUTHWEST WASHINGTON CHAPTER

ADDRESS: 3114 East Fourth Plain Blvd.

Vancouver, WA.98661

PHONE: 360.693.5821 Ext. 142/145

EMAIL: safprograms@swashington.redcross.org

CONTACT: Lillian Christina, Chris Kane, Julie Burger

SERVICE TO THE ARMED FORCES

Our emergency communications network operates 24 hours a day, 365 days a year.

Get verification of emergency leave information.

Secure emergency financial assistance

Obtain counseling, information, referrals and other social needs.

Receive veterans services to which you are entitled.

AMERICAN RED CROSS (Cont.)

OTHER SERVICES

DISASTER SERVICES

BLOOD SERVICES

YOUTH CLASSES/ LEADERSHIP SKILLS

LIFESAVING & TEACHING SKILLS

VOLUNTEER OPPORTUNITIES

EMPLOYER/WORKPLACE SAFETY CLASSES

INTERNATIONAL SERVICES

MISSION

The American Red Cross, a Humanitarian Organization, will provide relief to victims of disaster, and help people prevent, prepare for, and respond to emergencies .Our volunteers assist with the morale and welfare of our Veterans in VA facilities.

40 & 8

PHONE: 360.837.1260

EMAIL: rkputt@aol.com

CONTACT: John Clapp

SERVICES

- Child Welfare
- Nurses Training
- Veterans Administration Volunteer Services
- POW/MIA/Recover and Return
- Scholarship Fund to Families
- Americanism – providing flags for 1st Graders
- Support local Civic Programs and Memorial Ceremonies
- Jointly created “CMAC” The Community Military Appreciation Committee

40 & 8 (Cont.)

OBJECTIVES

- Preserve and promote military history
- Recognize veterans and military families for their contributions to our nation
- Assist and support veterans, deployed military and their families
- Recognize community and national events
- Make recommendations or take action on any other subject pertaining to the well-being of veterans and military families

AAFES VANCOUVER EXPRESS

ADDRESS: 754 Hathaway Rd, Vancouver, WA
(on the grounds of Ft. Vancouver Nat. Trust)

HOURS: Mon-Sat 0900-1800; Sun 1000-1600

Barber Shop

Mon-Fri 1000-1800; Sat 0900-1700

PHONE: 360-695-8749

EMAIL: kanee@aafes.com

WEBSITE: <http://www.shopmyexchange.com>

CONTACT: Elan Kane, Store Manager

MISSION

Vancouver Barracks is the birthplace of the Army Air Force Exchange Service, established in 1880. The Exchange continues to serve Vancouver Barracks today as well as soldiers and airmen all over the world. The current location at Bldg 754 offers a variety of military tactical, ranks, ribbons, snacks, beer, wine, liquor, tobacco items, and most anything you would find at a grab-n-go location

AMERICAN LEGION SMITH-REYNOLDS

POST 14

ADDRESS: 4607 NE St. James Rd. Vancouver, WA
98663

PHONE: 360.696.2579

EMAIL: gibnsyl@comcast.net

CONTACT: Gerry Vincent

PHONE: 360.574.4593

OFFICE HOURS: Closed Thursdays and Sundays

MISSION

Assisting Veterans and their concerns.

**AMERICAN LEGION
SALMON CREEK POST 176**

ADDRESS: 14011 NE 20th Ave
Vancouver, WA 98686

PHONE: 360.573.2331

CONTACTS: Roxanne Boose/Post Commander
Jan Wojciechowski/Service Officer
Morris Giesler/Operations

EMAIL: SCAL@PACIFIER.COM

WEB PAGE: www.post176.com

HOURS: Bingo M, T, W 11-2 & 6:30-9:30 PM
Fri, Sat, Sun Closed
Staff M, T, W 9AM-9PM/ Thur 8AM-2PM

AMERICAN LEGION POST 176 (Cont.)

SERVICES

- Provide support and funding to local veterans organization and community child and youth organizations.
- Provide community instruction: service officer E training, hunters education, Americanism, boys and girls State orientation.

MISSION

Our mission is to assist veterans and community organizations in an effort to promote safety and well being and a commitment to our community, state and nation.

**AMERICAN LEGION
BENNETT-BARNETT POST 27
CAMAS, WA**

ADDRESS: 2502 SE 342 Ave.

Washougal, WA 98671

PHONE: 360-835-2425

EMAIL: bbpost27@comcast.net

WEBSITE: www.alpost27.org

CONTACT: Cliff Peebles, Post Commander

MISSION

The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans organization devoted to mutual helpfulness. It is the nation's largest veteran's service organization, committed to mentoring youth and sponsorship of wholesome programs in our communities, advocating patriotism and honor, promoting strong national security, and continued devotion to our fellow service and veterans.

AMERICAN VETERANS HONOR GUARD

ADDRESS: 16402 NE 28th Ave
Portland, OR

PHONE: 360-607-3896

EMAIL: AVHG@comcast.net

WEBSITE: Under construction

CONTACTS: Steve Doty, CEO
Nick Galloway, Chairman of the Board
Of Directors

SERVICES

- Military Funeral Honors
- Colors Presentations

**UNITED STATES ARMY RECRUITING
BATTALION
PORTLAND, OR**

ADDRESS: 6130 NE 78th COURT, Ste C-11
Portland, OR 97218

PHONE: 503.416.8910

HOURS: 9-5 M-F

EMAIL: THOMAS.CROWSON@usarec.army.mil

SERVING

OREGON, S. WASHINGTON, HAWAII, GUAM,
AMERICAN SAMOA, SAIPAN, KOREA, JAPAN,
REPUBLIC OF PALAU, FEDERATED STATES OF
MICRONESIA, COMMONWEALTH OF THE NORTHERN
MARIANAS ISLANDS, MARSHALL ISLANDS

**UNITED STATES ARMY RECRUITING BATTALION
(Cont.)**

MISSION

Portland Recruiting Battalion enlists future leaders of the United States Army. Our goal is to give young men and women of the United States, US Territories and members of the Compact of Free and Associated Nations the opportunity to serve in the US Army. We have offices in Oregon, S. Washington, Guam, American Samoa, Saipan Korea, and Japan with missions in Republic of Palau, Federated States of Micronesia, Commonwealth of the Northern Marinas Islands and the Marshall Islands.

ARMY RESERVE CHILD, YOUTH & SCHOOL SERVICES

ADDRESS: 15005 NE 65th St, Armed Forces Reserve Center, Vancouver, WA 98682

PHONE : (360) 885-7172

EMAIL: brian.sokolowsky@us.army.mil

CONTACT: Brian Sokolowsky

SERVICES

Assist Army Reserve Families in obtaining access to child care, youth supervision and other related military and civilian resources to include, but not limited to, National Association of Child Care Resource and Referral Agencies (NACCRRRA), e.g., Operation Military Child Care (OMCC), Military Child Care in Your Neighborhood, Army School-Age Programs in Your Neighborhood, special events

ARMY RESERVE CHILD, YOUTH & SCHOOL SERVICES (Cont.)

and respite child care, etc.; Boys and Girls Clubs of America, 4-H, Armed Services YMCA, and Operation Military Kids (OMK).

MISSION

To support the readiness and well-being of geographically dispersed (Army Reserve) Families by reducing the conflict between parental responsibilities and mission requirements.

**ASSOCIATION OF THE UNITED STATES
ARMY (AUSA)
COLUMBIA RIVER CHAPTER**

PHONE: 503.584.3605

CONTACT: Charles Yriarte, Chapter President-BG
Linda Latham-Administrator/Director

WEB SITE: ausacolumbiariver.org

AUSA is a private, non- profit educational organization that supports America's Army-Active, National Guard, Reserve, Civilians, Retirees, Government Civilians, Wounded Warriors, Veterans and family members. AUSA provides numerous Professional Development opportunities at a variety of events both local and national.

MISSION

AUSA represents every American Soldier by:

- Being the voice for all components of Americas' army.

AUSA (Cont.)

MISSION (Cont.)

- Fostering public support of the Army's role in national security.
- Providing professional education and information programs

VISION

As the premier voice of Americas' Soldiers, we are a dedicated team committed to building the best professional and representative association for the worlds' best Army.

VALUES

Excellence, Innovation, Professionalism, Inclusiveness, Integrity, Responsiveness
AUSA has 125 chapters located worldwide. They provide recreational and educational opportunities to Soldiers and their families. Most importantly, they support deployed Soldiers and families left behind. AUSA and its' chapters have contributed over \$2,000,000 to awards, scholarships, and support of soldier and family programs.

BOY SCOUTS OF AMERICA

CONTACT: Larry Clifton

Ass't District Commissioner, Ft Vancouver Dist

PHONE: 360.573.2853

EMAIL: larryclifton2020@yahoo.com

WEB PAGE: www.scouting.org (National)

www.cpcbsa.org (Regional)

www.cpcbsa.org/districts/fortvancouver (Local)

The scouting programs include Cub Scouts, grades 1-5, Boy Scouts, ages 11-17, and Venturing, ages 14-20.

MISSION

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Scout Law.

BUFFALO SOLDIERS

ADDRESS: P O BOX 121113, Portland, OR 97212

CONTACT: Bill Morehouse - President

PHONE: 503.287.6925

CONTACT: Richard Scott (Portland, OR)

PHONE: 971.212.6028

SERVICE

The Buffalo Soldiers participate in Parades, Flag Ceremonies, and speak at community events.

MISSION/ HISTORY

The Buffalo soldiers of the 24th U. S .Infantry's Company B, were an African American unit stationed at Vancouver Barracks in 1899 and 1900. This was the time between front-line service in Cuba and the Philippine War. Vancouver Barracks, now part of Vancouver National Historic Site, and the Historic Reserve.

Mission (cont.)

While on duty at the Vancouver Barracks, there were assignments in Idaho, Spokane, WA, Fort Leavenworth , KS, and Alcatraz Island, CA

Members of this group established a close relationship with the African American community of neighboring Portland, Oregon.

BUFFALO SOLDIERS TROOPER ROSTER

Terry D. Sharp

Roland Jemerson 503.244.2909/503.313.3979

William Cabine 503.344.6797/503.380.6386

Samuel Fonteno 503.284.7915/971.409.2649

Jeremy L. Gurtner 503.257.6499

Anderson D. Duboise 503.490.1109

Bobby Brown

Jerome Person 503.752.8502

Lamar Thompson 503.544.9225

Anthony Alexander 360.666.1412

Lewis Coleman Jr. 503.935.0232

**CENTURY 21 EXPERT REALTY
VETS HELPING VETS PROGRAM**

ADDRESS: 3925 NE 72nd Ave.
Vancouver, WA

PHONE: 360-903-1129

EMAIL: robin.conrad54@gmail.com

WEBSITE: www.valoanspecialist.com

CONTACT: Robin Conrad

MISSION & SERVICES

To support, counsel, and advise all Veterans and family members with any and all real estate and related financial concerns: sale, purchase or refinance. We are a seasoned team of military Veterans who provide honest and quality real estate and mortgage services to our community's Veterans, and their families and friends.

**CIVIL AIR PATROL
FT.VANCOUVER COMPOSITE SQUADRON**

ADDRESS: 1701 Broadway PMB # 100

Vancouver, WA 98663

OFFICE HOURS: MON. 1830 -2100

THUR. 1900-2100

CONTACT: 1Lt Scott Johnson

EMAIL: georgesjohnson@comcast.net

PHONES: 360-571-9959 (H)

360-607-0448 (C)

MISSION

- Cadet Programs
- Aerospace Education
- Emergency Services

**CLARK COLLEGE
VETERANS AFFAIRS OFFICE**

ADDRESS: 1933 Ft. Vancouver Way
Vancouver, WA 98663

PHONE: 360-992-2711/2112

EMAIL: mgibson@clark.edu

FAX: 360-992-2864

CONTACT: Michael D. Gibson
VA Program Specialist

HOURS: Mon-Thurs 10:00am to 3:00pm

MISSION

- To provide assistance and information to all persons eligible for VA educational benefits.
- To serve as a liaison between the college and the Dept of Veterans Affairs
- To provide information and assist students in the application process.

CLARK COUNTY VETERANS ASSISTANCE CENTER

ADDRESS: 1305 Columbia St.
Vancouver, WA. 98660

PHONE: 360.693.7030 or 693.7560

WEB PAGE:

www.veteransassistancecenterofclarkcounty.com

CONTACTS: Jerry Keen- 360.907.9473
Bob Nichols- 360.977.1455
Marsha Keen- 360.907.9473
Milada Allen- 360.573.4030

OFFICE HOURS: 8-5, Mon-Fri

MISSION

To provide veterans with a safe place to drop in and find out about Veteran Benefits, or just talk to one another.

COMBAT VETERANS INTERNATIONAL CHAPTER #9

ADDRESS: P.O.BOX 821356, Vancouver, WA.98682

CONTACT: John Hopkins 503.367.2065
Bill Wascher 360.606.6795
Dave Lutz 360.901.3465

WEB SITE: www.CombatVeteransInternational.com

SERVICES

- Assist Veterans/Families in any way we can.
- Participate in many veteran and community events
- Conduct fundraisers to support and assist veterans and their families

COMBAT VETERANS INTERNATIONAL (Cont.)

MISSION

To support and mentor all veterans, especially Combat Veterans, regardless of race, religion, age, sex or country of origin.

We share a fellowship and common interest in motorcycling. We are based in Washington State and have chapters throughout the state.

We are not now, nor will we ever be a “Motorcycle Club”. We are a veterans Service Organization that just happens to ride motorcycles.

For assistance or additional information contact John, Bill, or Dave.

CREEKSIDE MORTGAGE, INC.

ADDRESS: 4601 NE 77TH Ave #100
Vancouver, WA 98662

PHONE: 360-571-5626

EMAIL: Kerry@valoanspecialist.com

WEBSITE: www.VAClarkCounty.com

CONTACT: Kerry Greenwald

SERVICES

Creekside has a team of veterans who specialize in VA financing for purchasing or refinancing a home. We strive to recognize and appreciate all veterans and active duty personnel for their contributions to our country by providing the best possible customer service and VA home loans available. We strive to counsel our customers and make personal recommendations on the best loan for each family to preserve your financial well being and help you build a better life. This is the way we here at Creekside say “Thank you” for your service.

DAUGHTERS OF THE AMERICAN REVOLUTION (DAR)

ADDRESS: 1776 D St. NW
Washington, DC 20006

PHONE: 202-628-1776 or 202-628-5303

EMAIL: evelyncampbell1776@gmail.com

WEBSITE: www.dar.org

CONTACT: (Local) Sue Lintz
360-693-9153

MISSION

- Promote patriotism
- Preserve American history
- Secure Americans future through education

**DISABLED AMERICAN VETERANS
DAV VANCOUVER #4**

ADDRESS: PO Box 65238, Vancouver WA 98665

MEETING LOCATION: McArthur Christian Church
7300 MacArthur Blvd
Vancouver WA 98664

PHONE: 360-713-6004

FAX: 360-397-4324

CONTACT(S): Frank Hyatt, Adjutant

Todd A. Boyd, 1st Jr Vice
Commander

MISSION

Since its founding more than 90 years ago, the Disabled American Veterans (DAV) has been dedicated to a single purpose: building better lives for America's disabled veterans and their families. Fidelity to that mission has required

DISABLED AMERICAN VETERANS (Cont.) SERVICES

- Offer counseling on VA compensation, health care, pension, employment rights, education and more.
- Help assemble evidence to support benefit claims, build cases and prepare claim forms and briefs
- Extends disaster relief to disabled veterans affected by natural disasters like earthquakes or floods.
- Keep members up-to-date on issues affecting their rights.
- Transport sick and disabled veterans to VA medical facilities for treatment.
- DAV Volunteers donate hours to veterans at all VA hospitals and many non-VA facilities.

**BENEVOLENT AND PROTECTIVE ORDER OF
ELKS
VANCOUVER LODGE NO. 823**

ADDRESS: 11605 SE McGillivray Blvd.
Vancouver, WA 5203

CONTACT: Don Wilson

PHONE: 360.256.0823

EMAIL: lodge@elks823.com

WEB PAGE: www.elks823.com

SERVICES

VETERANS: Bingo at VA monthly. A Dinner for Veterans and their spouses is put on the second week of November and food baskets are supplied when needed.

COMMUNITY ORGANIZATIONS WE SUPPORT:
Learning Avenues Childcare Center, McCoy Center, Peace Health, T.I.P, 2-146th 81s Brigade National Guard, Shared Hope, Battered Woman's Shelter

SERVICES (Cont.)

HUNTER'S SAFETY: Through Clark County Riders we support Hunters Safety supplying the food on those weekends.

SCHOLARSHIPS: \$8000.00 in Scholarships are donated by Vancouver Lodge 823, they can then go on to State and National.

BATTLE GROUND LODGE #2589: We help with their Handicapped Children's program.

STATE PROJECT: THERAPY PROGRAM:

There are 13 Therapists throughout the state.

Vancouver Lodge 823 provides the Therapists all the materials and funds to complete their work

NATIONAL YOUTH WEEK: The first week in May a special dinner and program is held for the youth at the Lodge.

SCHOOL PATROL PICNIC: All School Patrol people in Clark County and Skamania County go to OKS Park for hot dogs, soft drinks, ice cream and rides for the day. 2300 patrollers and adults attended a recent function

SERVICES (Cont.)

SANTA TO SCHOOLS: Three Special Educational Schools plus the Deaf School are visited each year. Every child receives a Christmas stocking filled with candy from Santa.

PLUSH TOYS TO UNDERPRIVILEGED CHILDREN: Over 250 plush toys are distributed to Trauma Intervention Programs and children's hospital wards.

SECRET SANTA : Underprivileged children are brought to the Lodge and allowed to pick out presents for their parents. Each gift is then wrapped, and the child signs a card.

CHILDRENS' COMMUNITY CHRISTMAS PARTY: The Shrine Clowns and every child gets to sit on Santa's lap, and receive a stocking filled with goodies. Each child also picks out a present for themselves.

DARE DRUG AWARENESS PROGRAM: Coloring books and information on Drugs is handed out to youngsters through the Vancouver and Evergreen schools.

FOOD BASKETS: Food baskets are given out monthly, and at Christmastime.

SERVICES (Cont.)

EASTER EGG HUNT: Every year, Vancouver Elks hold and Easter Egg program for children in the community.

SPONSORSHIPS: Young Marines, Boy Scouts, Girl Scouts, Explorer Post, Cub Scouts, Campfire, Little League, Soccer, Sea Cadets, Sea Scouts, Jr. Achievement.

EMPLOYER SUPPORT OF THE GUARD AND RESERVE

STATE ADDRESS: Building 15, Camp Murray,
WA 98430-5000

SW WASHINGTON ADDRESS: 8600 NW
Lakeshore Ave, Vancouver, Washington
98665

PHONE: 360.573.5056 (H)
360.907.9455 ©

EMAIL: veritas_ eagle8@comcast.net

WEB: www.esgr.mil

CONTACT: Joel F. Scott, Southwest Washington
Area Chair

EMPLOYER SUPPORT OF THE GUARD AND RESERVE (Cont.)

MISSION

Employer Support of the Guard and Reserve (ESGR) is a Department of Defense agency that seeks to promote a culture in which all American employers support and value the military service of their employees. We recognize outstanding support, increase awareness of the law, and resolve conflicts through mediation.

FORT VANCOUVER NATIONAL TRUST

ADDRESS: 750 Anderson Street, Vancouver,
WA.98660

PHONE: 360.992.1800

FAX: 360.992.1810

EMAIL: caracantonwine@fort.org

CONTACT: Cara Cantonwine, Director of Programs

SERVICES

1. Coordinates the Celebrate Freedom programs including the Flag Day Ceremony, Veterans Day Parade, Marshall Public Leadership Award programs and the General George C. Marshall lecture Series.
2. Operates Pearson Air Museum and manages event rentals and the museum's events including
3. Manages the Fort Vancouver National Site Retail operations including the Fort Vancouver Bookstore.

FT VANCOUVER NATIONAL TRUST (Cont.)

4. Serves as cooperating association to the National Park Service at Fort Vancouver Historic Site.
5. Facilitates the site's Education Master Plan and Long range Plan operational and program priorities in conjunction with its partners.
6. Provides financial support to the National Park service for education programs.

MISSION

The mission of the Ft Vancouver National Trust is to achieve national recognition of Ft Vancouver National Site as a premier historic destination. The Trust is a private non-profit organization formed to advance the preservation and education purposes of Ft Vancouver National Site. The Trust supports Ft Vancouver partners in a collective effort to preserve, enhance and operate Ft Vancouver for public benefit through education, resource, development, advocacy, community identity programs and cultural tourism.

FORT VANCOUVER PIPE BAND

ADDRESS: 11314 NE 36th Ave, Vancouver, WA

PHONE: 360.546.2271

CONTACT: Tim McLaren, President,

Penny McLaren, Band Manager

EMAIL: drtmclaren@msn.co

EMAIL: ampmcomm@msn.com

WEB SITE: www.fvpb.com

MISSION

To promote Scottish/Celtic culture through traditional Bagpipe Band music, and serve the community at events, such as Parades and Memorials. This group has fun while playing music and teaching the skills and knowledge of Scottish/Celtic Bagpipe music to others.

GOLD STAR MOTHERS CLARK COUNTY, WASHINGTON

ADDRESS: 20020 NE 58TH Street

Vancouver, WA. 98682

PHONE: 360.798.0819

EMAIL: cmongrandma@gmail.com

CONTACT: Elizabeth Johnson

SERVICES

- Gift basket to new Gold Star families
- Annual Gold Star Mother's retreat
- Banners

MISSION

To assist Gold Star families in the loss of their loved one

JEREMIAH'S HOUSE FOUNDATION

ADDRESS: PO BOX 1514

Battle Ground, WA 98604

PHONE: 360.798.0819

EMAIL: jeremiahshousefoundation@gmail.com

CONTACT: Elizabeth Johnson

SERVICES

To raise funds to support families of US Soldiers and families in need by providing housing, scholarships and other support.

MISSION:

To support the families of our fallen heroes and those serving in the military.

**JOINT SERVICE SUPPORT
(WASHINGTON NATIONAL GUARD)**

ADDRESS: Joint Forces Reserve Center
15005 NE 65th St, Rm 215A
Vancouver, WA 98682

PHONE: 360-567-7578

EMAIL: cindy.roadifer@us.army.mil

CONTACT: Cindy Roadifer, Employment Transition
Coach

MISSION

Provide current and former military service members (all branches) with employment resources and support such as career/education exploration and interview preparation.

KAMLU RETIREMENT INN

ADDRESS: 1000 NE 82nd Ave
Vancouver, WA 98664

PHONE: 360-695-9261

EMAIL: JERRY.JENSEN@HOLIDAYTOUCH.COM

WEBSITE: KAMLU-VANCOUVER.COM

CONTACTS: Jerry & Liz Jensen, Mgrs
Stephen & Maria Paz Ziegler, Mgrs

MISSION

Our mission is to provide Seniors with an independent retirement lifestyle and to open the door to a world of new friends and engaging life-enriching activities.

**KOREAN WAR VETERANS ASSOCIATION
OF SW WASHINGTON
RICHARD L. QUATIER CHAPTER**

ADDRESS: 7601 NE 26th Ave, Boxcar Rm. 40et8
Hazel Dell

PHONE: 360-573-1035

EMAIL: saverflag@yahoo.com

MEETINGS: 3rd Wed/mo @ 10am

CONTACT: Jerry Keesee, Chairman

MISSION

To assist Korean War Veterans with benefits and services. During community events to remember their efforts to preserve freedom and liberty.

LIVIN' FREE BAND

ADDRESS: 900 NO 47th Place
Ridgefield, WA 98642

PHONE: 360-887-1900 or 818-970-4692

EMAIL: lfband@aol.com

CONTACTS: Judy Russel or Bo Russel

MISSION

We are a family band. Our 15 year old, Nikki Hubert, has been singing on stage since the age of 4. She is very patriotic and loves Veterans. Our lead singer and writer, Bo Russel, is a Vietnam Veteran. We entertain at many Veteran's functions and benefits. We also have a full band for hire for any occasion or function.

**MARINE CORP LEAGUE
COLUMBIA RIVER AUXILIARY UNIT # 398**

ADDRESS: 2616 SE 138TH LOOP

VANCOUVER, WA 98683-6608

PHONE: 360.604.5706

FAX: 360.696.8999

CONTACTS: Karen Washabaugh

kwashaba@comcast.net

Ellen Ruekert Sr. VP

ellenrueck@man.com

SERVICES

- VA Hospital Volunteers
- Support local CPS And YWCA Programs
- Aiding Veterans' Families
- Operation Little Angel

MARINE CORP LEAGUE (Cont.)

MISSION

To preserve the traditions and promote the interests of the United States Marine Corps;

To maintain true allegiance to American institutions;

To hold sacred the history and memory of the men and women who have given their lives to this nation;

To perpetuate the history of the United States Marine Corps and by fitting acts, to observe the anniversaries

of historical occasions of particular interest to Marines; To create a bond of comradeship between the Auxiliary and the Marine Corps League, INC; To Aid voluntarily and to render assistance to all Marines and former Marines as well as to their families; to help decorate the graves of the deceased.

MARINE CORPS LEAGUE COLUMBIA RIVER DETACHMENT #826

ADDRESS: PO Box 2685

Vancouver, WA 98668

PHONE: 360-693-4407

EMAIL: jstofiel@comcast.net

CONTACT: John Stofiel

SERVICES

- Provide volunteers at the VA Hospital
- Provide assistance to indigent Marines and their families.
- Provide Color Guards and Flag Folding ceremonies for special events.
- Provide transition assistance to Marines who honorably leave active service and return to civilian life and to support injured Marines and their families
- Serve as volunteers at various other community Veteran supported programs.

MARINE CORPS LEAGUE (cont.)

MISSION

Members of the Marine Corps League join together in camaraderie and fellowship for the purpose of preserving the traditions and promoting the interests of the United States Marine Corps. This is accomplished by banding together those who are now serving in the United States Marine Corps and those who have been honorable discharged from that service. Voluntarily aiding and rendering assistance to all Marines and former Marines and to their widows and orphans, and by perpetuating the history of the United States Marine Corps through fitting acts to observe the anniversaries of historical occasions of particular interest to Marines.

**MARINE CORPS RECRUITING STATION
PORTLAND**

ADDRESS: 100 SW Main Street, Suite 600
Portland, Oregon 97204

PHONE: 503.326.3017-ADMINISTRATION
503.326.3021-OPERATIONS

WEB PAGE:

<http://WWW.12mcd.usmc.mil/RSPRT.html>

<http://www.facebook.com/profile.php?id=100000593706081>

CONTACT: Administrative Chief/Operations Chief

COMMANDING OFFICER: Maj. Heather Cotoia

OFFICE HOURS: MON-FRI-0730-1630

MISSION

To screen, process, and prepare qualified men and women Officers and enlisted applicants for entry level training and accession into the regular and reserve components of the Marine Corps.

MILITARY OFFICERS ASSOCIATION OF AMERICA (MOAA)

WEB PAGE:

<http://moaacolumbiariver.org/index.html>

CONTACTS: John Donnelly, 360.260.7284
donnelyj@comcast.net

Don Sockle, 360.573.7210 (H)
360.624.4478 ©

MISSION

Supporter of the National MOAA organization dedicated to actively lobby our local, state and federal elected representatives in order to obtain and secure benefits for all military personnel while concurrently supporting an on-going proactive liaison and partnership with the SW Washington community to support Veterans, currently deployed military and their families

NAVY WIVES CLUBS OF AMERICA, INC
LOCAL GROUP: ROSEBUDS #295

ADDRESS: 2212 NE Cranbrook Dr
Vancouver, WA 98664

PHONE: 360.254.0157/360.606.3424

CONTACT: Beth Duval

EMAIL: bethduval@comcast.net

WEB PAGE: www.NavyWivesClubsofAmerica.org

MISSION

To promote a friendly, sympathetic relationship among the spouses of ENLISTED personnel. To extend relief assistance to members in need and other families of the Navy, Marine Corps, and Coast Guard personnel. To foster a spirit of fellowship and the civilian community among its members. To provide military dependents educational opportunities through our Scholarship Foundation.

NEIGHBORHOOD ASSOCIATIONS

MISSION

There are 64 neighborhood associations in the City of Vancouver and 29 neighborhoods in the City and the County. Their mission is to serve the residents and businesses and build stronger neighborhoods in the City and the County.

City of Vancouver – Office of Neighborhood

415 W 6th St., Vancouver, WA 360-487-8625

newsletter@cityofvancouver.us

Contact: Judi Bailey

Vancouver Neighborhood Alliance (VNA)

3501 F St, Vancouver, WA 98663

360-695-5124

macogle@pacifier.com

Contact: Anne McEnerny-Ogle, Chair

My Clark Info

<http://www.myclarkinfo.org>

NEIGHBORHOOD ASSOCIATIONS (Cont.)

Clark County – Office of Neighborhoods

1300 Franklin St., 6th fl

PO Box 5000, Vancouver, WA 98666

360-397-6012 ext. 2

Holly.Gaya@clark.wa.gov

<http://www.clark.wa.gov/neighborhoods/directory.html>

Contact: Holly Gaya

Neighborhood Associations Council of Clark Co (NACCC)

3109 NE 96th St, Vancouver, WA 98665

360-573-3314

dougballou@comcast.net

Contact: Doug Ballou, Chair

East Minnehaha Association: Sue Lintz

360-693-9153 tonysue@aol.com

Felida Association: Milada Allen

360-573-4030 gaudemus@earthlink.net

Hudson Bay Association: Sandy Hayslip

360-693-5595 s.hayslip@comcast.net

OPERATION HOMEFRONT WASHINGTON

ADDRESS: 16505 SE 1st St, Suite A#250

PHONE: 360-991-5302

EMAIL: wes.forgey@operationhomefront.net

WEB: www.operationhomefront.com/washington

CONTACT: Wes Forgey, SW Regional Coordinator

MISSION

Operation Homefront provides emergency financial and other assistance to the families of our service members and wounded warriors. We also provide counseling and/or recovery support.

The target population is American military personnel and/or their families who have unmet needs due to financial hardship, death, injury, or physical or mental detriment as a result of service in Iraq or Afghanistan.

OPERATION HOMEFRONT (Cont.)

KEY SERVICES

- Financial Assistance
- Emergency Food
- Emergency Home Repairs
- Critical baby items: formula, food and diapers
- Home and Appliance Repair
- Furniture and Household Items
- Local Moving Assistance
- Community Events
- Wounded Warrior Transitional Family Housing

OREGON MILITARY SUPPORT NETWORK

ADDRESS: 10750 se 42ND Ave
Milwaukie, OR 97222

PHONE: 971-645-3313

EMAIL: michelle.davidson30@gmail.com

WEBSITE: www.oregonmilitarysupportnetwork.org

CONTACT: Michelle Davidson

MISSION

The Oregon Military Support Network's primary mission is to address the needs and welfare of all Veterans and their families.

The mission is achieved through a combination of umbrella services from partner agencies and the development and distribution of other services that are delivered through staff and volunteers.

**PT-658
PATROL TORPEDO BOATS**

ADDRESS: Save the PT Boat, Inc.

P.O. Box 13422

Portland, Oregon, 97213

PHONE: 503-286-3083

EMAIL: www.savetheptboatinc.com

CONTACT: Maurice W. Hooper, President

MISSION

To operate and display PT 658 in the Pacific Northwest as a living memorial to the thousands of U.S. sailors who manned these tiny mahogany warships in every WW11 theater.

**PARTNERS IN CAREERS
VETERAN WOMEN/HOMEWARD BOUND
PROGRAMS**

ADDRESS: 3210 NE 52nd St

Vancouver, WA 98663

CONTACT: Emily Stoutzenberger

PHONE: 360.696.8417/ **FAX:** 360.696.8999

EMAIL: www.partnersincareers.org

HOMEWARD BOUND PROGRAM

Homeless veterans with children and homeless female veterans residing in Clark County, Cowlitz County, and Wahkiakum County in Washington State have programs where they are able to link up to safe housing, job training and placement, child care, counseling, and help with basic needs.

PARTNERS IN CAREERS (Cont.)

VETERAN WOMEN PROGRAM

Women who served in the military can receive information and referrals to benefits, services, and connect to job opportunities through the Veteran Women Program. An advocate works with them one-on-one to identify and assist them in connecting to emergency assistance, educational and veterans benefits.

Consider becoming an online mentor to a woman veteran seeking employment. A core element of the program is an online mentoring program called iMentor. This program pairs veterans with volunteer mentors for online mentoring.

Mentors are responsible to develop a mentoring relationship with the mentee and to support her in her professional development, job search, or preparation for the search via weekly emails sent through the online mentoring platform's messaging tool.

PATRIOT GUARD RIDERS

PHONE: 360-772-6352

CONTACT: Dave Cox, Capt, Pacific/Western Region

EMAIL: dlcdlc7@embargmail.com

WEBSITE: www.patriotguard.org

MISSION

The Patriot Guard Riders is a diverse amalgamation of riders from across the nation. Our main mission is to attend the funeral services of fallen American heroes (as invited guests of the family). Each mission we undertake has two basic objectives:

- 1.** Show our sincere respect for the fallen heroes, their families, and their communities.
- 2.** Shield the mourning family and their friends from interruptions created by any protester or group of protesters.

We accomplish the latter through strictly legal and non-violent means.

**VFW
POST 7824**

ADDRESS: Vancouver Elks Lodge #823

400 N. Andreson Rd

Vancouver, WA 98687-3669

PHONE: (360) 254-0155

EMAIL: info@vfw7824.org

CONTACT PERSON(S):

(360) 573-7021 Commander, Dale Rex

(360) 977-4027 Service Officer, Chris Burns

(360) 601-6969 Honor Guard, Richard Alvarez

MISSION

To foster camaraderie among United States veterans of overseas conflicts. To serve our veterans, the military, and our communities. To advocate on behalf of our veterans.

VFW POST 7824 (Cont.)

SERVICES

Assistance to Veterans – Active Duty Military, Veterans and Families In need.

Service Officer- Assists with VA medical needs and Disability Claims for Veterans and their families.

Military Assistance Program- Provides for Emergency Financial Assistance to Veterans and families in need.

VFW Unmet Needs- Emergency Financial Grants for basic expenses such as mortgage payments, food and utilities.

Youth Activities- VFW Posts Sponsor programs such as Baseball, Soccer, Boy/Girl Scouts, Junior Olympics etc,.

Honor Guard- Provides burial detail services for deceased veterans and Honor Guard services at military and public events.

Youth Scholarship Programs- Voice of Democracy, Patriots Pen, and Scout of the Year.

Educational Outreach- Veterans in the Classroom.

Veterans Affairs Services- Volunteer services at VA medical facilities.

**VANCOUVER BARRACKS MILITARY ASSOC.
(VBMA)**

ADDRESS: (Mailing) PO Box 820203
Vancouver, WA 98682

PHONE: 253-223-0125

EMAIL: President@vbma.us

WEBSITE: <http://www.vbma.us.html>

CONTACT: Jefferson Davis, President

MISSION

The VBMA is dedicated to preserving 160 years of US Military history at the Vancouver Barracks (1849-2011) and the 104th Division “Timberwolves” during World War II.

The VBMA operates the Veterans Museum, in Building 1819 on the Vancouver Campus of the Portland VA Medical Center.

Hours: Thurs. 10am – 2:30pm

Fri. 12pm – 4pm

Sat. 11am – 4pm

VANCOUVER COMMUNITY CONCERT BAND

ADDRESS: 1100 NW 43RD St., Vancouver, WA.98660

PHONE: 360.735.7806

EMAIL : d.rourk@comcast.net

WEB: www.vccb.us

CONTACT: Jim Rourk

MISSION

We provide music to the community through yearly events, (Memorial Day, Veterans Day, etc.)

The Vancouver Community Concert Band is mostly amateur musicians in Vancouver, Washington, USA. Some started an instrument after retirement. Some played in school and have not touched their musical instrument in decades. Some are professionals.

VANCOUVER COMMUNITY CONCERT BAND

(Cont.)

The VCCB has a community concert Band that performs at public events and has a summer concert series in Vancouver public parks. There is also a Dixieland band and (soon) a wind ensemble. We exist to have fun making music from a wide range of eras. Our repertoire includes Sousa marches from the late 1800s, folk tunes, musical arrangements and adaptations of jazz and classical standards.

We hope to use our fun to promote the enjoyment of music in the communities where we live and visit. We are part of a movement to revitalize the American, well world, tradition of the local town band. Our concerts are always free. Donations are gratefully accepted and applied toward the purchase of new music and other band essentials.

PORTLAND VA MEDICAL CENTER VANCOUVER DIVISION

ADDRESS: 1601 E 4th Plain Blvd.
Vancouver, WA 98661

PHONE: Vancouver Campus 360-696-4061

FAX: 360-905-1736 (Voluntary Services)

EMAIL: toni.davis@va.gov

CONTACTS: Shaun Benson, Vol. Service Chief
Toni Davis, Vol. Service Specialist

WEB PAGES: www.portland.va.gov
www.facebook.com/va.gov
www.twitter.com/vaportland

MISSION

Honor America's Veterans by providing exceptional health care that improves their health and well-being.

VETERANS ASSISTANCE PROGRAM

ADDRESS: 1601 E. Fourth Plain Blvd
Vancouver, WA 98661

PHONE: 360-397-8478

FAX: 360-397-8463

EMAIL: vetfund@crmhs.org

WEBSITE: www.clark.wa.gov/veterans

CONTACTS: Yuri Archer, Case Manager
Yvonne Michelsen, Program Coordinator

SERVICES

To provide emergency financial relief to veterans who are indigent (earning less than 150% of the annual poverty level established by the US Department of Health and Human Services.)

SOUTHWEST VETERANS' BUSINESS RESOURCE CENTER

ADDRESS: 3925 NE 72nd Ave, Suite 103
Vancouver, WA 98661 (Century 21 Bldg)

PHONE: 360-314-6325 or
360-573-7210 (Dan Sockle)

EMAIL: Vancouver@SWVBRC.org

WEBSITE:

<http://www.wheremunitiesserveveterans.org>

CONTACTS: Fran Tobias, Dan Sockle, Robin Conrad

MISSION

- To assist veterans and active duty military members that have served in any military component, and , with few exceptions, spouses through outreach and education programs.
- Empower communities with knowledge and best practices to serve Veterans
- Provide a means to communities to learn about Veteran benefits and services available.
- Shape the future of communities serving Veterans.

VETERANS & FAMILY CENTER SALVATION ARMY

ADDRESS: 14825 SW Farmington Rd
Beaverton, OR 97007

PHONE: 503-239-1259

EMAIL: Richard.Stoller@usw.salvationarmy.org

WEBSITE: salvationarmyportland.org

CONTACT: Rick Stoller

MISSION

To give safety, security, help and hope by providing a place of transition that honors veterans and nurtures reconciliation.

SERVICES

The Salvation Army Veterans and Family Center is a transitional housing center that provides a therapeutic environment for 58 veterans and their families daily. Through intensive case management and collaboration with the Veterans Administration, clients are provided with the tools necessary to become self-sufficient.

WATER & AIR WORKS/THE WATER STORE

ADDRESS: 3110 NE Minnehaha St. Unit B
Vancouver, WA 98663

CONTACT: Lin Jacobus, President
Byron Jacobus/Founder

PHONE: 360.696.9287

EMAIL: waworks@msn.com

MISSION

Provide clean “Freedom Water” to the community,
and the military.

Donations have been made to Haiti Relief, the Red
Cross, and other local organizations.

BRADS DEALS.COM

STORES & SERVICES OFFERING MILITARY DISCOUNTS

We have found 174 stores and services doing their part to make life easier by offering discounts to active, reserve, and retired members of the US Military and their immediate family members.

Some stores offer discounts only at the owner's discretion and other discounts vary by state.

Second, many stores that give a military discount don't advertise it. It is always worth asking a store whether they have one or not and to have your military ID on you.

A&W-Discount varies, simply ask and have valid military ID with you.

Aeropostale-20% off in store, just bring valid military ID.

Agentsource.com-40% of standard real estate closing costs for Active duty men and women in the United States and Canada.

American Airlines- Discount varies, requires military ID.

American Video Productions-10% off to active duty, retired, families of military and dependents. Call and ask for the discount.

<http://www.americavideo productions.net/>

Amtrack-10% off

Anheuser- Busch Amusement Parks- Discount varies, simply ask and have valid military ID with you.

Apple Computers- The discount varies, you need to sign up here-

<http://www.apple.com/r/store/government>

Applebee's-Discount varies per location, simply ask and have a valid military ID with you.

Arby's-Discount varies per location, simply ask and have valid military ID with you.

Ashford University-discounted tuition at \$250 a credit, books are covered for all required courses waived application fee, waived technology fee and more! Benefits apply to all Active Duty, National

Guard , Reservists, and spouses, dependents eligible for survivor benefits, plus civilian DOD employees & separated vets/retirees still using their GI Bill. BA- Armed Services Mutual Benefit Association- Membership in the non-profit association is free, and, when you join, you'll get \$3,000 of free AD&D coverage.

AT&T- discount varies, simply ask and have a valid military ID with you.

Auto Zone –Discount varies per store, simply ask and have a valid military ID with you.

Avis – 25% off, online you should use this coupon AWD #A555084

Azamara Cruises –Discount vary, 800-338-4962

Banana Republic-10% military discount 1st of every month (may vary by location: in-store only).

Barnes and Noble – 6% off regular price plus fee shipping, check out www.bn.com/militarycity

Barnhill's –Discount varies, simply ask and have a valid military ID with you.

Bass Pro Shop-10% off from the 15th to 22nd of each month.

Bath & body works- Discount varies, simply ask and have a valid military ID with you.

Bed & Breakfast Inns- Varies, online

Best Inns and Suites- Varies, must present military ID with check-in.

Best Western-Rates within allowable per diem, must present military ID with check-in

Big 10 Tires – Discount varies, simply ask and have a valid military ID with you.

Blockbuster-Discount varies, simply ask and have a military ID with you

Budget-Varies, up to 25% off time and mileage to redeem

Budget Truck Rental- Discount varies simply ask and have a military ID with you

Burger King- discount varies, simply ask and have a valid military ID with you

Camino Real Apartments-5% military discount

Carl's Jr.-Discount varies, simply ask and have military ID with you

Century 21- Free Century 21 AON Home protection Plan when they buy or sell a home through Molly Kucharski ONLY paid for at settlement.

Value=\$399.00, call 1 (800) 952-2516

Champs Sports- Discount varies, simply ask and have a valid military ID with you

Checker Auto Parts- Discount varies, simply ask and Have a military ID with you

Chevy's Fresh Mex- Discount varies, simply ask and present valid military ID with check-in

Chick Fil A- Varies, Discount with ID card (location dependent), discount varies, simply ask and have a valid ID with you

Chipotle- discount varies, simply ask and have a valid ID with you

Ci-Cis' Pizza- discount varies, dependent on location, must present military ID

Cingular- 17 to 18 % Discount off your bill and 25% accessories

Clarion Inn- Rates within allowable per diem while on travel orders. Must present valid ID with check-in

Comfort Inn- Rates within allowable per diem while on travel orders. Must present valid military ID with check-in

Copeland's Sports- discount varies per location

Dairy Queen- 10% off, location dependent

Day's Inn- Rates within allowable per diem. Must purchased at installation MWRs. Prices vary per date and length of visit

Dell Computers- Discount varies simply ask and have a valid military ID with you

Denny's-Discount varies, simply ask and have a valid military ID with you

Dick's Sporting Goods- discount varies, simply ask and have a valid military ID with you

Discovery Channel Store- Discount varies, simply ask and have a valid military ID with you

Disney Resorts- discount varies and have a valid military ID with you

Disney Land- Military discounts are available only for tickets have a military ID with you

Dollar Car Rental-Allowable per diem rates

Dunkin' Donuts- Veterans advantage members save 10% on all online orders. They also send free coffee to the troops overseas

Express Clothing Store- 10% off on top of other coupons as well with military ID

Extreme Outfitters-10-20% on military Gear, online and in Store

Eyeware- Discount varies, get the discount online at <http://www.afeyewear.com/>-

This site offers military discounts for a wide range of eyeglass companies discount 1st of every month

Ford- Discount varies, <http://www.encs.com/ford/>

Gap-10% military discount 1st of every month (may vary by location: in-store only)

Geico-2% to 15% in all states except Georgia, Indiana, Maine, Massachusetts, Michigan, Mississippi, New Jersey, New Mexico, Tennessee and Texas

GM- Varies, always well below MSRP. You can sign in online: <https://www.exclusivegmooffer.com/ip-gmpop/initPop.do?program=mpp>

GNC-Discount varies, simply ask and have a valid military ID with you

Golden Corral- discount varies, simply ask and have a valid military ID with you

Haber Vision- 50% Discount on all sunglasses.

Online

<http://www.habervision.com/CodeResult.aspx?code=JB10222Q>

Hertz- Allowable per diem rates. Show valid military ID

Hewlett-Packard-Log onto website and click on New User Registration; .Enter first and last name,

user name, password and email address. Use company code: 2727. Discounts vary online only

Hickory Farms- 10% military discount-Enter 892848 in code box on online order form

Home Depot-10% off Year Round to active duty, active reserve, retired military, and immediate family. In Store, just bring valid military ID

IHOP- 20% with military ID at owner's discretion

Imax- \$1.00 off movie tickets with military ID

Inkshouse.com-20% off \$50.00 or more, use codMil20

Java Café – Discount varies, simply ask and have a valid ID with you

Jeep- \$500 for active military, reserves, and retired reserves or active after 20 years of service. Requires military ID

Jiffy Lube- 10% off with valid military ID

Jockey- 10% off with valid military ID

KB Toys 15% off during advertised military days

KFC- Discount varies, simply ask and have a valid military ID with you

Kohl's-15% off military ID

Kragen- Auto Parts-Discount varies, simply ask and have a valid military ID with you

Lerner- 15% off

Long John Silver's- discount varies, simply ask and have a military ID with you

Longhorn Steakhouse- 10% military discount

Lowe's-10% off year round to active duty, active reserve, retired military and immediate family. Just bring in a valid military ID. The military discount, however, cannot be combined with other coupons they may be offering.

Marriot Hotels- It's the Per Diem amount the government picks up, whatever that amount is. Just call and place the reservation over the phone and ask for that discount. Online at:

[http://www.marriott.com/reservation/worldnum.
mi](http://www.marriott.com/reservation/worldnum.mi)

Mary Kay Cosmetics- Military Personnel and dependents receive 10% on online orders. Reference your service affiliation and status, and ask for additional free gift and bigger discounts.

McDonald's –Discount varies, simply ask and have a valid military ID With you

Meineke- 10% off parts

Michaels- 10% off every Wednesday

Midas-10% off

MLB Hall of Fame- Discount varies, simply ask and have a valid military ID with you

Movie Theaters-Discount varies, simply ask and have a valid military ID with you

Mrs. Fields-10% off with military ID

NAPA Auto Parts- discount varies, simply ask and have a valid military ID with you

Nautica-10% off with military ID

National- No fee for additional drivers and special off duty rates per location. Service members receive full loss damage waivers

Nextel-10% discount, call 1-800-639-6111

Nickelodeon Hotels-Reduced rates and perks, online and in store/www.nickhotel.com/military,877-NICK-11, and ask for Military Family Package

Nike- 10% off, In store. For official company policy please checkout:

<http://www.nikebiz.com/customerservice/discounts.html>

Nuvo- \$30 off Ritmo Pregnancy Sound System. You can call 1-888-688-6462, or use coupon code MILITARY99 online at <http://www.novo-group.com>

Valid military ID required for in-store purchase

Old Navy- 10% military discount 1st of every month, (may vary by location; in –store only).

Pac Sun-Discount varies per location, just bring in a valid military ID and ask

Pancho's Mexican Grill- discount varies, simply ask and have a valid military ID with you

Pancho's Mexican Buffet-

Discount varies, simply ask and have a valid military ID with you.

Panda Express- discount varies, simply ask and have a valid military ID with you.

Paradise Bakery-40% off meals for military members with military ID Does not extend to family.

Pizza Hut- discount varies, simply ask and have a military ID with you.

Play It Again Sports-discount varies, simply ask and have a valid military ID with you.

Professional Sports teams-Discount varies, simply ask and have a valid military ID with you.

Quizno's- Discount varies simply ask and have a valid military ID with you.

Ramada- 15 to 30%- depending on availability.

Must present military ID upon check-in.

Red Robin-Discount varies, simply ask and have a valid military ID with you.

Regal Movie Theaters-Matinee prices for all show times. Requires Military ID.

Rocky Mountain Chocolate Factory-10% military discount

Rocky Mountain Tracking-5% off any tracking inc. Use code/USMILITARYhttp://www.rmtracking.com

S&K Men's Wear- 8% discount on all items free shipping on orders over \$99 &APO/FPO shipping. To access the military site at S&K you must go through their AAFES Exchange Mail Online service. <http://bdeal.me/aCVq2xwith>

Sally Beauty Supply- Discount varies, simply ask and have a valid military ID with you.

Samsonite-15% off with military ID.

Sierra Suites- Rates at or below per diem depending on location. Discounts may vary and depend on availability. Must present military ID

Six Flags Mountain Magic- Service members receive special discounts on admission for special events and specific dates. Tickets must be purchased in advance MWR and ITT 143. Recreation offices, not at the park.

Sizzler- Discount varies, simply ask and have a valid military ID with you.

Sleep Inn- Rates at or below per diem depending on location. Discounts may vary and depend on availability. Must present military ID.

Sonic-Discount varies, simply ask and have a valid military ID with you.

Southwest Airlines-Varies, it's a dollar amount, not a percentage. Not available on all flights, you'll have to call Southwest and simply ask.

Spencer's Gifts- Discount varies, simply ask and have a military ID with you.

SportsMemorabilia.com-10%off at checkout,

use code mili10 online.

Sprint Business-15% to 20% discount/ 1-888-74227

Sprint Business-15% to 20% discount/ 1-888-788-4727.

Suzuki - \$500 off for you and immediate family.
Requires military ID.

Taco Bell- Discount varies, simply ask and have a valid military ID.

The Finish Line- 20% military discount off select items at special locations.

The Melting Pot- Discount varies, simply ask and have a valid military ID.

Toyota-\$500 off + \$500 for first time buyers.
Requires military ID

Travelodge- Rates within allowable per diem.
Discounts may vary and depend on availability

RESOURCES FOR SERVICE MEMBERS, VETERANS, AND THEIR FAMILIES

OVERALL GOVERNMENT SUPPORT AGENCIES

Military One Source – 800.342.9647

www.militaryonesource.org

One stop for military and their families for support and referrals

Military HOMEFRONT

www.militaryhomefront.dod.mil

Resource to obtain information about DOD quality of life programs

General Links For Assistance

www.military.com

On line overview of resources and support materials for military

Veterans Centers

www.vetcenter.va.gov

Counseling & referrals to assist in readjustment to civilian life

Military Home Front

www.militaryhomefront.dod.mil

DOD Family Support, look under Troops and Family

US Dept of Housing & Urban Development

800.877.8339

Veterans Resource Center has homeless housing assistance

Our Military – links to Community

www.ourmilitary.mil

Links military members with their community

After Deployment

www.afterdeployment.org

Provides wide range support for after deployment.

Resources to assist with reintegration

National Guard On Line Community

703.607.5414

www.jointservicesupport.org

Look under Family Member for assistance for families

National Military Family Association

703.931.6632

www.militaryfamily.org

Sponsor Retreats, Healing Adventures & Purple
Camps for families of deployed

US Veterans Resources

www.vetsresource.com

Provides comprehensive information for veterans
& families

Network of Care

www.networkofcare.org

Services listed by counties. Some with a separate
military category

211 Information & Referral Search

www.211.org

211 Services listed by location and type

USA Cares, Inc

800.773.0387

www.usacares.org/financial

Financial assistance for all military

TRICARE

www.tricare.mil

Health care program for military

ARMY

Army One Source

www.myarmylifetoo.com

On line One stop resources for Army families

Army Emergency Relief

866.878.6378

www.aerhq.org

Contact MASRU to assist family in obtaining emergency funds

Army Reserve Family Program Online

www.arfp.org

Information on family readiness issues

Army National Guard

www.arng.mil

Special focus for reserve members and families

AIR FORCE

Air Force Reserve Family Programs

www.airforcereserve.com/military_family_services.html

Information on programs for Air Force Reservists

Air Force Community

www.afcommunity.af.mil

Official on line One stop for Air Force families

Air Force Aid Society

800.769.8951

www.afas.org

Contact MASRU to assist family in obtaining emergency funds

Air Force Crossroads

www.afcrossroads.com

Variety on information for Air Force families

Air National Guard

www.ang.af.mil

Official website for the Air National Guard

NAVY

Family Services Center

www.lifelines.navy.mil

Online One stop for Navy & Marine families

Navy Marine Corps Relief Society

703.696.4904

www.nmcrs.org

Contact MASRU to assist family in obtaining emergency funds

Navy Reserve Family Program

<https://navyreserve.navy.mil>

Links to other organizations and their monthly newsletter

MARINE CORPS

Marine Corps Community Service

www.usmc-mccs.org

One stop for Marine families

Marine Corps Reserve Family Programs

www.mfr.usmc.mil

Links to enhance quality of life & family readiness

Marine for Life Support Program (M4L)

866.645.8762

www.m4l.usmc.mil

Provides support after separation from service

COAST GUARD

Official Coast Guard Website

www.uscg.mil

Coast Guard Mutual Aid

800.881.2462

www.cqmahq.org

Contact MASRU to assist family in obtaining emergency funds

VETERAN'S ORGANIZATIONS

American Legion

www.legion.org

Provides assistance to service members and families through local posts

Veterans of Foreign Wars (VFW)

www.vfw.org

Supports veterans needs

TRANSITION PROGRAMS

Return to Honor

610.933.8825

www.returntohonorworkshop.com

Workshop to assist in readjustment to civilian life

JOB TRAINING/EMPLOYMENT ASSISTANCE

Operation Life Transformed

703.577.4521

www.operationlifetransformed.org

Provides education & resources to support reentry to civilian sector

Center for Veterans Enterprise

866.584.2344

www.vetbiz.gov

Promotes business ownership expansion for veterans

Hire a Hero

866.447.3243

www.hireahero.org

Networking and job placement assistance

Helmets to Hardhats

866.741.6210

www.helmetstohardhats.org

Assists vets to obtain construction jobs and careers

American Corporate Partners

www.acp-usa.org

Career counseling, mentorship, & networking for veterans with corporations

Hire Heroes USA

866.915.HERO

Career placement

The Military Spouse Pinnacle Foundation

877.696.7226

www.msccn.org

Assists spouses in obtaining employment

Military Spouse Resource Center

877.348.0502

www.milspouse.org

Dept. of Labor resources for spouses

Employer Support of the Guard & Reserve (ESGR)

800.336.4590

www.ESGR.com

Support for Reservists and National Guard and their civilian employe

HOUSING ASSISTANCE

Veterans Home Loans

877.827.3702

MILITARY FAMILY SUPPORT

Armed Forces YMCA

703.313.9600 x107

www.asymca.org

Family members qualify for free membership during 6+ month deployments

United Through Reading

858.481.9489

www.read2kids.org

Service member is taped reading to their child

USO

888.484.3876

www.uso.org

Emergency/temporary housing

Zero to Three: Military Families Program

202.638.1144

www.zerotothree.org

Brochures for parents to assist with children during deployments

Sesame Street

www.sesameworkshop.org

“Talk, Listen, Connect-Deployment, Homecoming, Changes” for ages 3-5

National Association of Child Care Resources

703.341.4100

www.naccra.org/militaryprogram.org

Assists in finding affordable quality childcare

Sitter City

888.748.2489

www.sittercity

Child care referral system, free membership for military

EMERGENCY ASSISTANCE

Operation Homefront

800.779.5903

www.operationhomefront.net

Emergency financial assistance or network to provide other assistance

USACares

800.773.0387

www.usacares.org

Emergency assistance for military, veterans and their families

Armed Forces Foundation

910.585.8003

www.armedforcesfoundation.org

Emergency financial assistance

American Soldier Foundation

www.soldierfoundation.org

Emergency financial assistance

Unmet Needs Program

www.unmetneeds.com

Financial assistance

Pentagon Federal Credit Union

703.838.1230

www.pentagonfoundation.org

Financial assistance

American Legion

800.504.4098

www.legion.org/familysupport

Local support as needed

Veterans of Foreign Wars (VFW)

www.vfw.org

One time grant up to \$2500 for emergency needs

MENTAL HEALTH

Mental Health Assessment Program

www.militarymentalhealth.org

Individual assessment tool

The Soldiers Project

877.576.5343

www.thesoldiersproject.org

Network of mental health professionals who volunteer to help the military

DcoE Outreach

866.966.1020

www.dcoe.health.mil

Comprehensive 24 hr support for psychological health and TBI

Give an Hour

www.giveanhour.org

Free local professional support

SOCIAL SUPPORT/ONLINE COMMUNITIES

Operation Homefront/CinC House

www.CinCHouse.com

Online community of military wives and women in uniform

Blue Star Mothers of America, Inc

www.bluestarmothers.org

Opportunity for mothers of military to support each other and the military

SpouseBuzz

www.spousebuzz.com

Military spouses connect online

Go Army Parents

www.goarmyparents.com

Support for military parents, family, and friends

Marine Parents

www.marineparents.com

Support for military parents, family, and friends

SUPPORT FOR WOUNDED AND THEIR FAMILIES:

GENERAL

National Resource Directory

www.nationalresourcedirectory.org

Online resource of organizations for the wounded and families by state

Defense Centers of Excellence

866.966.1020

24 hr answers to questions on Psychological Health and TBI

Wounded Warrior Resource Center

800.342.9647

wwrc@militaryonesource.com

One stop to assist with concerns or other difficulties during recovery

Army Wounded Warrior Program

800.984.8523

www.aw2.army.mil

24 hr hotline for wounded warriors and their families

Navy Safe Harbor Program

877.746.8563

www.npc.navy.mil/CommandSupport

Non-medical support for severely injured

Marine Corps Wounded Warrior Regiment

877.487.6299

www.woundedwarriorregiment.org

24 hr support

Air Force Wounded Warrior Program (AFW2)

800.581.9437

Air Force support for their wounded

Caring Bridge

651.452.7940

www.caringbridge.org

Website designed to assist ill/injured to keep their loved ones informed

Vacations for Veterans

800.831.8803

www.vacationsforveterans.org

Provides 1 week lodging for Purple Heart recipients

Disabled American Veterans

www.dav.org

Provides free assistance in obtaining military benefits and services

Still Serving Veterans

256.883.7054

www.stillservingveterans.org

Support wounded going back into the work force

Sew Much Comfort

703.798.0127

www.sewmuchcomfort.org

Custom made adaptive clothes for injured free of charge

National Resource Directory

www.nationalresourcedirectory.org

Online resource of organizations for the wounded & families by state

Easter Seals

800.221.6827

www.easterseals.com

Community integration programs for disabled service members

USA Together

www.usatogether.org

Online system to match wounded warrior needs with community support

TRAVEL ASSISTANCE

Air Compassion For Veterans

757.271.2269

www.aircompassionforveterans.org

Provides flight for veterans to receive medical care

Veterans Airlift Command

952.582.2911

www.veteransairlift.org

Provides transportation for wounded (but ambulatory) veterans for medical appointments

Fisher House

886.294.8560

www.fisherhouse.org

Provides housing for families at major medical centers

Luke's Wings

www.lukeswings.org

Airline tickets for families of wounded

FINANCIAL ASSISTANCE

Operation First Response

888.289.0280

www.operationfirstresponse.org

Financial assistance for wounded

Injured Marine Semper Fi Fund

760.725.3680

Assists injured and ill Marines and Sailors

Love to Know Family

<http://family.lovetoknow.com/financial-help-military-families>

Financial assistance for military families

HOUSING

Homes For Our Troops

866.7.TROOPS

www.homesforourtroops.org

Builds adaptive homes for the severely disabled

Dept. of Veterans Affairs

800.827.1000

www.homeloans.va.gov/sah.htm

Loans for veterans with a service-related disability to build or adapt a home

Fisher House

www.fisherhouse.org

“Comfort homes” at military hospitals for families

RECOVERY PROGRAMS

Enable America

877.ENABLED

www.EnableAmerica.org

Comprehensive recovery program by peer mentors

Lakeshore Foundation

205.313.7400

www.lakeshore.org

Injured military initiative offers weeklong recreation & fitness camps

Wounded Warrior Project

205.558.4302

www.woundedwarriorproject.org

Provides a wide range of support programs for wounded

Survive & Thrive Veterans and Families Project

800.926.5462

www.casacolina.org

Retreats for active duty, veterans & their families to assist in TBI adjustment

SOCIALSUPPORT/ONLINE COMMUNITIES

Silver Star Families of America

417.743.2508

www.silverstarfamilies.org

Support for military families of ill or injured by families of ill or injured

SERVICE DOGS

Puppies Behind Bars

212.680.9562

www.puppiesbehindbars.com

Pays all costs associated with getting a dog, flight to training center, hotel, rental car, and living expenses for 2 weeks

Dogs for Deaf & Disabled Americans

978.422.9064

www.needs.org

Canines for combat Vets program. House on site to stay for 2 weeks of training in Princeton, MA

Freedom Service Dogs

303.922.6231

www.freedom servicedogs.org

Vet needs to be able to get and support themselves in Denver for training

Patriot Paws

972.772.3282

www.patriotpaws.org

If approved, vet must be able to maintain themselves for 2-3 weeks in Texas

4Paws for Ability

937.374.0385

www.4pawsforability.org/vets

Help with funding for their dogs/partners with Air
Compassion for Vet for travel to Xenia, OH

Paws 4 Vets

www.paws4vets.org

Serve qualified vets, active duty and dependents

Pets 2 Vets

877.311.4728

www.pets2vets.org

Washington DC area

American Vet Dogs

866.741.6210

www.vetdogs.com

Provides guide and service dogs for wounded veterans

SUPPORT FOR FAMILIES OF THE FALLEN

Tragedy Assistance Program for Survivors

800.959.8277

www.taps.org

Comprehensive support for families

Army Long Term Case Management

866.272.5841

www.altfcm.army.mil

Assistance for families of fallen

Snowball Express

714.662.2033 www.snowballexpress.org

Support for children of fallen

United Warrior Survivor Foundation

619.437.1137

www.frogsfriends.com

Support for surviving spouses

Fallen Patriot Fund

214.658.7125

www.fallenpatriotfund.org

Provides support to families of killed or seriously injured in OEF/OIF

Comfort Zone Camps

866.488.5679

www.comfortzonecamp.org

Free for ages 7-17 who have lost a parent or sibling

HEALTH

Madigan Foundation

www.Madiganfoundation.org

Supporting military families, active and retired, and Madigan Army Medical Center with health related needs

CLARK COUNTY RESOURCE PHONE NUMBERS

LAW ENFORCEMENT- NON- EMERGENCY 211

Clark County Non-Emergency- Sheriff's Office
360.397.2211

Vancouver Police Department Non- Emergency
360.487.7400

Battle Ground Police Non-Emergency
360.342.5100

Camas Police Non-Emergency
360.834.4151

La Center Police Non-Emergency
360.263.2745

Ridgefield Police Non-Emergency
360.887.3556

Washougal Police Non-Emergency
360.835.8701

Woodland Police Non-Emergency
360.225.6965

Emergency Management

Clark regional Emergency Services Agency
360.737.1911

CLARK COUNTY RESOURCE NUMBERS (Cont.)

FIRE RESOURCES COUNTY

Clark County Fire & Rescue Battle Ground

LA Center, & Ridgefield 360.887.4609

East County Fire & Rescue (District 1&9)

360.835.5511

Fire District#2 Woodland 360.225.7076

Fire District#3 Brush Prairie, Hockinson

360.892.2331

Fire District #5 Services provided by Vancouver

Fire Department 360.892.4323

Fire District#6 Hazel Dell, Lakeshore, Felida

Salmon Creek, Mt. Vista, Fairgrounds

360.576.1195

Fire District #10 Amboy, Chelatchie

Fargher Lake, Highland, View 360 .247.5233

Fire District #13 Yacolt 360.687.2171

CITY

Vancouver Fire Department 360.892.4323

**FEDERAL BENEFITS FOR WASHINGTON
STATE VETERANS**

VA MEDICAL CENTERS

Seattle (98108) 1660 S. Columbia Way

800-329-8387 or 762-1010

Spokane (99205) 4815 N. Assembly Street

509-434-7000 or 1601 800-325-7940

Tacoma (98493)- 9600 Veterans Dr.

253-582-8440 or 800—329-8387

Vancouver (98661)- 1601 E Fourth Plain Blvd.

360-696-4061 or 800-949-10040

Walla Walla (9936) 99362 Wainwright Drive 509-

525-5200 or 888-687-8863

Bellevue (98005) 13033 Bel Red Road, Suite 210

425-214-1055

Bremerton (98312) 925 Adele Avenue

360-782-0129

VA MEDICAL CENTERS (Cont.)

Federal Way (98003) 34617 11th Place South
253-336-4142

Mobile Medical Unit Aberdeen, Shelton & Morton
253-583-1162

Port Angeles (98362) 1005 Georgiana St.
360-565-9330

Richland (99352) Richland Federal Bldg.
825 Jadwin Ave. Ste 250-509-946-1020

Seattle 12360 Lake City Way NE, Suite 200
206-384-4382

CLINICS

Sedro Woolley (98284) 2031-C Hospital Drive
Cedar Grove Building B, 360-856-4700

Wenatchee (98801) 2530 Chester-Kimm Road
509-663-7615

CLINICS (Cont.)

Yakima (98902) 717 Fruitvale Blvd. 509-966-0199

Yakima Mental Health Clinic (98902)

2119 W, Lincoln Ave, 509-457-2736

BENEFITS OFFICES

Fort Lewis (98433) Waller Hall Rm 700

P O Box 33115, 253-967-7106

262 Burwell St. 360-782-9900

REGIONAL OFFICE

Seattle (98174) ,Federal Bldg. Statewide

1-800-827-1000

VET CENTERS

Bellingham (98226) 3800 Byron, Statewide

1-800-827-1000

Everett (98201)3311 Wetmore Ave. Everett, WA.

425-252-9701

VET CENTERS (Cont.)

Seattle (98121) 2030 9th Ave. Suite 210,206-2706

Spokane (99206) 100 N Mullan Rd Suite 102

509-444-8387

Tacoma (98409) 4916 Center ST. Suite E

253-565-7038

Yakima(98902) 2119 W, Lincoln Ave.509-457-2736

NATIONAL CEMETARY

Tahoma (98042-4868)18600 SE 240th St. Kent

425-413-9614

NATIONAL PHONE NUMBERS FOR VETERANS

- **Crisis Prevention Hotline:**
1.800.273.TALK (8255)
- **All VA Medical Facilities:**
(411 or
[www2.va.gov/director/guide/dividion_flsh.
asp?dnum=1](http://www2.va.gov/director/guide/dividion_flsh.asp?dnum=1))
- **VBA's national call center:**
1.800.827.1000
- **Home loans:**
1.800.669.8477
- **Insurance:**
1.888.244.6711
- **Meds by Mail:**
1.888.385.0235 or
1.866.229.7389

NATIONAL PHONE NUMBERS FOR VETERANS (Cont.)

- **NCA's Scheduling Office:**
1.800.535.1117
- **Compensation and Pension:**
1.877.294.6380
- **National Caregiver Support Line:**
1.855.260.3274
- **Homeless Prevention Line:**
1.877.4AID.VET (877.424.3838)
- **Mammography Helpline:**
1.888.492.7844

**WASHINGTON STATE DEPT OF VETERANS
AFFAIRS
BENEFITS AND SERVICES**

PHONE: 800.562.2308 (Mon-Thurs 7AM – 6PM)

WEB PAGE: <http://www.dva.wa.gov/benefits.html>

EMAIL: benefits@dva.wa.gov

- Burial Benefits
- Claims Assistance
- Commercial Driver Training Military Certification
- Counseling
- County Benefits
- Education
- Family Benefits
- Free or Reduced Passes (Fishing, Hunting, Parks, Licenses, and Ferry System)
- Homeless Veterans Services and Transitional Housing

- Home Loans and Ownership
- Incarcerated Veterans Reintegration Program
- License Plates
- OEF/OIF/ONE
- Operation Recognition – Diplomas
- Property Tax Relief
- Service Officers
- State Veterans Homes
- VA Benefits
- Veterans Conservation Corps
- Veterans Estate Management
- Veterans Records
- Women veterans

VETERAN'S BENEFITS WEBSITES

These links provide information on Veterans benefits and how to file/ask for them. There are many sites that explain how to obtain books, military/medical records, information and how to appeal a denied claim with the VA. It would be best to have an advocate who is willing to work with and for you.

VA's Automated Reference Materials

http://www.benefits.va.gov/WARMS/M21_1MR1.asp Includes: Duty to Assist, Due Process, Power of Attorney, Hearings and Appeals.

Board of Veteran's Appeals

<http://www.bva.va.gov>

Center for Minority Veterans

<http://www1.va.gov/centerforminorityveterans/>

Center for Veterans Enterprises

<http://www.vetbiz.gov>

Center for Women Veterans

<http://www1.va.gov/womenvet/>

Gulf War Veterans

<http://www.gulfwarvets.com>

Benefits and Compensation Rates

http://www.benefits.va.gov/WARMS/M21_1.asp

Compensation Rate Tables 12/01/09

<http://www.vba.va.gov/bln/21/Rates/comp01.htm>

Department of Veterans Affairs Home Page

<http://www.va.gov/>

Directory of Veterans Service Organizations

<http://www1.va.gov/vso>

Disability Examination Worksheets Index

<http://www.vba.va.gov/bln/21/Benefits/exams/index/htm>

Electronic Code of Federal Regulations

<http://www.gpoaccess.gov/vso>

Evaluation Protocol for Gulf War and Iraqi

Freedom Veterans with Potential Exposure to Depleted Uranium (DU)

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158

Forms and Records request

<http://www.va.gov/vaforms/>

General Compensation Provisions

http://uscode.house.gov/download/title_38.shtml

Geriatrics and Extended Care

<http://www1.va.gov/geriatricsshg/>

Health Quality, includes Chronic Disease, Mental Health, Military Related, Pain, Rehabilitation and Women's Health

<http://www.healthquality.va.gov>

Homeless Veterans

<http://www1.va.gov/homeless>

Health Services research and Development Home

<http://www.hsrd.research.va.gov/>

Mental Disorders, Schedule of Ratings

http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC

Mental Health Program Guidelines

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094

Mental Illness Research, Education and Clinical Center

<http://www.nasdva.net>

My Health e Vet

<http://www.myhealth.va.gov/>

National Association of State Directors

<http://www.nasdva.net/>

National Center for Health Promotion and Disease Prevention

<http://www.prevention.va.gov/>

Neurological Conditions and Convulsive Disorders, Schedule of Ratings

<http://www.warms.vba.va.gov/regs/38cfr/booksc/part4s4%5F124a.doc>

Office of Medical Inspector

<http://www.medicalinspector.va.gov/>

Online VA Form 10-10EZ

<https://www.1010ez.med.va.gov/sec/vha/1010ez/>

Parkinson's Disease and Related Neurodegenerative Disorders

www.research.va.gov/funding/solicitations/docs/parkinsons.pdf

Peacetime Disability Compensation

http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dname=browse_usc&docid=Cite:+38USC1131

Pension for Non-Service-Connected Disability or Death

[http://www.law.cornell.edu/uscode/usc_sup_01_38_10_II_20_15.html](http://www.law.cornell.edu/uscode/uscode/usc_sup_01_38_10_II_20_15.html)

Returning Service Members (OEF/OIF)

<http://www.oefoif.va.gov/>

Persian Gulf Registry Referral Centers

<http://www.gulflink.org/gwr/registry.htm>

Policy Manual Index

<http://www.va.gov/vapubs/>

Project 112 (Including SHAD)

<http://www.publichealth.va.gov/exposures/shad/>

Prosthetics Eligibility

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337

Public Health and Environmental Hazards Home Page

<http://www.publichealth.va.gov/index.asp>

Publications Manual

<http://www1.va.gov/vhapublications/>

Records Center and Vault Homepage

<http://www.rcv.va.gov/>

**Request for and Consent to Release of
Information From Claimant's Records**

http://www.va.gov/vaforms/form_detail.asp?FormNo=3288

**Research Advisory Committee on Gulf War
Veterans Illnesses**

<http://www.va.gov/RAC-GWVIindex.asp>

**Survivor's and Dependents' Educational
Assistance**

http://www.gibill.va.gov/benefits/other_programs/dea.html

U.S. Court of Appeals for Veterans Claims

<http://www.uscourts.cavc.gov>

**VA Best Practice Manual for Posttraumatic Stress
disorder (PTSD)**

<http://www.avapl.org/pub/PTSD%20Manual%20final%206.pdf>

VA Fact Sheet

<http://www.vba.va.gov/vba/benefits/factsheets/>

VA Health Care Eligibility

<http://www.va.gov/healtheligibility/>

Global Assessment of Function (GAF)

<http://www.desertpacific.mirecc.va.gov/gaf/index.shtml>

VA Life Insurance Handbook

<http://www.insurance.va.gov/sglisite/handbook/handbook.htm>

VA Loan Lending Limits and Jumbo Loans

http://valoans.com/va_facts_limits.cfm

VA MS Research

<http://www.va.gov/ms/>

VA National Hepatitis C Program

<http://www.hepatitis.va.gov/>

VA Office of Research and Development

<http://www.research.va.gov>

VA Trainee Pocket Card on Gulf War

<http://www.va.gov/OAA/pocketcard/gulfwar.asp>

Emergency Management strategic Health Care Group

http://www.publichealth.va.gov/emergencymanagement/about_us.asp

War Related Illness and Injury Study Center

<http://www.warrelatedillness.va.gov/dc/>

VA Office of Inspector General Hotline Telephone Number and Address

<http://www.va.gov/oig/contacts/hotline.asp>

Vet Center Eligibility – Readjustment Counseling Service

<http://www.vetcenter.va.gov/>

Veterans Benefits Administration Main Web Page

<http://www.vba.va.gov/>

Veterans Legal and Benefits Information

<http://www.38uscode.com/>

VHA Programs – Clinical Programs & Initiatives

<http://www.va.gov/health/orgs.asp>

VHA Public Health Strategic Health Care Group Home Page

<http://www.publichealth.va.gov/>

VHI Guide to Gulf war Veterans (tm) Health

<http://www..publichealth.va.gov/vethealthinitiative/gulfwar.asp>

Vocational Rehabilitation

<http://www.vba.va.gov/bln/vre/>

Vocational Rehabilitation Subsistence

<http://www.vba.va.gov/bln/vre/sa.htm>

VONAPP Veterans Online Application

<http://vabenefits.vba.va.gov/vonapp/main.asp>

Web Automated Reference Material System

<http://www.warms.vba.va.gov>

Wartime Disability Compensation

<http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse usc&docid=Cite:+38USC1110>

Welcome to the GI Bill Web Site

<http://www.gibill.va.gov>

What VA Social Workers Do

<http://www.socialwork.va.gov/socialworkers.asp>

PRO BONO RESOURCES FOR VETERANS

ATTORNEYS ASSISTING CITIZEN-SOLDIERS AND FAMILIES (AACF)

Office of the Staff Judge Advocate

Camp Murray, WA, 253-512-8353

<http://aacf.eordpress.com>

Consumer, Debt/Credit/Bankruptcy, Employment,
Family & Juvenile, Foreclosure, Housing,
Immigration & Naturalization, Public Benefits,
Veterans

BLUE MT ACTION COUNCIL VOLUNTEER ATTORNEY PROGRAM

Walla Walla, WA, 509-529-4980

Consumer, Debt/Credit/Bankruptcy, Employment,
Family & Juvenile, Foreclosure, Housing,
Immigration & Naturalization, Public Benefits

KING CO BAR ASSOC. HOUSING JUSTICE PROJECT

Harry Higgins, Project Coordinator

Kent, WA, 206-205-8060

harryh@kcba.org

PRO BONO RESOURCES (Cont.)

LAW ADVOCATES HOMELESS DISABILITY BENEFITS ADVOCACY PROGRAM

Terra Nevitt, Executive Director
Bellingham, WA, 360-671-6079 x 24
terra@lawadvocates.org

LEWIS CO BAR LEGAL AID

Chehalis, WA, 360-748-0430
Consumer, Debt/Credit,/Bankruptcy, Disability,
Elder Law, Family & Juvenile, Foreclosure, Housing,
Immigration & Naturalization, Public Benefits
(bilingual)

OPEN DOOR LEGAL SERVICES

David Mace, Managing Attorney
Seattle, WA, 206-682-4642
dmace@ugm.org
www.opendoorlegalservices.org

PRO BONO RESOURCES (Cont.)

NORTHWEST JUSTICE PROJECT

Lauren Peach, EJW-AmeriCorps Fellow

Seattle, WA, 206-464-1519 x 355

Toll Free 1-888-201-1012

lauren@nwjustice.org

<http://www.nwjustice.org>

Civil Rights, Consumer, Debt/Credit/Bankruptcy,
Disability, Education, Elder Law, Employment,
Family & Juvenile, Health, Housing, Life Planning,
Public Benefits, Veterans

TACOMA PIERCE CO BAR ASSOCIATION

Tacoma, WA , 253-572-5134

vls@tacomaprobono.org

www.tacomaprobono.org

TACOMA PIERCE CO HOUSING JUSTICE PROJECT

Tacoma, WA 253-572-5134

<http://www.tacomaprobono.org>

Foreclosure, Homeless, Housing

PROBONO RESOURCES (Cont.)

TACOMA PIERCE CO LAWHELP CENTER

Tacoma, WA 253-572-5134

<http://.tacomaprobono.org>

Consumer, Debt/Credit/Bankruptcy, Family & Juvenile, Foreclosure, Housing

YAKIMA CO VOLUNTEER ATTORNEY SERVICES

Yakima, WA, 509-453-4400

<http://yakimavas.law.officelive.com/default.aspx>

Consumer, Debt/Credit/Bankruptcy, Disability, Elder Law, Employment, Family & Juvenile, Foreclosure, Homeless, Housing, Immigration & Naturalization, Contracts, Warranties, Collections/Repo/Garnishment, Wills & Estates

ADDITIONAL TRANSPORTATION AND SUPPORT RESOURCES

HOSPITAL HOSTS

www.hospitalhosts.com

Resource for Medical travel and Medical accommodations. Hospital Hosts provides comprehensive list of hospital hospitality homes and private host homes to help reduce travel expenses. Furnished vacation rental properties are included as well, often at a special discount for traveling medical patients and their caregivers.

<http://hospitalhosts.com/guide-to-hospitalhosts.html>

LUKES WINGS

<http://www.lukeswings.org/home.html>

Luke's Wings provides travel planning and complimentary airline tickets to Wounded Warriors and the families of Wounded warriors currently recovering at military hospitals all over the country.

OPERATION FIRST RESPONSE

<http://operationfirstresponse.org>. This program's main purpose is to alleviate financial difficulties facing families of Wounded Warriors. Services are provided, subject to the availability of funds at the time of the request. They consider assisting Wounded Warriors and their families with personal and financial needs. Services are provided from the onset of injury or illness, throughout the recovery period, and along their journey from military life to the civilian world. Aid varies in each case based on individual needs ranging from rent, utilities, vehicle payments, groceries, clothing and **travel expenses to and from medical facilities.**

OPERATION SECOND CHANCE

<http://operationsecondchance.org/supportandassistance.php>.

Operation Second Chance provides assistance to Wounded Warriors and their loved ones. This included everything from Airline tickets to daily family support, such as strollers or diapers and formula. They will consider assisting with daily

needs, such as mortgage, rent, utilities or childcare, while Wounded Warrior is hospitalized. **Eligibility–** May be able to assist if service member is within 18 months of their injury, or currently receiving care at a military healthcare facility with an expected or adjudicated rating of at least 70%.

HEARTBEAT FOR WARRIORS

<http://www.heartbeatforwarriors.org/about-us.aspx>

This agency provides Wounded Warriors in Washington State with emergency assistance, therapeutic services, support groups, and morale-building programs for wounded service members and their families.

NATIONAL RESOURCE DIRECTORY

<https://www.nationalresourcedirectory.gov/>

This is a resource available that was organized by the United States Government. Its purpose is to connect Wounded Warriors, Service Members, Veterans, their families and caregivers with those who support them.

PROJECT FOOT

<http://www.projectfoot.org>

A charity for Homeless veterans

VETERANS OF FOREIGN WARS

<http://vfw.org/Assistance/>

The VFW Unmet Needs program is a onetime grant to assist service member with life necessities such as rent, utilities and food. VFW strives to assist as many service members in need as possible and will look at individual circumstances on a case by case basis.

AIR COMPASSION FOR VETERANS

<http://aircompassionforveterans.org/>

Serves to ensure that no financially stressed Wounded Warrior, Veteran, or adversely affected family member is denied access to distant, specialized medical evaluation, diagnosis, treatment, counseling, rehabilitation, healing and restorative programs, and programs assisting with reintegration into a productive life.

AIR CARE ALLIANCE

<http://www.aircareall.org/>

The Air Care Alliance is a nationwide league of humanitarian flying organizations whose volunteer pilot members are dedicated to community service. This site will introduce you to them and to all the groups they list whose volunteers perform public benefit flying for health care, patient transport, disaster relief, educational experiences for youth, environmental support, and other missions of public service.

ANGEL FLIGHT

<http://www.angelflight.com/>

Angel Flight primarily serves patients needing transportation to or from the Heartland region. But Angel Flight can arrange transportation for patients on longer flights to other parts of the country outside of the Heartland the United States by coordinating with other organizations,

SERVICEMEMBERS' CIVIL RELIEF ACT (SCRA)

President George W. Bush signed the Servicemembers' Civil Relief Act (SCRA) into law (Public Law 108-189) on 19 December 2003.

The SCRA protects certain legal rights of persons serving on active duty. Some SCRA protections apply to reservists and guardsmen called to serve on active duty.

For more detailed information see:

<http://usmilitary.about.com/cs/sscra/a/scra2.htm>

The following is a listing of primary SCRA protections:

Administrative or Court Proceeding: If you are involved in an administrative proceeding of any kind or a civil court case and cannot appear because of your military service, you may request up to a 90-day delay, and request additional delays, while serving on active duty or within 90 days after completing an active duty assignment.

Automobile Lease: You may terminate an automobile lease that was entered into before: (1) being called to active duty for a period of 180 or more days; (2) receiving orders for a permanent change of duty station outside the U.S., or from a duty station outside the U.S.; or (3) deploying with a military unit for 180 days or more.

Rental Lease: You may terminate a rental lease that was entered into before: (1) being called to active duty; (2) receiving orders for a permanent change of duty station; (3) deploying with a military unit for 90 days or more; or (4) separating or retiring from the military.

Contracts: A creditor cannot terminate an installment contract for the purchase, lease or bailment of real or personal property, such as an automobile, that you entered into before serving on active duty, without a court order.

Eviction: You or your dependents cannot be evicted from your primary residence while serving on active duty without a court order. Even with a court order, evictions could be delayed 90 days.

Foreclosures and Forced Sales: A mortgagor or lien holder cannot foreclose a mortgage or enforce a lien on property you acquired before serving on active duty.

Interest Rates: On purchases you made before serving on active duty, interest-rate payments cannot be over 6% -- including credit cards and mortgages, but not student loans.

Insurance: Private professional, health or life insurances that you acquired before serving on active duty cannot be terminated if your military service affects your ability to pay the premiums. You may also suspend such insurances while on active duty.

Judgments: A default judgment cannot be entered against you while on active duty without a courtappointed attorney. Such judgments may be reopened within 60 days after active duty.

State & Federal Income Taxes: If active duty service materially affects your ability to pay state or federal income taxes, such taxes may be deferred. You are subject to state taxes based on your military income or other property, such as a car, only to your state of legal residency.

NOTES