



## FAITH-BASED COFFEE

Thursday, July 23

### Meeting Notes

**Attendees:** Anne Johnston, Tatyana Kushniryuk, Nada Wheelock, Erik Holcomb, Alejandra Mendoza, Stephanie McMillan, Julie Bracken, Traci Cole, Eileen Swanson, Susan Fleming, Rachael Ries, Mark Karrick, Fidel Hernandez, Lani Rudolph, Joseph Matter, Curt and Janet Stone, Bill Judd, Kate Budd, Barb Schubach, Thea Weber, Cathy Kuta, John Martin, Colete Anderson, Sue Pechacek, Anna Lookingbill, Sue Hoeffner, Andrea Pineda, Bryan Anderson, Christina Marineras, Karin Woll

### Announcements

- **Lani Rudolph (Council for the Homeless)** – They are need of coloring books/crayon donations for their waiting room. The Council for the Homeless Fundraising Luncheon will be on 10/9 – save the date! Housing Advocacy Alert: The Vancouver City Council will hold a work session on Monday, 8/3 at 4pm to discuss changes to help protect vulnerable renters within the Vancouver city limits. There are two ways in which you can let the City Council know that you want to live in a community where we provide basic protections to vulnerable renters:
  - *The Council for the Homeless created policy recommendations to the City Council for the three areas that will be discussed at the work session – click here to read them:*  
<http://files.ctctcdn.com/fa2e011b001/73e1f8ed-1fce-41df-ab40-937dc169beba.pdf>  
*Click here to sign on and show your support of the recommendations:*  
<https://www.surveymonkey.com/s/8HWMZHF>
  - *Join us at the August 3<sup>rd</sup> work session and wear **RED** to show your support for affordable housing and rental protections. The work session is at 4pm at Vancouver City Hall (415 W 6<sup>th</sup> Street).*
- **Curt Stone (LDS)** – Clark County Connects Day of Service will be on Saturday, 9/12. Churches and Community Groups are invited to sponsor a service project at your PARTNER School. Send project details to Curt Stone at [stonecj11@aol.com](mailto:stonecj11@aol.com) and they will post the project on their website and invite volunteers and community to participate. [www.ClarkCountyConnects.org](http://www.ClarkCountyConnects.org)
- **Andrea Pineda (Flashlove)** – Meet and Greet for Flashlove at Boomerang this evening from 4-6pm.
- **Alejandra Mendoza (ESD112)** – They applied for and received additional ECEAP Expansion slots for this year. They are now enrolling families for ECEAP services this fall. Please refer families with preschool aged children to them at 360-952-3383.

- **Joseph Matter (Innovative Services NW)** – Transitions Youth Impact can now serve out-of-school youth ages 16-24 who are homeless or have experience in the juvenile/adult justice system as well as current and former foster youth ages 15-24. They offer one-on-one coaching and support with education and employment. For more information, call 360-823-4210.

**Special Presentation: hOUR IMPACT Time Bank by Colete Anderson and Karin Woll**

hOUR IMPACT is a community program that allows members to exchange skills and services without any money changing hands. Neighbors helping neighbors by connecting communities through engagement, reciprocity, and respect. Here is a link to their NEW local video: [https://youtu.be/-C3lo6\\_mks4](https://youtu.be/-C3lo6_mks4)



How can you make an IMPACT?

- Sign up at [www.hourimpact.org](http://www.hourimpact.org)
- Individual, student/senior, family, and business memberships are available – sign-up fee is \$25 (which includes a background check)
- List your skills and needs
- Every hour served equals an hour of service received
- Find their need – connect and serve
- Find your need – connect and receive
- Repeat. It's easy. Everything is online

**Special Presentation: Gate Keeper Training by SWEAP (Bryan Anderson)**

The Gatekeeper program is a program of the Area Agency on Aging and Disabilities of Southwest Washington. As a concerned member of our community, your participation as a Gatekeeper is critical to the success of the safety of vulnerable adults and adults with a disability throughout our community. Gatekeepers help identify and refer older adults who appear to have problems that may place them at risk of abuse, neglect, exploitation, self-neglect, hospitalization, and/or premature out-of-home placement.

Here are some Warning Signs & Red Flags for Concern and Referral:

- Change in communication – confusion, disorientation, forgetfulness, anger, excessive reminiscing
- Change in financial situation – inability to manage finances, extreme confusion re: money matters, talk of “missing money”, bounced checks, large cash withdrawals

- Change in social condition/isolation – living alone, homebound, lack of social relationships, no mention of family or friends
- Change in emotional health – exhibits anger, irritability, hostility toward you, self or others, appears nervous or fidgety, significant personal loss (death of family, friends, pets), complaints about not eating/sleeping, appears sad
- Change in personal appearance – unkempt appearance, body odor, dirty or soiled clothes, unshaven, dirty or uncombed hair, inappropriately dressed for weather
- Physical limitations – loss of hearing or sight, chronic or acute physical illness, multiple prescriptions, limited or reduced mobility, loss of bladder or bowel control
- Condition of the home – home needs repair and/or is inaccessible, old newspapers/magazines lying around, mail stacked up, calendar on wrong month or year, little or no food, strong odors on person or in home, pets are neglected or there are too many, trashed piled up, unclear walkways, yard is overgrown or neglected
- Caregiver stress – caregiver may share that they “should be able to handle this alone – it’s selfish to think of my own needs”, caregiver may complain of feeling exhausted or overwhelmed by the burden of care but unwilling to reach out for help, despair/anger/yelling, caregiver has become impatient, irritable and frustrated with the person they care for and others around them

How to make a referral:

Call: 360-694-8144 or Email: [IAClark@dshs.wa.gov](mailto:IAClark@dshs.wa.gov)

What information to report:

- Vulnerable Adult’s name
- Date of birth, age or approximate age
- Address or directions to their residence or whereabouts
- Telephone number to best reach them
- Brief description of concerns, observations, information that was self-reported or disclosed
- Your name and contact information (optional – helpful but not required)

Staff will then connect the information to appropriate person or department that will connect with the vulnerable adult to access needs and best referrals to help support the person.

Bryan and the volunteers with SWEAP are available to do presentations to your groups – if interested email Bryan at [bryan.anderson@edwardjones.com](mailto:bryan.anderson@edwardjones.com) to arrange.

**NEXT MEETING: Thursday, 8/27 from 9-11am at Trinity Lutheran Church (309 W 39<sup>th</sup> Street)**

**TOPIC: Back to School**