

Overweight and obesity

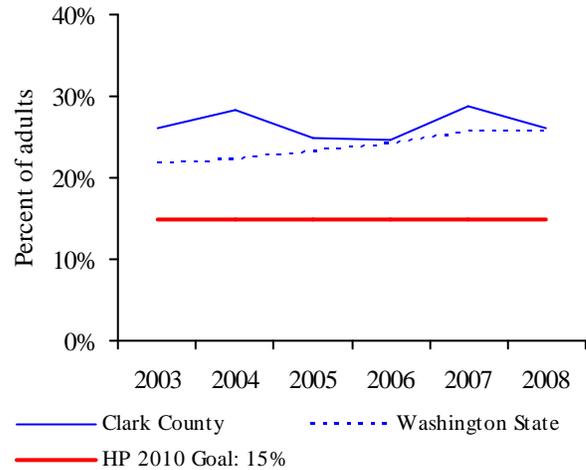
Adult obesity

Adult obesity includes the percent of adults who have a body mass index of 30 or higher.

Key Findings

- In 2008, 26% (77,656) of adults in Clark County were obese.
- In 2008, the adult obesity rate in Clark County appeared to be similar to the Washington State rate of 26%.
- Between 2004 and 2008, adult obesity did not change in Clark County and appeared to **increase** in Washington State.
- In 2008, Clark County **did not meet** the Healthy People 2010 goal that no more than 15% of adults are obese.

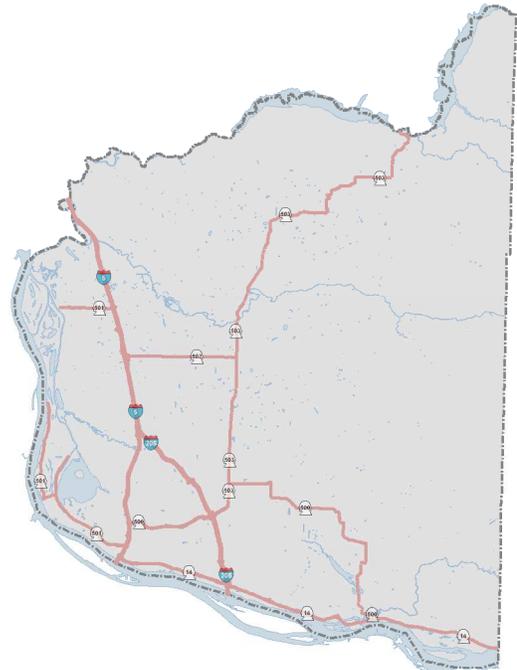
Adult Obesity
Clark County and Washington State
2003 to 2008



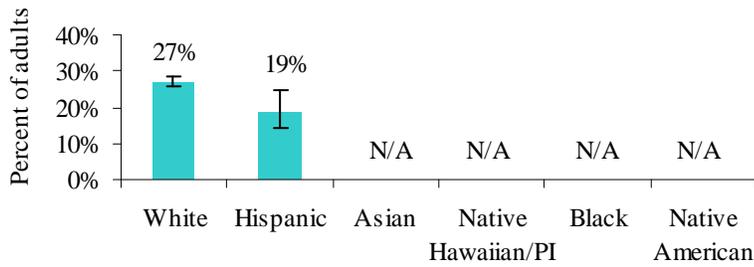
Geography

This could not be calculated due to small numbers.

Geographic Information Not Available For This Health Indicator



**Adult Obesity by Race/Ethnicity
Clark County, 2003 to 2008**

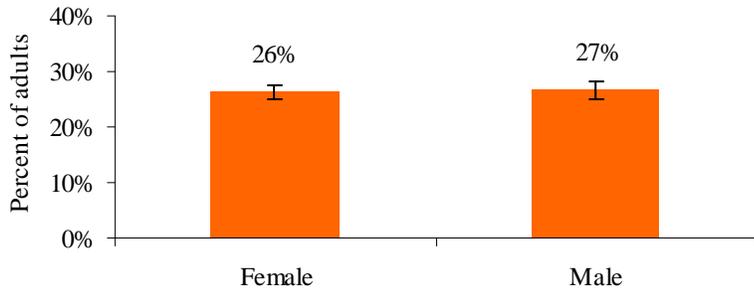


Race/ethnicity

In 2003 to 2008 in Clark County, compared to White residents, the percent of adults who were obese among:

- Hispanic residents was **lower**.
- Asian, Native Hawaiian/Pacific Islander, Black, Native American residents could not be calculated due to small numbers.

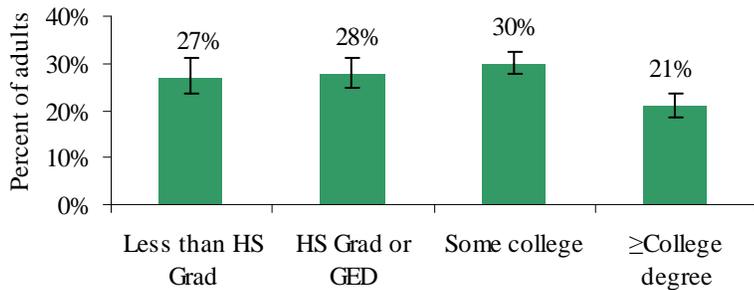
**Adult Obesity by Gender
Clark County, 2003 to 2008**



Gender

In 2003 to 2008 in Clark County, the percent of adults who were obese among females was similar to males.

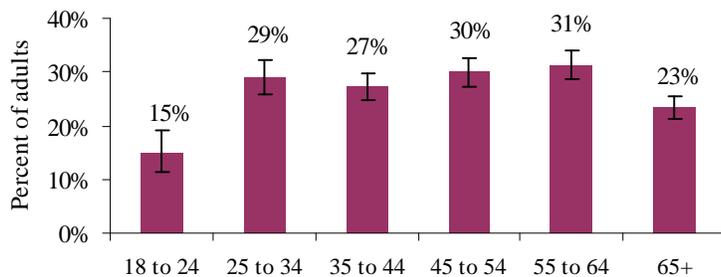
**Adult Obesity by Education Level
Clark County, 2003 to 2008**



Socioeconomic status

In 2003 to 2008 in Clark County, the percent of adults who were obese **decreased** with education.

**Adult Obesity by Age
Clark County, 2003 to 2008**



Age

In 2003 to 2008 in Clark County, the percent of adults who were obese **increased** with age.*

*Statistical tests found that adult obesity significantly increases with age. However, obesity may decrease among the oldest adults.

Overweight and obesity

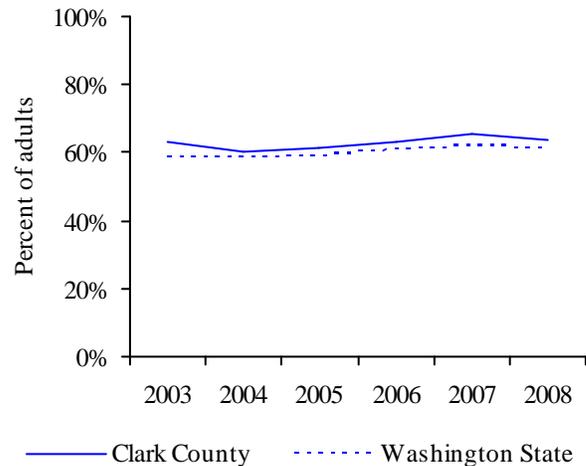
Adult overweight and obesity

Adult overweight and obesity includes the percent of adults with a body mass index of 25 or higher.

Key Findings

- In 2008, 64% (189,290) of adults in Clark County were overweight or obese.
- In 2008, adult overweight or obesity in Clark County appeared to be similar to the Washington State rate of 61%.
- Between 2003 and 2008, adult overweight or obesity did not change in Clark County and appeared to **increase** in Washington State.

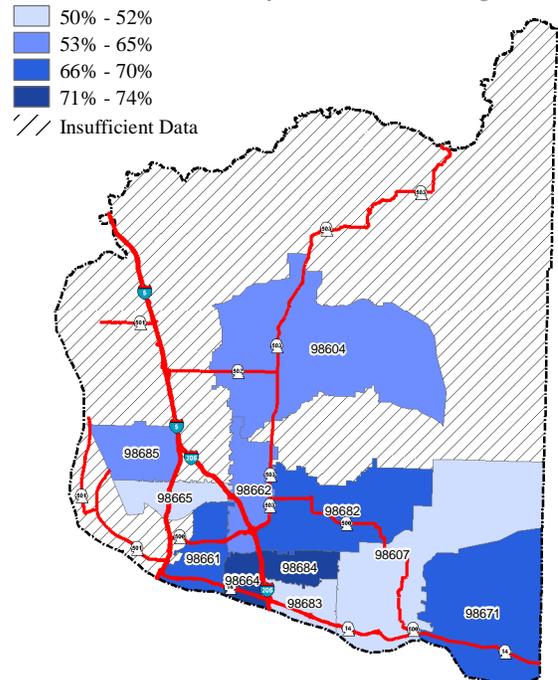
**Adult Overweight and Obesity
Clark County and Washington State
2003 to 2008**



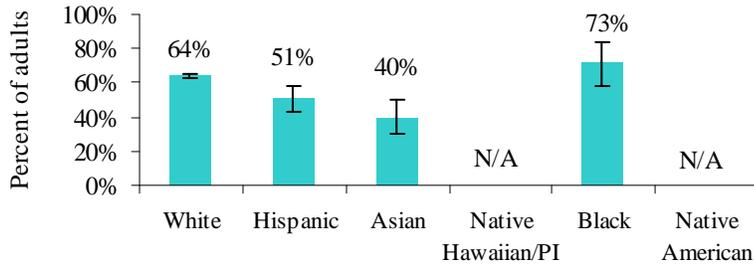
Geography

Due to data limitations, though inequities may exist, zip codes with statistically significant higher or lower rates could not be identified.

Adult Overweight and Obesity by Zip -- 2008
Percent of adults with a body mass index of 25 or higher



**Adult Overweight and Obesity by Race/Ethnicity
Clark County, 2003 to 2008**

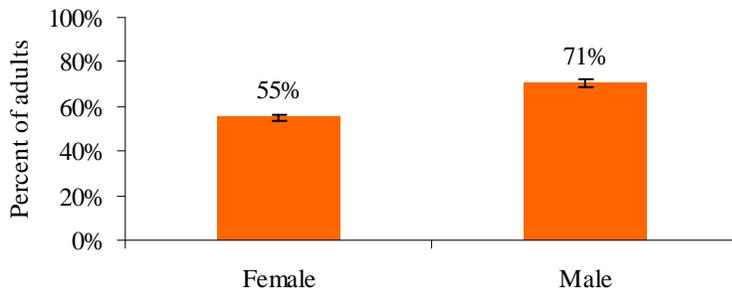


Race/ethnicity

In 2003 to 2008 in Clark County, compared to White residents, the percent of adults who were overweight or obese among:

- Hispanic and Asian residents was **lower**.
- Black residents were similar.
- Native Hawaiian/Pacific Islander, and Native American residents could not be calculated due to small numbers.

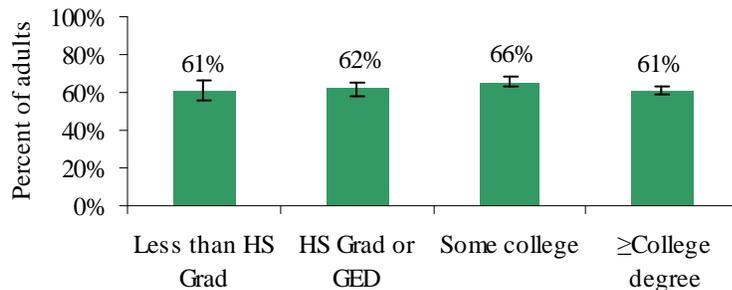
**Adult Overweight and Obesity by Gender
Clark County, 2003 to 2008**



Gender

In 2003 to 2008 in Clark County, the percent of adults who were overweight or obese among females was **lower** than among males.

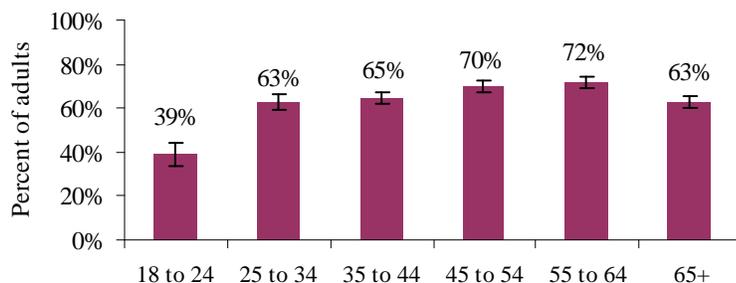
**Adult Overweight and Obesity by Education Level
Clark County, 2003 to 2008**



Socioeconomic status

In 2003 to 2008 in Clark County, the percent of adults who were overweight or obese was similar across education levels.

**Adult Overweight and Obesity by Age
Clark County, 2003 to 2008**



Age

In 2003 to 2008 in Clark County, the percent of adults who were overweight or obese **increased** with age.*

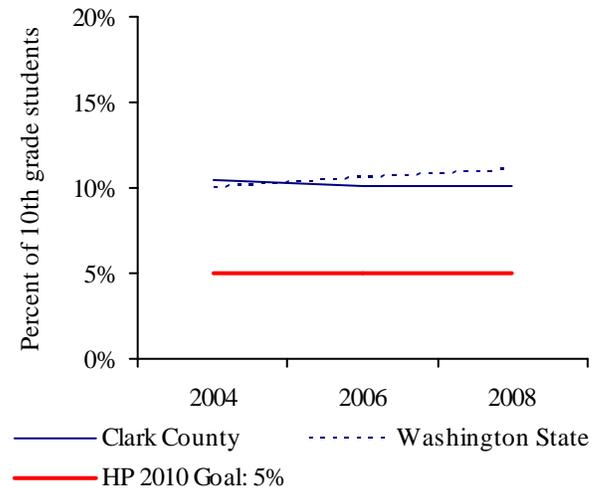
*Statistical tests found that adult overweight/obesity significantly increases with age. However, obesity may decrease among the oldest adults.

Youth obesity includes the percent of youth who are at or above the gender- and age-specific 95th percentile of body mass index (BMI) based on the CDC Growth Charts for the United States.

Key Findings

- In 2008, 10% of Clark County tenth grade students were obese.
- In 2008, youth obesity among Clark County tenth grade students appeared to be similar to the Washington State rate of 11%.
- Between 2004 and 2008, youth obesity in tenth grade students did not change in Clark County or Washington State.
- In 2008, Clark County **did not meet** the Healthy People 2010 goal that no more than 5% of children and adolescents are obese.

Youth Obesity
Clark County and Washington State
10th Grade Students, 2004, 2006 2008



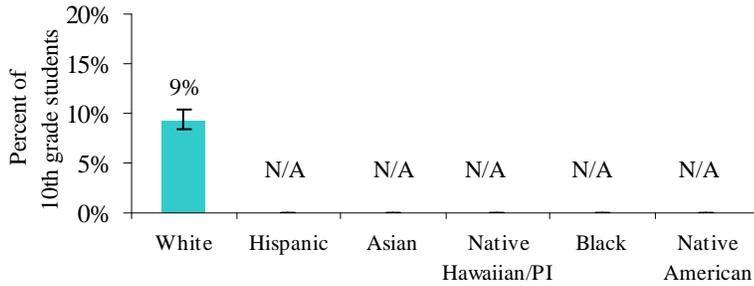
Geography

No data were available for geography.

**Geographic Information Not Available
For This Health Indicator**



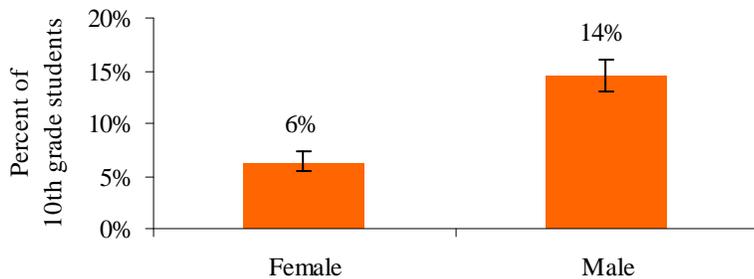
Youth Obesity by Race/Ethnicity
Clark County 10th Grade Students, 2004, 2006, 2008



Race/ethnicity

This could not be calculated due to small numbers.

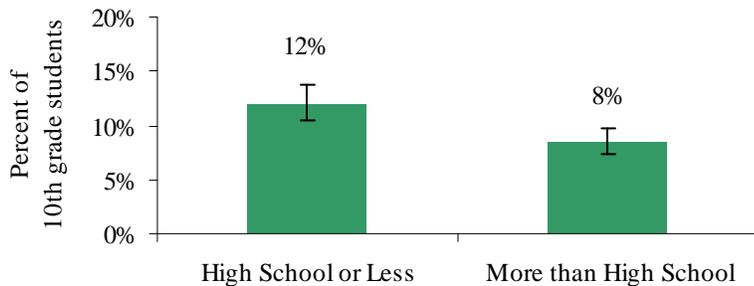
Youth Obesity by Gender
Clark County 10th Grade Students, 2004, 2006, 2008



Gender

In 2004, 2006, and 2008 in Clark County, youth obesity among tenth grade females was **lower** than males.

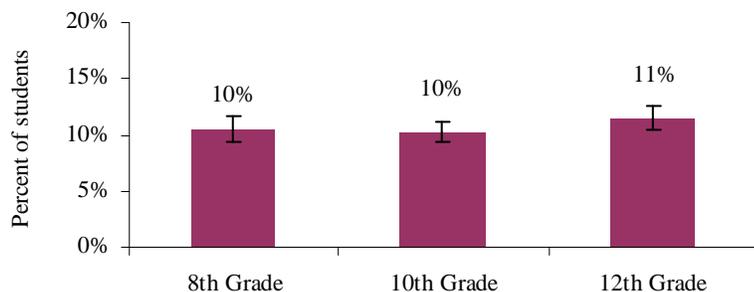
Youth Obesity by Mother's Level of Education
Clark County 10th Grade Students, 2004, 2006, 2008



Socioeconomic status

In 2004, 2006, and 2008 in Clark County, youth obesity was **lower** among tenth grade students whose mothers completed more than a high school education compared to those whose mothers had a high school education or less.

Youth Obesity by Grade Level
Clark County, 2004, 2006, 2008



Age

In 2004, 2006, and 2008 in Clark County, youth obesity was similar across grade levels.

Overweight and obesity

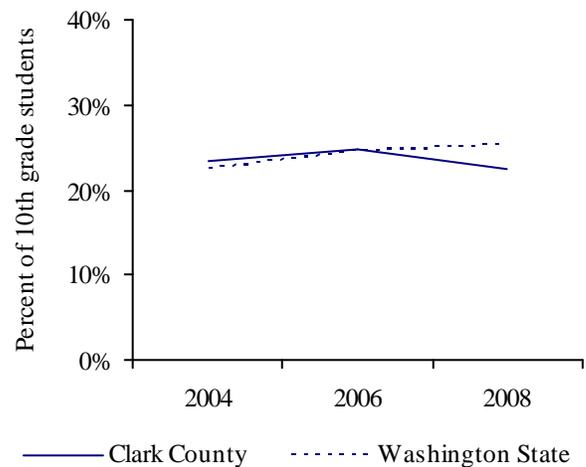
Youth overweight or obese

Youth overweight or obese includes the percent of youth who are at or above the gender- and age-specific 85th percentile of body mass index (BMI) based on the CDC Growth Charts for the United States. Youth obesity includes youth at or above the 95th percentile for BMI; overweight includes youth between the 85th and 95th percentile for BMI.

Key Findings

- In 2008, 23% of Clark County tenth grade students were overweight or obese.
- In 2008, youth overweight or obese among Clark County tenth grade students appeared to be similar to the Washington State rate of 25%.
- Between 2004 and 2008, youth overweight or obese in tenth grade students did not change in Clark County or Washington State.

**Youth Overweight or Obese
Clark County and Washington State
10th Grade Students, 2004, 2006, 2008**



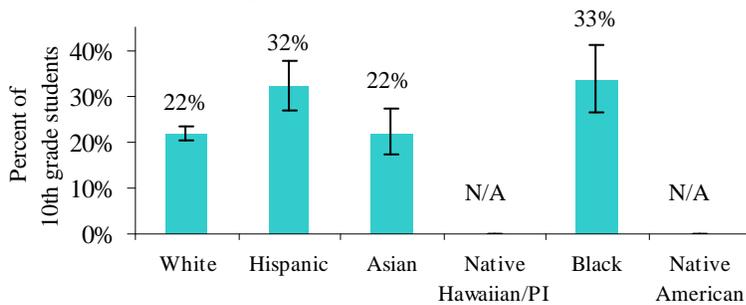
Geography

No data were available for geography.

Geographic Information Not Available For This Health Indicator



Youth Overweight or Obese by Race/Ethnicity
Clark County 10th Grade Students, 2004, 2006, 2008

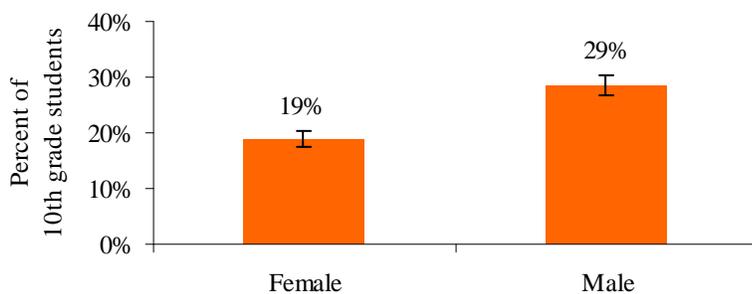


Race/ethnicity

In 2004, 2006, and 2008 in Clark County, compared to White tenth grade students, youth overweight or obese among:

- Hispanic and Black tenth grade students was **higher**.
- Asian tenth grade students was similar.
- Native Hawaiian/PI and Native American tenth grade students could not be calculated due to small numbers.

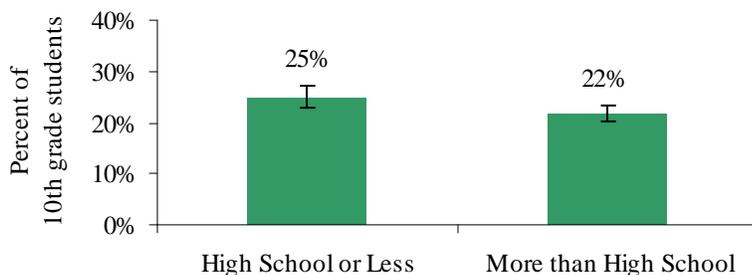
Youth Overweight or Obese by Gender
Clark County 10th Grade Students, 2004, 2006, 2008



Gender

In 2004, 2006, and 2008 in Clark County, youth overweight or obese among tenth grade females was **lower** than males.

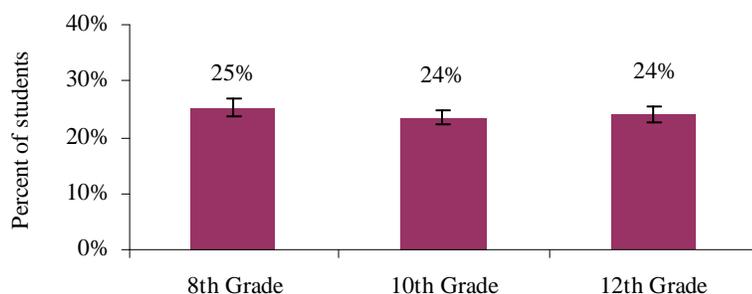
Youth Overweight or Obese by Mother's Level of Education
Clark County 10th Grade Students, 2004, 2006, 2008



Socioeconomic status

In 2004, 2006, and 2008 in Clark County, youth overweight or obese was **lower** among tenth grade students whose mothers completed more than a high school education compared to those whose mothers had a high school education or less.

Youth Overweight or Obese by Grade Level
Clark County, 2004, 2006, 2008



Age

In 2004, 2006, and 2008 in Clark County, youth overweight or obese was similar across grade levels.