Services, Support & Assistance

The HIV & Hepatitis C Resource Guide

Clackamas County, OR
Clark County, WA
Columbia County, OR
Multnomah County, OR
Washington County, OR
Yamhill County, OR

August 2014

THE HIV & HEPATITIS C RESOURCE GUIDE

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Clark County, WA
Columbia County, OR
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Washington County, OR
Yamhill County, OR

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For corrections call the Hotline at 1.800.777.2437

This guide is also available online at www.oregonaidshotline.com

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INTRODUCTION

The Multnomah County Health Department and Cascade AIDS Project (CAP) provide this guide so that people living with HIV/AIDS can easily find the services they need. This guide is also for those who provide information and referral to HIV/AIDS services.

This guide covers Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County in Washington. The information represents services available at the time the guide was revised. It's a good idea to call ahead to make sure that the services are still offered.
Most services are for low-income people and are free or low-cost, HIV/AIDS-specific, or HIV/AIDS-friendly. We do not list retailers, private practices, or professional offices (such as medical providers or counselors) unless they offer special discounts, services, or access to a limited resource.

HOW HIV/AIDS FUNDING WORKS

The Ryan White CARE Act
In 1990, the U.S. Congress created the Ryan White Comprehensive AIDS Resource Emergency Act, which provides money for the most urgent care needs of people living with HIV/AIDS. States receive some of this money as a block grant (Part B funds). More funds—called Ryan White Part A funds—are given to the hardest hit areas in the country. Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon, and Clark County in Washington, make up a Part A area called the Portland Transitional Grant Area (or Portland TGA).

Ryan-White-funded services—Am I eligible?
Many Ryan-White-funded services are free or low cost. These services operate with very limited funds and are intended to provide assistance only after all other resources have been exhausted. Eligibility depends on the program. Some services are available for anyone living with HIV/AIDS. Others are only for those with low incomes or for those who are disabled by HIV/AIDS.
The symbol ✖ is used to show agencies that receive Ryan White CARE Act funds to provide at least one service.

HIV case managers are your best resource for finding out what services you are eligible for. See Medical Case Management on page 4: This is a very important section to read. You can also call the agencies and ask what their eligibility requirements are.

HOW THIS GUIDE IS ORGANIZED

The agencies in this guide are organized by the kinds of services they provide. The Table of Contents lists service headings to help you locate the services you need.

What to look for in each entry
Use the information listed for each entry as a starting point. Each entry has the following information:

- agency name, address, and telephone number
- TDD/TTY numbers for hearing-impaired individuals
- Internet address
- brief description of the services offered
- availability of interpreters and/or bilingual staff
- availability of American Sign Language (ASL) interpreters

Hours of operation, cost, and other specifics are not always included because of frequent changes. Call each agency for details.

Symbols and what they mean

Agency is located within two blocks of a bus line.

Agency offers a service specifically for people living with HIV/AIDS.

Agency offers a service specifically for people living with hepatitis C.

Agency is wheelchair accessible.

Agency receives Ryan White CARE Act funds to provide at least one service.

Ryan White CARE Act funds help support many important free or low-cost services for low-income people with HIV/AIDS.

You will find a key to these symbols at the bottom of each listings page.

HOW TO GET INVOLVED

Volunteering at an HIV/AIDS-service agency is a good way to get involved. You can ask about volunteer opportunities at an agency that interests you or call the HIV/STD Hotline at 800-777-2437 in Oregon.

If you would like to become involved in planning our system of HIV/AIDS care, contact the HIV Services Planning Council (see below). To find organizations that actively work to improve quality of life for people living with HIV/AIDS, see **Advocacy** in this book.

PLANNING GROUPS

HIV Services Planning Council
Advisory and Planning Group
426 SW Stark St, 4th Floor
Portland, OR 97202
503-988-8803
www.hivportland.org

This volunteer citizen decision-making body sets funding priorities and allocates $3 million in federal Ryan White CARE Act Part A funds for health care and support programs that serve low-income people living with HIV/AIDS in the Portland EMA. The council comprises consumers, care providers, and public health officials; at least 33% of the representatives must be people living with HIV/AIDS. Members must live in Clackamas, Columbia, Multnomah, Washington, or Yamhill counties in Oregon, or Clark County, Washington. Applications for membership are accepted year round. Meetings are held monthly and are open to the public. Call or visit the web site for the latest schedule.

RESOURCES FOR HEPATITIS C AND HIV-HCV COINFECTION

This guide includes resources for people with hepatitis C virus (HCV). Hepatitis C is a blood-borne virus that attacks the liver and is one of the most significant causes of chronic liver disease in the United States. According to Centers for Disease Control & Prevention estimates, over 4 million people in the United States are infected with HCV. Of those, one-quarter are also infected, or coinfected, with HIV.

Hepatitis C can cause liver damage more quickly in individuals who are coinfected with HIV. It can also affect HIV treatment. If you have HIV, it is important to know your HCV status early on. Hepatitis C is common among people infected with HIV who inject drugs, but you also can get it in other ways.

The Hepatitis C chapter at the end of this guide contains services especially for people with hepatitis C. Places that offer services for people with HIV also may have hepatitis C resources. The C+ symbol is used throughout this guide to show agencies that provide at least one service for people with hepatitis C. Another way to find out about HCV services is to call the Oregon HIV/STD Hotline at 800-777-2437.

MEDICAL CASE MANAGEMENT

If you have HIV/AIDS and need help, case management is a good place to start. Case management staff are your best resource for getting services. They can tell you about services and help you get connected. For people with complex needs, they can also:

- share their expertise in coordinating health benefits and meeting needs with limited resources
- offer you assistance and support if you run into problems applying for benefits or services
- evaluate your support systems and suggest ways to strengthen them

Case managers do not take over decision-making or do things for you that you could easily do yourself. They can save you time and hassle by directing you to available resources and helping you work through problems. If coordinating care is especially challenging (for example, for someone who is very ill, is experiencing mental illness, or does not speak English), a case manager can be very helpful. You do not have to be low-income to qualify for case management.

If you're already seeing a doctor, you may be able to get case management through your provider. There are HIV case management staff available at Kaiser, OHSU, Providence, Legacy, and Multnomah County Health Department's HIV Health Services Center.

Clark County Public Health
HIV/AIDS Case Management Program

1601 E Fourth Plain Blvd., 3rd Floor
Vancouver, WA 98666
360-397-8060
www.clark.wa.gov/public-health/hiv/case.html

Help accessing ADAP and insurance primary medical care and medications, adhere to treatment plans, and access supportive services such as housing, transportation, food, mental health and substance use counseling. Services are for Washington residents living with HIV/AIDS.

Multnomah County Health Department
HIV Case Management

426 SW Stark St. 5th Floor
Portland, OR 97204
http://web.multco.us/health/health-services

Located on the 5th floor. **Call 503-988-5020.** Case management provides help in accessing financial aid, treatment, services and health care for people living with HIV. Provided for Multnomah County HIV Clinic clients.

OHSU Partnership Project
HIV Case Management

5525 SE Milwaukie Ave.
Portland, OR 97202
503-230-1202
www.ohsu.edu/partnership

503-230-1213 fax
503-230-1202 intake

For Clackamas, Columbia, Multnomah, Washington and Yamhill County. Services are provided in a culturally and linguistically appropriate manner. Services available in Spanish. Interpretation available as needed. Call the 503.230.1202 x235 for more information.

wheelchair accessible agency receives Ryan White CARE Act funds

GOVERNMENT BENEFITS

Government benefits cover basic needs such as medical care, insurance, and food for people who cannot support themselves. Meeting these basic needs puts you in a better position to focus on improving your health and support systems. It's worth checking to see if you can get these benefits. Case management staff can help you apply.
For additional basic needs programs, see **Basic Needs** section. The agencies in the Basic Needs section operate with limited funds and should be contacted only after you have checked out government benefits.

AM I ELIGIBLE?

Using the Internet, you can check to see whether you are eligible for government benefits before you apply. In some cases you may be able to download applications or apply for benefits online.

OregonHelps
www.oregonhelps.org
Check eligibility for several programs at once, including Oregon Health Plan, Medicaid, Medicare, Food Stamps, Social Security, veterans', WIC, housing, and other benefits. Available in English, Spanish, Russian, and Vietnamese formats.

Veterans Administration
www.va.gov
Check eligibility information and apply for veterans' benefits.

Washington Department of Social & Human Services
www1.dshs.wa.gov/ESA/TEC/
Check eligibility for health and child welfare programs including Medicaid, Food Stamps, financial assistance, and WIC.

BIRTH CERTIFICATES

If you're applying for Medicaid, you may be asked to show a copy of your birth certificate. If you were born in the U.S., you can get your birth certificate from the vital records office (state, county, or city) for where you were born. A fee is charged, and there may be a wait.

Centers for Disease Control
Center for Health Statistics
www.cdc.gov/nchs/howto/w2w/w2welcom.htm
Find vital records offices for all U.S. states and territories. Search by state or territory, or download a printable directory to all vital records offices.

VitalChek
www.vitalchek.com
Search for vital records offices and order birth certificates online (where available). Contains links and contact information to all vital records offices.

FEDERAL

Medicaid & Medicare
Medicaid and Medicare are federally funded health insurance programs. Eligibility is determined by income level, duration and type of disability, and age.

Medicaid
Medicaid is jointly sponsored by state and federal governments and serves low-income people of all ages. Medicaid offers comprehensive medical care that includes doctor visits, hospital care, dental care, drug treatment, and some prescriptions. Oregon provides its Medicaid coverage through the Oregon Health Plan for individuals at or below 138% FPL. In Washington, if your income qualifies, you can apply for Medicaid at the Community Services Office near you or online at www.wahealthplanfinder.org You must be lawfully present in the U.S. and provide a valid Social Security number.

If you are receiving any amount of Supplemental Security Income (SSI), you are automatically eligible for Medicaid. If you stop receiving SSI (generally because you have begun to work), you will be "1619B eligible." This means that you may continue your Medicaid while you are working.

If you are disabled, you may be able to return to work and continue your Medicaid through the Ticket to Work, Employed Persons with Disabilities (Oregon), or Healthcare for Workers with Disabilities (Washington) programs.
CAWEM (Citizen Alien Waived Emergent Medical)
CAWEM is emergency medical coverage for non-citizens who do not meet the Medicaid immigration status requirements. Citizenship/immigration documentation is not required.
CAWEM Plus
CAWEM Plus provides additional benefits for pregnant CAWEM clients

Administration for Children and Families
Low Income Energy Assitance Program (LIEAP)

This federally funded emergency assistance program helps low-income people pay for heating bills during the winter. See the Financial Assistance section of this book for more information and to find an agency in your area that distributes LIEAP funds.

Food & Nutrition Service (USDA)

Women, Infants, & Children (WIC)
800-322-2588 Clinics Near You fax
503-846-3555 Washington County
503-988-3503 Multnomah County
www.oregon.gov/DHS/ph/wic/
www.doh.wa.gov/cfh/wic/

This USDA-funded program provides nutrition education, breast-feeding support, and food vouchers for low-income women who are pregnant or breast-feeding, and infants and children under 5. To be eligible, your household income must be less than 185% of the federal poverty level, and you must have a nutritional need. Call for a screening.

Medicare

Medicare
800-633-4227 TTY
www.medicare.gov

Medicare is offered through the Social Security Administration, and offers basic medical coverage to people over 65 and to some people with disabilities or kidney disease. Medicare is basic medical coverage and does not cover dental care or prescription drugs. If you have been receiving Social Security Disability Insurance (SSDI) for 2 years, you are eligible for Medicare. Prescription drug coverage is available by enrolling in a separate prescription drug plan called Medicare Part D. These plans have premiums and deductibles. If you cannot afford a drug plan, you can apply to have the premiums reduced. If you have HIV or AIDS and live in Oregon, you may qualify to have your premiums paid for through CareAssist .

United States SSA

Social Security Administration (SSA)

800-772-1213
800-325-0778 TTY
www.ssa.gov
Call to apply for SSI or SSDI. The operator will set up an appointment with the Social Security office nearest you or schedule a home visit. Call also for help with claims.
The Social Security Administration (SSA) has two federally funded programs to provide disability income:

Social Security Disability Insurance (SSDI) is for disabled people who have worked and paid Social Security taxes.

Supplemental Security Income (SSI) is for people who are low-income and either blind, disabled, or over 65. SSI can supplement SSDI.

Once enrolled, you will receive checks every month for as long as you are eligible. If you become eligible for at least one dollar of SSI, you are “categorically eligible.” This means that you are eligible for food stamps and Medicaid. If you have been eligible for SSDI benefits for 2 years, you will be eligible for Medicare.

If you apply for SSI, you may want to apply for General Assistance (see below) for income assistance while you wait for a decision on your application.

The Social Security Administration has a unique list of conditions that define what it means to be disabled with HIV/AIDS. You need more than an HIV or AIDS diagnosis to qualify. You must have a disability that will either prevent you from working for at least 12 months or result in death, and you cannot be eligible if the disability was caused by alcohol or drugs. You will want to ask your doctor for more information and help, or contact a case manager. Visit the SSA web site to download a copy of Social Security for People Living with HIV/AIDS, and Disability Benefits.

General Assistance
General Assistance is not currently available in Oregon or Washington.

Once on General Assistance, you will receive checks every month until you start to receive SSI. You also will get food stamps and medical coverage through Medicaid. Once you receive SSI, the total amount you received in General Assistance will be deducted from your SSI award. To apply, call or go to your local Community Services Office for a screening.

US Department of Veterans Affairs (VA)
Veterans Administration
www.hiv.va.gov

The Veterans Administration (VA) has programs that provide eligible veterans with medical care, disability assistance, and other benefits. Call the enrollment office eligibility hotline to see if you are eligible for health care benefits through the Portland VA Medical Center. You can also get eligibility information and apply for benefits online.

OREGON

Cover Oregon-Oregon Health Insurance
Insurance

www.healthcare.gov

1-800-318-2596 TTY:1-855-889-4325
Available 24 hours a day, 7 days a week. Closed Memorial Day, July 4th, Labor Day, Thanksgiving, and Christmas.
or www.coveroregon.com
1-855-268-3767
In Multnomah County: **503-988-2228**
The Affordable Care Act helps those who need medical insurance acquire it and provides financial assistance to help low income individuals pay for it. To enroll in health insurance coverage for 2015 most Oregonianas can apply and enroll through the federal website **healthcare.gov**. Open enrollment period for 2015 coverage is **November 15,2014-February**

15,2015
Oregonians who think they may qualify for the Oregon Health Plan may be able to apply directly to the Oregon Health Authority for coverage. To find out if that is the best way to apply start at OregonHealthCare.gov and complete the screening questions to determine where the best place to aplly is.
Most health care providers and many community organizations are helping people enroll. Please check with your case manager or your providers if you need assistance.

Oregon Health Authority
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
877-398-9238
www.oregon.gov/oha/Pages/index.aspx

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0177
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS access HIV medications by paying for insurance premiums and deductibles, doctor visits,co-pays, and medication co-pays.

Clients whose income is up to 400% of the federal poverty level may be eligible for assistance. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Health Plan
Health Insurance Benefits
800-699-9075
www.oregon.gov/oha/healthplan/Pages/index.aspx

The Oregon Health Plan (OHP) provides comprehensive medical care and limited dental care coverage to low-income Oregonians through programs administered by the Division of Medical Assistance Programs (DMAP).
To learn more about enrollment call Cover Oregon at 1-855-CoverOR or visit CoverOregon.com
If you are already covered and have questions, call your health plan. If you still need help, call OHP Customer Service at 800-699-9075.
Coverage is available to people who earn up to 138 percent of federal poverty limit. Most people will receive their care through a coordinated care organization (CCO). Coordinated care organizations have been established to work for better health, better care and lower costs by focusing on prevention, chronic disease management, earlier intervetions, and reduction of waste and inefficiency in the health system.
Coordinated care organizations are required to meet quality standards that are posted publicly

four times a year. The Oregon Health Authority uses these standards to assess CCOs on how well they are doing in key areas such as access to care, prevention and health screenings, mental health care, among others.
Based on where you live you may have a choice of CCOs available in your county.

WASHINGTON

Clark County Public Health
HealthCare Net

1601 E Fourth Plain Blvd., 3rd Floor
Vancouver, WA 98666
360-397-8060
www.clark.wa.gov/public-health/hiv/case.html

Helps Clark County residents with HIV/AIDS pay for health insurance premiums, deductibles, and co-pays after all other insurance has been billed. Your gross income must be at or below 200% of the federal poverty level. Call for information.

Washington State AIDS Drug Assistance (EIP)
Washington State AIDS Drug Assistance Program. Early Intervention Program (EIP)

877-376-9316
http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HIVAIDS/HIVCareClientServices/ADAPandEIP.as

Pays for a variety of services to help meet the health care needs of low to moderate income people with HIV who live in Washington. Call 1-877-376-9316 or visit the website for more information about applying.

WHERE TO APPLY FOR WHAT

Oregon—Self-Sufficiency Offices
If you live in Oregon and are not disabled, visit the Self-Sufficiency Office below in the area where you live to apply for **Food Stamps**, **financial assistance**, and **medical benefits**. Spanish-speaking staff and other foreign-language speakers available.

Clackamas County

Oregon City 315 S Beavercreek Rd.	971-673-7300
North Clackamas 16440 SE 82nd Drive	503-731-3400

Columbia County

St. Helens 500 N Hwy 30, Suite 210	503-397-1784

Multnomah County

East Portland
1415 SE 122nd Ave. 971-673-0909

Northeast Portland-Hollywood
4425 NE Broadway 971-673-2333

North Portland-Albina
30 N Webster St., Suite A 971-673-6900

North Portland–St. John's
6443 N Lombard St. 971-673-2411

Southeast Portland
3975 SE Powell Blvd. 971-673-2550

Old Town–New Market
50 SW 2nd Ave. 971-673-1400

Gresham
912 NE Kelly Ave. 503-491-1979

Washington County

Beaverton Multiservice Center
15625 SW Greystone Ct. 503-646-9952

Hillsboro Multiservice Center
5300 NE Elam Young Parkway 503-693-4555

Tigard–Cascade Multiservice Center
10777 SW Cascade Blvd. 503-670-9711

Yamhill County

McMinnville
368 NE Norton Lane 503-472-0311

Oregon—Disability Services

If you live in Oregon and are disabled, contact one of the Disability Services offices below in the area where you live to apply for **Food Stamps**, the E**mployed Persons with Disabilities Program (EPD)**, and the **Client-Employed Provider Program**.

Clackamas County

Clackamas Area Agency on Aging
2051 Kaen Rd., Oregon City 503-655-8640

Columbia County

Seniors & People with Disabilities
500 N Hwy. 30, Suite 240, St. Helens 503-397-5863

Multnomah County

Aging & Disability Services East Area
600 NE 8th St., Suite 100, Gresham — 503-988-3840

Aging & Disability Services Mid-County
10615 SE Cherry Blossom Dr., Portland — 503-988-5480

Aging & Disability Services North/Northeast Portland
5325 NE MLK Jr. Blvd. — 503-988-5470

Aging & Disability Services Southeast Portland
4610 SE Belmont St., Suite 200 — 503-988-3660

Aging & Disability Services West Portland
421 SW Oak St. — 503-988-5460

Washington County

Beaverton Disability & Aging Services — 503-627-0362
4805 SW Griffith Dr.

Yamhill County

McMinnville Disability Services Office — 503-472-9441
300 SW Hill Rd.

Washington—Department of Social & Health Services

If you live in Clark County, Washington, contact the Community Services Office below to apply for **Food Stamps, General Assistance, Basic Health, and Medicaid.**

Vancouver

Columbia River Community Services Office — 1-877-501-2233

wheelchair accessible agency receives Ryan White CARE Act funds

ADVOCACY - LEGAL

advocacy
discrimination
legal assistance
political organizations

Advocacy is the active support of a cause, person, or group of people. Agencies in this section offer different ways to advocate for HIV/AIDS issues and services.

ADVOCACY

Compassion of Oregon
Compassion in Dying Services
4224 NE Halsey St, #335
Portland, OR 97213
503-525-1956
www.compassionoforegon.org

Information and support on death-with-dignity-related issues. Advocates for patient rights relating to end of life care, including assisted suicide. Advance directive and hospital authorization forms for unmarried partners available online.

Legal Aid Services of Oregon
Public Benefits Hotline
800-520-5292
www.osbar.org/public/ris/LowCostLegalHelp/LegalAid.html

Advice about problems with government benefits, like what to do if you have been denied public assistance such as Food Stamps, Welfare, SSI, SSDI, or Medicaid (Oregon Health Plan). Serves low-income Oregon residents. Call Monday, Tuesday, and Thursday, 1-4pm, and Wednesday and Friday, 9am-Noon. Spanish-speaking staff available.

National Minority AIDS Council
Advocacy & Policy

Email: Communications@nmac.org fax
202-483-6622
www.nmac.org

Leadership development, technical assistance, and policy work addressing HIV/AIDS within communities of color.

Oregon Law Help
Free Legal Help
www.oregonlawhelp.org

Self-help legal information and legal-aid directory for low-income Oregon residents. Available in English, Spanish, and other languages.

Portland Women's Crisis Line
Domestic and Sexual Violence Crisis Line
PO Box 42610
Portland, OR 97242

503-234-3749 fax
888-235-5333 toll free 503-235-5333 Crisis Line

503-232-9751
www.pwcl.org

Domestic and sexual violence crisis line
Available 24/7. Access to safehomes. Accepts collect calls. Crisis advocacy, information and referral, and emergency transportation from danger to safety available. Advocacy and information referral within legal, medical and mental health systems.
Legal assistance with restraining and stalking orders. Support groups for rape and sexual assault victims and adults survivors of childhood trauma. Access to 140 languages through a language bank.
Community education referral and extensive trainings for volunteers offered. Fax # 503-234-3749

Positive Support Association
General Information

pridelabs@gmail.com
www.positive-support.org

The Positive Support Group (better known as the PSG) is a community based organization made up of actual people who are either HIV Positive themselves, or are friends or family members of a HIV Positive person and has been affected by HIV/AIDS. The PSG is headquartered in Portland, Oregon. The PSG provides updated HIV/AIDS educational resources and relevant information via the website for anyone who was recently diagnosed or for those who are now living with the disease.

DISCRIMINATION

wheelchair accessible agency receives Ryan White CARE Act funds

Bureau of Labor and Industry (BOLI)
Civil Rights Division

800 NE Oregon St., Suite 1045
Portland, OR 97232
971-673-0761
www.oregon.gov/boli

971-673-0762 fax

Call if you believe you have been discriminated against in employment, housing, or public accommodation because of your HIV status. Spanish-speaking staff available. Information about discrimination law is available online.

Clackamas County Department of Human Services
Housing Rights and Resources

2051 Kaen Road
Oregon City, OR 97045
503-650-5750
www.clackamas.us/socialservices/housingrights.html

503-650-5722 fax

Information, referral, and help to file housing complaints and resolve landlord-tenant disputes for Clackamas County residents. Access to Spanish-speaking staff.

Fair Housing Council of Oregon
Legal Assistance

506 SW Sixth Avenue, Suite 1111
Portland, OR 97204
503-223-8197
www.fhco.org

503-223-3396 fax
800-424-3247

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line. E-mail: information@fhco.org.

LEGAL ASSISTANCE

Clark County Volunteer Lawyers Program
Legal Assistance

1409 Franklin St., Suite 101
Vancouver, Washington 98660
360-695-5313
www.ccvlp.org

360-823-0621 fax

Free legal assistance for low-income Clark County residents. Areas include family law, landlord-tenant disputes, bankruptcy, collection. Monday-Friday between 8am-5pm. No waking in service. For emergency assistance call 888-201-1014. Access to foreign-language

interpreters and Spanish-speaking staff.

Legal Aid Services of Oregon
Legal Assistance

800-520-5292
www.osbar.org/public/ris/LowCostLegalHelp/LegalAid.html

Legal assistance for low-income people. Includes landlord-tenant disputes, subsidized housing, government benefits, senior issues, domestic relations, and domestic violence.
Spanish-speaking staff. ASL and other foreign-language interpreters available.

Multnomah & Clackamas County
520 SW 6th Ave, Suite 700
Portland, OR 97204
503-224-4086 or 1-800-228-6958

Washington, Columbia & Yamhill County
223 NE Lincoln St, Suite H
Hillsboro, OR 97124
503-648-1600

Yamhill County
720 NE 3rd St.
McMinnville, OR 97128
503-472-9561

Lewis & Clark Legal Clinic
Legal Assistance

310 SW 4th Ave. Suite 1018
Portland, OR 97204
503-768-6500
www.law.lclark.edu/clinics/legal_clinic/

Teaching clinic for the Northwestern School of Law. Legal interns, under the supervision of attorneys, assist people in the following areas: unemployment compensation hearings, child support modifications, domestic violence issues (including restraining orders), eviction, Chapter 7 bankruptcy, and IRS tax issues.

Services are free to anyone meeting low-income guidelines. Cases involving a court appearance are only accepted if the appearance is in Multnomah County court. Client intake limited to academic semesters. Access to Spanish-speaking staff and volunteers.

Northwest Justice Project
CLEAR
500 W. 8th, Suite 275
Vancouver, WA 98660
888-201-1020
www.nwjustice.org

1-888-201-1014 intake

Free legal assistance with noncriminal issues such as family law, housing, landlord-tenant disputes, senior issues, and problems with public benefits. Serves Washington residents (except King County) who have low income, and seniors over 60 years old. Call weekdays between 9:15am and 12:15pm.

Oregon Bar Association
Referral Service
800-452-8260 Toll Free
503-620-0222; 503-684-3763
www.osbar.org

Statewide lawyer referral service. Reduced-fee services for low-income Oregon residents through the Modest Means Program. Free legal advice and half-hour consultation for youth aged 11 to 17 through the Problem Solvers program.

Oregon Law Help
Free Legal Help
www.oregonlawhelp.org

Self-help legal information and legal-aid directory for low-income Oregon residents. Available in English, Spanish, and other languages.

Washington Law Help
Free Legal Help
www.washingtonlawhelp.org

Self-help legal information and legal-aid directory for low-income Washington residents. Available in English, Spanish, and other languages.

POLITICAL ORGANIZATIONS

National Minority AIDS Council
Advocacy & Policy

Email: Communications@nmac.org fax
202-483-6622
www.nmac.org

Leadership development, technical assistance, and policy work addressing HIV/AIDS within communities of color.

wheelchair accessible agency receives Ryan White CARE Act funds

ALCOHOL & DRUG TREATMENT

help lines
recovery groups
treatment

This section includes alcohol and drug treament programs and recovery groups, including programs specifically for people living with HIV/AIDS.

HELP LINES

Oregon Helplines
Drug & Alcohol
800-923-4357 toll free
503-244-1312
www.linesforlife.org

877-515-7848 Spanish (toll free)
503-244-1611 Youthline
877-968-8491 Youthline (toll free)

RECOVERY GROUPS

12-Step Recovery Groups
Addiction Support
www.pdxaa.com

Contact for a meeting schedule. Ask AA about groups for women only.

Alcoholics Anonymous (AA)
503-223-8569
503-848-0102 Spanish
360-694-3870 Vancouver

Al-Anon & Alateen
www.oregonal-anon.org/index.html

503-292-1333
360-693-5781 Vancouver

Cocaine Anonymous (CA)
503-256-1666

Crystal Meth Anonymous (CMA)
www.crystalmeth.org
855-638-4373

Narcotics Anonymous (NA)

portlandna.com/

503-345-9839

Sex Addicts Anonymous (SAA)
portlandsaa.org/

503-452-5961

Alano Club of Portland
Recovery Meeting Place

909 NW 24th Ave
Portland, OR 97210
503-222-5756
www.portlandalano.org

503-248-0483 fax
info@portlandalano.org

An inviting and supportive community space for individuals and families recovering from alcoholism, drug addiction, and other addictive disorders. Call for schedules. Meeting times vary.

Cascadia Behavioral Healthcare
Triangle Project

2415 SE 43rd Ave., Suite 200
Portland, OR 97206
503-230-9654
www.cascadiabhc.org

503-239-5953 fax
503-674-7777 intake

Outpatient treatment for chemical dependency. Specialized services for gay, lesbian, bisexual, and transgender persons include gay- and lesbian-specific recovery groups and treatment plans, crystal meth treatment for gay and bisexual men, sexual addiction services, and experience working with HIV+ individuals. Services may be free to eligible clients with HIV/AIDS, or have a sliding fee scale. Accepts Oregon Health Plan Plus, limited insurance, and self-pay. ASL and foreign-language interpreters available.

Miracles Club
Drug & Alcohol Support

4200 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-249-8559
www.themiraclesclub.org

12-step recovery club with NA meetings held 7 days a week. Call or drop by for a schedule.

Quest Center for Integrative Health
Finding and Sustaining Recovery Program

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

The Finding and Sustaining Recovery (FSR) program is an abstinence based multi-disciplinary and integrated alcohol, drug, and mental health program using evidence-based approaches to develop and maintain clean and healthy lifestyles. Our client centered program helps people to develop and support a culture and community of recovery through peer mentor engagement, one-on-one counseling, group therapy, and acupuncture. Our program offers level 2.1 intensive outpatient treatment 5 days a week.

Recovery Association Project
Drug & Alcohol Support

11140 SW Barbur Blvd.
Portland , OR 97210
503-908-1837
www.rap-nw.org

971-242-8876 fax

Offers support and resources for people in recovery including residency programs through Oxford Houses. Call or check the web site for more information.

Sexual Minority Youth Resource Center (SMYRC)
SMART Recovery Group

2450 NE Sandy Blvd. Suite 100
Portland, OR 97232
503-872-9664
www.pdxqcenter.org/programs/youth-programs/smyrc/

503-231-3051 fax
info@smyrc.org

A recovery group for sexual minority youth working through various types of addiction. Free for youth under 24 years of age. Call for more information.

TREATMENT

Alpha House - also see CODA
Alpha - Inpatient and Outpatient Treatment
1427 SE 182nd Ave
Portland, OR 97233
503-761-6006
www.codainc.org

Residential and outpatient treatment, HIV education, women and men with or without children,

groups on anger management, social skills, thinking errors, parenting criminality. Russian-speaking staff available. Also see CODA Treatment Recovery Prevention.

Cascadia Behavioral Healthcare
Triangle Project

2415 SE 43rd Ave., Suite 200
Portland, OR 97206
503-230-9654
www.cascadiabhc.org

503-239-5953 fax
503-674-7777 intake

Outpatient treatment for chemical dependency. Specialized services for gay, lesbian, bisexual, and transgender persons include gay- and lesbian-specific recovery groups and treatment plans, crystal meth treatment for gay and bisexual men, sexual addiction services, and experience working with HIV+ individuals. Services may be free to eligible clients with HIV/AIDS, or have a sliding fee scale. Accepts Oregon Health Plan Plus, limited insurance, and self-pay. ASL and foreign-language interpreters available.

Center for Family & Adolescent Research (CFAR)
Youth and Family Drug Treatment

729 NE Oregon St. Suite 150
Portland, OR 97232
503-243-1065
www.ori.org/cfar/portland

503-243-7813 fax
877-251-8183 toll free

Free substance use treatment for adolescents and their families as part of research studies. For families seeking help engaging youth in treatment. Serving Multnomah, Washington, Clark and Clackamas Counties

Central City Concern - Old Town Clinic
Alcohol & Drug Treatment

727 W Burnside St.
Portland, OR 97209
503-228-4533
www.centralcityconcern.org/oldtown.htm

Community Engagement Program, detox, residential treatment for mothers, mentor program, parole transition program, programs for Spanish-speaking youth and adults. Alcohol- and drug-free housing available with case management. Spanish-speaking staff and ASL interpreters available.
Call: 503.294.1681

ChangePoint
Addiction Support

1700 NW 167th Place. Suite 240
Beaverton, OR 97006
360-604-0068
www.changepointinc.com

Outpatient services, cultural & gender-specific programs. Spanish-speaking services available. OHP accepted.

City Team
Recovery Program

526 SE Grand Ave.
Portland, OR 97214
503-231-9334
www.cityteam.org/portland

503-231-8894 fax
portland@cityteam.org

Outpatient recovery program for men struggling with alcohol and drug abuse issues.

CODA
Treatment, Recovery, & Prevention

1027 E Burnside St.
Portland, OR 97214
503-239-8400
www.codainc.org

503-239-8406 fax
admissions@codainc.org

Residential and outpatient treatment includes methadone, detox, and counseling. Offers outpatient services in Portland, Clackamas, Gresham, Hillsboro and Tigard. CODA also works with people with mental illness and substance abuse. Offers residential programs for men in Tigard and Gresham, and for women with small children in Gresham. Offers alcohol and drug free housing for adults with specific needs. Accepts Oregon Health Plan Plus, open card, fee waivers, Title 19, private insurance, and self-pay. Some publicly funded slots available. Spanish-speaking staff available. Access to ASL and other foreign-language interpreters.

Community Services Northwest (CSNW)
Alcohol, Drug & Mental Health

1601 E Fourth Plain Blvd, #17
Vancouver, WA 98661
360-397-8484
www.communityservicesnw.org

360-397-8492 fax
360-696-9560 mental health

Alcohol, drug, and mental health treatment provided in-home and at supportive community locations. Free for low-income Clark County adults living with HIV/AIDS or hepatitis C. Lesbian- and gay-friendly recovery groups, and detox referral. Co-Ed, gender-specific, pregnant and

parenting support groups available. Access to ASL and foreign-language interpreters. Formerly Northwest Recovery Center.

De Paul Treatment Centers
Adult Treatment Services

1312 SW Washington
Portland, OR 97205
503-535-1151
www.depaultreatmentcenters.org

503-535-1190 fax

Residential, outpatient and family therapy alcohol and drug treatment. Outpatient locations in Portland and Hillsboro. Specialized programs for Latino men, and for people with a mental health disorder. Medically supervised detoxification available. Accepts Oregon Health Plan, open card, private insurance, and self-pay. Sliding fee scale and publicly funded services available for HIV+ people. Spanish-speaking staff available. Access to ASL and other foreign-language interpreters.

De Paul Treatment Centers - Youth Center
Drug & Alcohol Support

4310 NE Killingsworth St.
Portland, OR 97218
503-535-1181
www.depaultreatmentcenters.org

503-528-0800 fax

Residential, outpatient and family therapy alcohol and drug treatment for youth aged 12 to 18 at our Youth & Family Center in NE Portland or in Hillsboro. May require parental consent. Accepts Oregon Health Plan, open card, private insurance, and self-pay. Sliding fee scale and publicly funded services available for HIV+ people.

Letty Owings Center
Addiction Support

2545 NE Flanders St.
Portland, OR 97232
503-235-3546
www.centralcityconcern.org/loc.htm

503-235-3791 fax

Residential alcohol and drug treatment program for low-income pregnant women and women with preschool-age children. Free methamphetamine treatment available to Multnomah County residents. Publicly funded services available. Accepts Oregon Health Plan Plus and self-pay. A program of Central City Concern.

Lifeworks Northwest
Alcohol & Drug Treatment

14600 NW Cornell Road
Portland, OR 97229
503-645-3581
www.lifeworksnw.org

503-629-8517 fax
503-645-3581 intake

Multicultural-focused outpatient alcohol and drug treatment services. Services available for people of all ages, cultural backgrounds and abilities. Free alcohol and drug assessments for youth. Residential treatment and transitional housing for women with children. Accepts OHP, open card, private insurance and self-pay. Sliding fee scale and publicly funded services available.

North American Rehabilitation Association (NARA)
Treatment Services

www.naranorthwest.org

Residential and outpatient treatment for Native American and Native Alaskan adults. Outpatient treatment for youth up to age 21. Support services for individuals and families, including children up to age 5, at residential site. Domestic violence, mental health and codependency programs. Accepts Oregon Health Plan, open card, most insurance, and self-pay. Sliding fee scale.

Adult Outpatient Clinic

1631 SW Columbia St.
Portland, OR 97201
503-231-2641 intake
Adult Residential Treatment
17645 NW St Helens Hwy.
Portland, OR 97231
503-621-1069
Outpatient Youth Program
12360 E Burnside
Portland, OR 97233
971.279.4838

OHSU Behavioral Health Clinic
Outpatient Programs

621 SW Alder St., Suite 520
Portland, OR 97205
503-494-4745
www.ohsuhealth.com

503-494-4747 fax

Outpatient alcohol and drug treatment programs include services for people with a mental health diagnosis. Accepts CareOregon (Oregon Health Plan Plus), open card, private insurance, and self-pay. Limited sliding fee scale. Access to ASL and foreign language interpreters.

Project Network
Program of Lifeworks Northwest

3655 N. Garfield St.
Portland, OR 97212
503-335-0855

503-335-8125 fax

Residential alcohol and drug treatment with an African-American focus. Serves chemically addicted women who are pregnant or have an infant under 12 months. Accepts Oregon Health Plan Plus and open card. Includes dual diagnosis, mental health, trauma, and domestic violence groups. Spanish-speaking staff available.

Quest Center for Integrative Health
Finding and Sustaining Recovery Program

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

The Finding and Sustaining Recovery (FSR) program is an abstinence based multi-disciplinary and integrated alcohol, drug, and mental health program using evidence-based approaches to develop and maintain clean and healthy lifestyles. Our client centered program helps people to develop and support a culture and community of recovery through peer mentor engagement, one-on-one counseling, group therapy, and acupuncture. Our program offers level 2.1 intensive outpatient treatment 5 days a week.

RAM Clinic
Drug Abuse & Addiction Information & Treatment

3610 NE 82nd Ave., 2nd Floor
Portland, OR 97220
503-408-9585
www.ramclinic.org

503-408-9456 fax
dave@ramclinic.org

Opiate addiction support, group counseling, individual counseling, community referrals, drug screening, and coordination of care services available. Affordable payment plans. Call for more information.

The Vancouver Clinic - Infectious Disease
Medical Clinic - Infectious Diseases

700 NE 87th Ave
Vancouver, WA 98664
360-882-2778
www.tvc.org/Specialties/InfectiousDisease.ashx?p=1067

HIV/AIDS and hepatitis B and C specialty care. Accepts Basic Health Plan, Early Intervention Program (EIP), and most private insurance. Access to Spanish- and other foreign-language interpreters.

Victory Outreach
Recovery Center

16022 SE Stark St.
Portland, OR 97233
503-335-3264
www.victoryoutreachportland.com

503-335-9828 fax
church@voportland.com

Faith-based residential alcohol and drug program for men and women. Support groups available. No cost. Spanish-speaking staff available.

Yamhill County Health & Human Services
Chemical Dependency

627 NE Evans St.
McMinnville, OR 97218
503-434-7523
www.co.yamhill.or.us/hhs

503-434-7527 intake

Outpatient alcohol and drug treatment for Yamhill County adults. Prevention and early intervention services. Accepts Oregon Health Plan Plus, most insurance, and self-pay. Sliding fee scale. Access to Spanish-speaking staff.

BASIC NEEDS

activities
children
clothing & household items
disability resources
drop-in centers
employment
financial assistance
food & nutrition
funeral & cremation
housing
information & referral
insurance
pets
telephone
transportation

This section includes those things that you need to survive, such as food, clothing, and shelter. Most programs operate on very limited funding.

ACTIVITIES

Cascade AIDS Project
Activities

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Positive Directions
Cascade AIDS Project recognizes that we are all striving to live fuller and healthier lives. The workshops of Positive Directions have been created to support people living with HIV and their loves ones along the path. We look forward to seeing you there!

The Link
A confidential social group for HIV+ gay men, bi-men and trans individuals that offers a safe place for social interaction and discussion, developing friendships and fun in a casual environment. Meets every 2nd Wednesday at Pivot (209 SW Fourth Avenue). For more information or to RSVP, Call The Link information line at (503)278-3868 or thelink@pivotpdx.org

Positive Force
Positive Force is a group of people living with HIV who are out and open about their status. Occasionally meets for socializing and networking opportunities. Call Cascade AIDS Project for more information.

Real Talk
A confidentail educational support group for African-Americans living with HIV to learn new skills and information, share challenges and strategies, and build community. For more information, contact Tricia, (503)278-3833 or tmcclendon@cascadeaids.org

wheelchair accessible agency receives Ryan White CARE Act funds

Reencuentro
Reencuentro is a confidencial social group for HIV+ Latinos, we provide a safe environment and educational material. For more information contact Maricela (503)-278-3823 or mberumen@cascadeaids.org

+alk
A five-session small group program for all people living with HIV designed to reduce stress around discussing your HIV status with friends, family and partners. this program also teaches positive coping skills to develop healthy relationships and negotiate safer sex. To register, contact Benjamin, (503)278-3868 or bgerritz@cascadeaids.org

Positive Support Association
General Information

pridelabs@gmail.com
www.positive-support.org

The Positive Support Group (better known as the PSG) is a community based organization made up of actual people who are either HIV Positive themselves, or are friends or family members of a HIV Positive person and has been affected by HIV/AIDS. The PSG is headquartered in Portland, Oregon. The PSG provides updated HIV/AIDS educational resources and relevant information via the website for anyone who was recently diagnosed or for those who are now living with the disease.

Quest Center for Integrative Health
Wellness

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Yoga classes and social activities for people with HIV/AIDS. Call for more information.

Write Around Portland (WRAP)
Writing Group
133 SW 2nd Ave - Suite 304
Portland, OR 97204
503-796-9224
www.writearound.org

Free creative writing workshops for people. Call for a schedule.

CHILDREN

Cascade AIDS Project
Kids' Connection

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Kids' Connection provides HIV-specific support to children, youth and families who are HIV infected or affected by HIV. Contact Sara at (503) 278-3815, smccrimmon@cascadeaids.org.

CLOTHING & HOUSEHOLD ITEMS

Cascade AIDS Project
Warehouse Project

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Call to get on the waiting list for furniture. Priority is given to tenants who are in Cascade AIDS Project's housing programs. Bilingual Spanish-speaking staff available.

Community Warehouse Northwest
Furniture
3969 NE Martin Luther King Jr. Blvd
Portland, OR 97212
503-235-8786
communitywarehouse.org

Provides case managers with free furniture and household items for low-income clients they are helping. The warehouse does not work directly with clients. Visit the web site for a list of participating agencies.

HIV Day Center
Clothing and Household Items

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Clothing, hygiene kits (such as shampoo, soap), and a laundry room for low-income people living with HIV/AIDS. There are no fees for any of the HIV Day Center services.

wheelchair accessible agency receives Ryan White CARE Act funds

Impact NW
Dancing Tree Family Center

10055 E. Burnside St.
Portland, OR 97216
503-988-6020
www.impactnw.org

Rent, energy, and water bill assistance. Serves Southeast and Northeast Portland. Spanish- and Russian-speaking staff available. Formerly known as Portland Impact.

Metropolitan Community Church of the Gentle Shepherd
Martha's Pantry

1220 NE 68th Street
Vancouver, WA 98665
360-695-1480
www.marthaspantry.com

Clothing, hygiene items, cleaning supplies, and food pantry for low-income people with HIV/AIDS who live in Clark or Skamania counties. Requires a referral from a Clark County HIV case manager. Open Tuesday, 12pm - 3pm, and Thursday, 4-7pm.

Portland Adventist Community Services
Clothing and Household Items

11020 NE Halsey St.
Portland, OR 97220
503-252-8500
503-252-8701 fax
www.pacsonline.org

Limited clothing and household items for low-income people. Open Monday-Friday, 9am - 11am. Call for information.

Tod's Corner
Clothing & Household Goods

10202 SE 32nd Ave. Suite 502
Milwaukie, OR 97222
503-349-4699
503-652-4455 fax
www.ourhouseofportland.org/programs/todscorner

Provides clothing, household goods, cleaning supplies, pet food, and much more to clients with HIV/AIDS. A referral from an HIV case manager is required. Operated by Our House of Portland. Hours: Mondays: Noon-4pm, Tuesdays and Thursdays: 2pm-5pm

DISABILITY RESOURCES

Fair Housing Council of Oregon
Legal Assistance

506 SW Sixth Avenue, Suite 1111
Portland, OR 97204
503-223-8197
www.fhco.org

503-223-3396 fax
800-424-3247

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line. E-mail: information@fhco.org.

Healthcare for Workers with Disabilities (HWD)
Medicaid Assistance
800-871-9275 toll free
206-272-2169

Helps disabled Washington residents who are working full or part time to keep Medicaid. You don't have to be on SSI or SSDI. However, you must have a disability determination from Social Security. Participants pay a monthly premium based on their income sources.

Independent Living Resources
Independent Living

1839 NE Couch
Portland, OR 97232
503-232-7411
www.ilr.org

503-232-7480 fax

Works to make people with any disability more independent in the community. Information and referral, peer support and counseling, support groups, advocacy, skills training, can orientation for loss of sight, deaf and blind services, Americans with Disabilities Act program, and transcription services (translating print into Braille or audio tape).

Oregon Commission for the Blind
Services for the Blind

535 SE 12th
Portland, OR 97214
971-673-1588
www.oregon.gov/Blind/Pages/index.aspx

503-234-7468 fax
888-202-5463 toll free

Provide services for adults including: mobility training, instruction with adaptive computer equipment, braille, living skills training and employment assistance. Staff fluent in ASL and Spanish. Access to other foreign language interpreters.

wheelchair accessible agency receives Ryan White CARE Act funds

Oregon Health Authority
Employed Persons With Disabilities Program (EPD)
800 NE Oregon Street Suite 1105
Portland, OR 97232
877-398-9238
www.oregon.gov/oha/Pages/index.aspx

Helps disabled Oregon residents who are working full or part time obtain or keep Medicaid benefits. This is not a low-income program, and you don't have to be on SSI or SSDI. However, your condition must meet Social Security's definition of what it means to be disabled. Participants pay part of the coverage costs based on their income sources. An Employment Initiative case manager can help determine whether this program will work for you. Contact a Disability services office to apply.

Oregon Public Utility Commission (OPUC)
Telecommunications Devices Access Program (TDAP)

3930 Fairview Industrial Dr. SE
Salem, OR 97302
800-848-4442
www.puc.state.or.us/Pages/rspf/tdap.aspx

503-378-6047 fax
800-648-3458 TTY

Loans telecommunications equipment to hearing-, speech-, vision-, or mobility-impaired individuals who are unable to use a standard phone. Access to Spanish-speaking staff, other foreign-language and ASL interpreters.

Telecommunications Relay Service
Nationwide Service
dial 711
www.fcc.gov/cgb/consumerfacts/711.html

Nationwide relay line provides communications assistance for the hearing impaired and people with speech disabilities. Dial to have an operator as a voice/TTY translator when you call a line that is text-only, or to have an operator restate the speech of someone who is hard to understand (speech-to-speech relay). Voice and hearing carryover can also be arranged.

DROP-IN CENTERS

HIV Day Center
Daily Living

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Drop-in center for low-income people with HIV/AIDS. Meals, clothing, showers, laundry,

hygiene supplies (razors, soap, etc.), and haircuts are available on site. Computers, telephones, and mail drop available for client use at no cost.

Share House
Daily Living

1115 W 13th St
Vancouver, WA 98660
360-695-7658x3302
www.sharevancouver.org

Meals, clothing, showers, laundry, hygiene supplies, mail drop, and other services for homeless adults and children.

Transition Projects, Inc.
Day Center

665 NW Hoyt
Portland, OR 97209
503-280-4700
www.tprojects.org

503-280-4700 fax

Showers, food boxes, short-term residential programs, case management, veteran's services and other services for homeless adults. Mon-Fri 7am-7pm, Sat & Sun 8am-4pm. Spanish-speaking staff available.

EMPLOYMENT

Cascade AIDS Project
Job Club

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Come network with your peers, gain information, share job leads and opportunites, and learn new skills and techniques while enjoying brunch. Job Club aims to work through issues and challenges with job searching in a friendly, respectful setting.

Job Club occurs every Wednesday from 10am-11:30am at Cascade AIDS Project (208 SW 5th Ave. #800).
Questions? Contact Heather Salek at 503.278.3812.

wheelchair accessible agency receives Ryan White CARE Act funds

CNRG Portland
Employment & Volunteering
www.cnrg-portland.org

Trainings, volunteer and employment opportunities, and general information about non-profit agencies in the Portland metro area. Visit the website and click the Opportunity Center link for more information.

Goodwill Industries
Job Connection

1-877-676-5872
www.meetgoodwill.org

Free 30-day job search assistance for people who are disabled or disadvantaged, including due to HIV/AIDS. Provides referrals to employers based on existing job skills and vocational needs. You must be actively seeking work. Call for an appointment and a list of locations. Spanish-speaking staff available at some locations.

Hands On Greater Portland
Volunteering

619 SW 11th Ave, Suite 300
Portland, OR 97205
503-200-3355
www.handsonportland.org

503-200-3356 fax
info@handsonportland.org

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations throughout the Portland metropolitan area. Free placement.

Independent Living Resources
Independent Living

1839 NE Couch
Portland, OR 97232
503-232-7411
www.ilr.org

503-232-7480 fax

Works to make people with any disability more independent in the community. Information and referral, peer support and counseling, support groups, advocacy, skills training, can orientation for loss of sight, deaf and blind services, Americans with Disabilities Act program, and transcription services (translating print into Braille or audio tape).

POZ Magazine
Employment

462 Seven Avenue, 19th Floor
New York, NY 10018-7424
800-973-2376
www.poz.com

Search online for jobs in the HIV/AIDS field. Nationwide listings.

SE Works
Employment Assistance
7916 SE Foster Road, Suite 104
Portland, OR 97206
503-772-2300
503-774-8489 fax
www.seworks.org

Provides employment, training, and supportive services.

Ticket to Work
Employment Assistance
866-833-2967 TDD
866-968-7842 TTY
www.yourtickettowork.com

Helps people on SSI or SSDI return to work or earn more money. If you are eligible, Social Security will send you a ticket which you can use to get free employment and vocational assistance. You don't have to use your ticket right away; you can save it for when you're ready. You may eventually lose your disability benefits once your earnings increase.

Volunteer Match
Volunteering
www.volunteermatch.org

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations in the Portland-Vancouver area. Free placement.

Voz Worker's Rights Education Project (VOZ)
Employment Service for Immigrant and Day Laborers
240 NE MLK Jr. Blvd
Portland, OR 97232
503-234-2043
www.portlandvoz.org

A worker-led organization that empowers immigrants and day laborers to gain control over their working conditions through leadership development, organizing, and community education. Wage claims, ESL classes, computer classes, art classes, music classes, and theatre

group.

WorkSource Oregon
Online Assistance
www.worksourceportlandmetro.org

Search online for job listings and market information. WorkSource centers offer free job search support, including skills assessments, coaching, workshops, and access to telephones, and fax and copy machines. Check the web site for locations.

WorkSource Washington
Employment Assistance
877-872-5627 toll free
www.go2worksource.com

Search online for job listings and market information. WorkSource centers offer free job search support, including skills assessments, coaching, workshops, and access to telephones, and fax and copy machines. Call or check the web site for locations.

FINANCIAL ASSISTANCE

211 Info
Referral Service
621 SW Alder St, Suite 810
Portland, OR 97205
dial 211
www.211info.org
contact@211info.org

Information & referral for non-emergency services for Multnomah, Clackamas, Washington and Clark counties. Referrals for food, shelter, employment, health care, child care and host of various social services. A private, non-profit organization.

If the new 211 number does not work from your calling area there are conventional numbers to reach the service:
Multnomah and Washington County 503-222-5555
Clackamas County 503-655-8861
Clark County 360-694-8899
Cowlitz, Skamania and Wahkiakum Counties 866-698-6155

Cascade AIDS Project
Supportive Housing

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org
503-223-6437 fax
800-499-6940 Spanish

Supportive Housing provides housing case management to assist with long-term housing, short-term housing, and emergency rental assistance. Contact Nicki at (503) 278-3827, nturk@cascadeaids.org.

Clackamas County Social Services
Financial Assistance

2051 Kaen Road
Oregon City, OR 97045
503-655-8640
www.clackamas.us/socialservices/

503-650-5722 fax
503-650-5637 TDD

Assistance with winter heating bills. Serves Clackamas County residents. Spanish-speaking staff available.

Clark County Public Utilities
Payment Assistance Programs

360-992-3000
www.clarkpublicutilities.com

Assistance with winter heating bills for low-income Clark County residents. Also take applications for Operation Warm Heart, which provides assistance for electricity customers who have received a final shut-off notice and have been disconnected, and who are not already receiving public assistance.

Community Action
Energy Assistance

1001 SW Baseline St.
Hillsboro, OR 97123
503-648-6646
www.caowash.org

503-615-0771
Community Action assists low-income households with their heating and electricity costs. The program operates year-round using federal, state, and private funding. Assistance availability depends on funding cycles, donations received, and type of requests. Funds are limited, so there may be times when immediate assistance is not available.

Community Action Team
Information

125 N. 17th Street
St. Helens, OR 97051
503-397-3511
www.cat-team.org

503-397-3290 fax
800-404-3511

Information and referral services; energy assistance for Columbia County residents. Access to Spanish-speaking staff.

Human Solutions
Financial Assistance

12350 SE Powell Blvd.
Portland, OR 97236
503-548-0200
www.humansolutions.org

Rent and energy assistance. Serves Multnomah County. Spanish- and Russian-speaking staff available.
Rental Assistance call 503-907-2795, Energy Assistance call 503-405-7877, Water discount program call 503-548-0217

Impact NW
Dancing Tree Family Center

10055 E. Burnside St.
Portland, OR 97216
503-988-6020
www.impactnw.org

Rent, energy, and water bill assistance. Serves Southeast and Northeast Portland. Spanish- and Russian-speaking staff available. Formerly known as Portland Impact.

Northwest Pilot Project
Housing Assistance

1430 SW Broadway, Suite 200
Portland, OR 97201
503-227-5605
www.nwpilotproject.org

503-274-8559 fax

Housing assistance for Multnomah County residents age 55 and older. Includes emergency, transitional and long-term housing, moving and relocation assistance, and eviction prevention. Access to foreign language and ASL interpreters.

Salvation Army
Rent and Housing Assistance

1500 NE 112 Ave.
Vancouver, WA 98684
360-695-9677
www.vancouver.salvationarmynw.org/

Emergency rent assistance for Clark County residents. For rent assistance Call 360.695.9677 on Tuesdays after 3:00 pm. Housing assistance for homeless or near homeless low income Clark County residents may call 360.695.9677 at any time.

Salvation Army Family Services
Energy Assistance

1712 NE Sandy Blvd
Portland, OR 97232
503-239-1264

Energy assistance for Multnomah County residents. Water bill assistance for Portland residents.

Self Enhancement Inc. (SEI)
SEI Community & Family Programs

3920 North Kerby Ave
Portland, OR 97227
503-249-1721
www.selfenhancement.org

Rent and energy assistance. Serves Northeast Portland. Call (503)240-0828 for eligibility.

St. Vincent de Paul
Financial Assistance

5120 SE Milwaukie Ave.
Portland, OR 97202
503-235-8431
www.svdppdx.org

Rent, energy, and water bill assistance. Serves Downtown and Southeast Portland, Milwaukie, Gresham, and Troutdale. Part-time Spanish-speaking staff available.

wheelchair accessible agency receives Ryan White CARE Act funds

Washington State AIDS Drug Assistance (EIP)
Washington State AIDS Drug Assistance Program. Early Intervention Program (EIP)

877-376-9316
http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HIVAIDS/HIVCareClientServices/ADAPandEIP.as

Pays for a variety of services to help meet the health care needs of low to moderate income people with HIV who live in Washington. Call 1-877-376-9316 or visit the website for more information about applying.

Yamhill Community Action Partnership (YCAP)
Financial Assistance

1317 Dustin Court
McMinnville, OR 97128
503-472-0457
yamhillcap.org

503-472-5555 fax
1-855-216-5289

Energy, rent, and water assistance for Yamhill County residents. Spanish-speaking staff available.

FOOD & NUTRITION

Esther's Pantry
Food Bank

10202 SE 32nd Ave. Suite 601
Milwaukie, OR 97222
503-349-4699
www.ourhouseofportland.org/programs/estherspantry

503-652-4455 fax

Food bank for low-income people with HIV/AIDS. Personal care items also. Available once a month. Open Mondays: Noon-4pm, Tuesdays & Thursdays: 2pm-5pm. Access to Spanish-speaking volunteers. Operated by Our House of Portland.

HIV Day Center
On-Site Meals

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Hot breakfast and lunch for low-income people living with HIV/AIDS. Services are free but donations are accepted. Hours are 9:00 until 3:00 Mon, Tues, Thurs, Fri.. Closed Wednesday, Saturdays & Sundays.

Loaves and Fishes - Meals On Wheels
Home delivered meals
7710 SW 31st Ave
Portland, OR 97219
503-736-6325
www.mealsonwheelspeople.org

Home-delivered meals and hot lunches for Multnomah, Washington, and Clark County residents who are at least 60 years old, or disabled and receiving Medicaid. If you are under 60, you must be referred by a disability case worker. Suggested donation is $3.00 per meal. Call for more information.

Metropolitan Community Church of the Gentle Shepherd
Martha's Pantry
1220 NE 68th Street
Vancouver, WA 98665
360-695-1480
www.marthaspantry.com

Clothing, hygiene items, cleaning supplies, and food pantry for low-income people with HIV/AIDS who live in Clark or Skamania counties. Requires a referral from a Clark County HIV case manager. Open Tuesday, 12pm - 3pm, and Thursday, 4-7pm.

Neighborhood House
Food Boxes

7780 SW Capitol Hwy
Portland, OR 97219
503-246-1663
503-245-2819 fax
www.nhpdx.org

Emergency food boxes available every 30 days to income-eligible residents of Multnomah County. Some hygiene items available. Proof of address required. Call for hours. Spanish -speaking staff available.

Newberg Fish Emergency Services
Food Boxes

125 S. Elliot St.
Newberg, OR 97132
503-538-4444
503-537-2554 fax
www.newbergfish.com

Food boxes provided to eligible clients of Newberg and Dundee. Open Monday, Tuesday, and Thursday, 10:30am-1:30pm. Must demonstrate: Newburg residency, proof of address, income and number of people in family.

Northeast Emergency Food Program
Food Bank

4800 NE 72nd Ave.
Portland, OR 97217
503-284-5470

Food bank for low-income residents of North or Northeast Portland. A three- to five-day supply of food for each family member is available up to 3 times in a six-month period. Open Tuesday, Thursday, and Saturday from 1-4pm.

Oregon Food Bank
Access to Food & Nutrition
7900 NE 33rd Drive
Portland , OR 97211
800-777-7427
www.oregonfoodbank.org

503-282-0555 Multnomah, Clackamas & Clark Counties
503-439-6510 Washington County

Call or visit the web site to locate a food bank or meal site in your area. The Community Basket program provides groceries once a month through agencies in the Portland area.

Portland Adventist Community Services
Food Bank

11020 NE Halsey St.
Portland, OR 97220
503-252-8500
www.pacsonline.org

503-252-8701 fax

Emergency food distribution for low-income people. A three-day supply of food is available every 30 days. Open Monday-Friday, 9am-11am.

Quest Center for Integrative Health
Nutrition Night

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Weekly community nutrition nights designed for learning about healthy cooking and eating, and to support oneself in a healthy lifestyle. Call for schedule and details. Spanish-speaking staff available. Access to other foreign-language interpreters.

Salvation Army
Emergency Food Boxes

1500 NE 112 Ave.
Vancouver, WA 98684
360-695-9677
www.vancouver.salvationarmynw.org/

Emergency food boxes available every 60 days. USDA commodities available monthly to eligible clients. Open Monday-Friday, 1-4:30pm.

Sisters of the Road Cafe
Free or low cost on site meals
133 NW 6th Ave
Portland, OR 97209
503-222-5694
www.sistersoftheroad.org

Free or low cost on site meals

133 NW 6th Ave. Located just North of Burnside on 6th Ave. Open Mon-Fri 10:00 AM to 2:00 PM. Customers reserve a time for their meal (known as a "time-slot") and can do this as early as 9am and time-slots are available until fill all spots for that day. Each time-slot ticket allows $4 worth of food. All first-time customers are offered a fee meal. Returning customers can use SNAP benefits/EBT Cards, Sister's meal coupons, barter work, or if unable to do work and have no other way to pay receive their meal free.

SNAP
Food Stamps
1-800-723-3638
apps.state.or.us/onlineApplication/

Call to find the closest office. You can also apply online.

St. Barnabas Soup Kitchen
Hot Meals
822 SW 2nd St.
McMinnville, OR 97128
503-472-3711
http://www.stbarnabasmcminnville.com/soup.htm

Hot meals served Monday, Wednesday, and Friday, 4-6pm at St. Barnabas Episcopal Church. Free and available to everyone.

St. Vincent de Paul
Food Boxes

5120 SE Milwaukie Ave.
Portland, OR 97202
503-235-8431
www.svdppdx.org

Emergency food boxes available every 30 days for income-eligible residents of Downtown and Southeast Portland, Milwaukie, Gresham, and Troutdale. Open Monday-Friday, 10am-Noon and 1-4pm. Part-time Spanish-speaking staff available.

FUNERAL & CREMATION

Aftercare Cremation & Burial Service
Aftercare Cremation & Burial Service
1304 E Powell Blvd.
Gresham, OR 97030
503-760-3600
503-489-5818 fax
www.aftercarecremationandburial.com

Aftercare provides many of the same professional services as a conventional mortuary at a low cost. No membership fees. Convenient in home arrangements, days or evenings.

Oregon Cremation
Low cost cremation
11667 SE Stevens Road
Happy Valley, OR 97086
503-235-3104
www.oregoncremation.com

Low cost cremation (Multnomah, Clackamas, Washinton, & Clark County) .

HOUSING

DOMESTIC VIOLENCE SHELTER

Bradley-Angle
Domestic Violence Shelter
5432 N. Albina Ave.
Portland, OR 97217
503-595-9591
503-281-2442 crisis line
www.bradleyangle.org

Confidential domestic violence shelter for adults with or without children. Accepts collect calls. Provides community support groups, transitional housing and case management. Spanish-speaking staff available. Access to other foreign-language interpreters.

Raphael House
Domestic Violence Shelter
Confidential Address
Portland, OR
503-222-6507
www.raphaelhouse.com

503-222-6222 crisis line

Provides emergency and transitional housing for women and children. Length of stay in shelter is 3-4 weeks. Accepts collect calls. Support groups and case management provided for women and children in the shelter and transitional housing programs. Some bilingual Spanish/English volunteers available.

HOMELESS SHELTERS

City Team
Emergency Shelter
526 SE Grand Ave.
Portland, OR 97214
503-231-9334
www.cityteam.org/portland

503-231-8894 fax
portland@cityteam.org

Beds for 58 men. Need TB card, no referral needed. Doors open at 5:45 PM. Dinner served. Must attend evening service. Small fee required. Also functions as a drop in center. Call for current schedule.

Clackamas County Social Services
Housing Rights and Resources
2051 Kaen Road
Oregon City, OR 97045
503-655-8640
www.clackamas.us/socialservices/

503-650-5722 fax
503-650-5637 TDD

Information and referral to low-cost housing for low-income residents. Call 503-650-5750 or in Spanish 503-650-5679 weekdays to access homeless shelters in Clackamas County. There may be a waiting list. Access to Spanish-speaking staff.

Housing Solutions Center
Shelter Information
360-695-9677

Call to access shelters in the Vancouver area, 9am-5pm M-F and 11:00pm-2:00pm Sat and Sun.

wheelchair accessible agency receives Ryan White CARE Act funds

Portland Rescue Mission
Emergency Shelter
111 West Burnside St.
Portland, OR 97209
503-906-7690
www.portlandrescuemission.org

Clothing and showers are available to overnight guests. Overnight shelter available for men only, based on a nightly lottery system (held at 6 p.m. ; TB card required). From Nov-March, extra space for men to sleep on mats (lottery held at 8 p.m.).

Salvation Army Female Emergency Shelter
Emergency Shelter
30 SW 2nd Ave
Portland, OR 97204
503-227.0810
safeshelterpdx.org

Emergency shelter for women. No men or children allowed on site. 30-90 day program, but extensions available if you have an active housing plan. Low barrier shelter. 50 beds. Showers, laundry, lockers, case management, and housing assistance are available.

Share House
Shelter Information
1115 W 13th St
Vancouver, WA 98660
360-695-7658x3302
www.sharevancouver.org

Homeless shelter for Men. Call the Clark County Emergency Shelter Clearinghouse to access shelters for women and families. Meals, clothing, showers, laundry, hygiene supplies, mail drop, and other services for homeless adults and children available on site. Call for hours. 30-60 day stay.

Transition Projects, Inc.
Homeless Shelters
665 NW Hoyt
Portland, OR 97209
503-280-4700
503-280-4700 fax
www.tprojects.org

Homeless shelters for men and women. Contact to be put on the waiting list, Monday-Friday, 8am-4pm. Showers, bus tickets, food boxes, rental assistance, and other services available on site. Spanish-speaking staff available.

HOMELESS YOUTH

Boys and Girls Aid
STEP Program
018 SW Boundary Ct.
Portland, OR 97239
503-222-9661
www.boysandgirlsaid.org
503-224-5960 fax

Transitional housing, case management, behavioral rehabilitation, and counseling for Washington County youth aged 10 to 18.

Harry's Mother Crisis Line
Youth / Family Counseling and Support
738 NE Davis St
Portland, OR 97232
503-233-8111
www.janusyouth.org/programs/runaway-youth

24-hour crisis intervention, information, and referral for runaway and at-risk youth aged 9 to 17. Emergency shelter, case management, and family counseling. Spanish-speaking staff available. Access to ASL and foreign-language interpreters. A Janus Youth Program.

Janus Youth Programs - Bridge House
Transitional Housing
503-234-5561 fax
503-238-1702
www.janusyouth.org

Transitional housing program for previously homeless, pregnant or parenting youth ages 16 to 20 in a community living setting. The Changes program provides follow-up financial and case management support to residents transitioning to independent living. Spanish-speaking staff available.

Janus Youth Programs - Street Light Shelter
Emergency Shelter
1635 SW Alder Street
Portland, OR 97205
503-224-5988
www.janusyouth.org

Short-term housing for 30 homeless youth, ages 13 to 20, who are attempting to make changes in their lives. Working with a service coordinator/case manager, youth are guided through the process of exiting street life. Part-time Spanish-speaking staff available.

Janus Youth Programs - Youth Reception Center
Prevention Program
738 NE Davis St.
Portland, OR 97232
503-542-4640
www.janusyouth.org

Homelessness prevention program provides 24-hour crisis intervention for runaway and at-risk youth ages 9-17 who have come in contact with the police.

Oak Bridge Youth Shelter
Homeless Youth Program
360-891-2634 crisis line
www.janusyouth.org

Emergency shelter serves homeless youth ages 9 to 17 and their families in Vancouver. Offers food, case management, medical attention and emergency housing. Access to Spanish-speaking staff. A Janus Youth Program.

Outside In
Homeless Youth Services
1132 SW 13th Ave.
Portland, OR 97205
503-535-3800
www.outsidein.org
503-535-3868 fax
info@outsidein.org

Drop-in center and transitional housing programs for homeless youth under age 24. Includes housing for youth living with HIV/AIDS. Information, support, showers, meals, medical services, crisis counseling, case management, and employment resources. Referral to other services. Call for current hours. Access to Spanish-speaking interpreters.

P:ear
Homeless Youth Support
338 NW 6th Ave.
Portland, OR 97209
503-228-6677
www.pearmentor.org
503-274-9458 fax
info@pearmentor.org

Programs for homeless and transitional youth aged 15 to 24. Includes art and music, outdoor activities, school support, breakfast, and lunch. Referral to other services. Call for current hours.

LONG TERM

Central City Concern
Housing Program

232 NW 6th Avenue
Portland, OR 97209
503-294-1681
www.centralcityconcern.org

503-294-4321 fax

Permanent subsidized and non-subsidized low income housing. Housing for women in recovery with or without children. Includes Section 8, Single Room Occupancy units, alcohol- and drug-free housing, housing for people with HIV/AIDS, and for people with mental health issues. Spanish speaking staff available.
Housing phone number: (503)-525-8483.

Clackamas County Social Services
Housing Rights and Resources

2051 Kaen Road
Oregon City, OR 97045
503-655-8640
www.clackamas.us/socialservices/

503-650-5722 fax
503-650-5637 TDD

Information and referral to low-cost housing for low-income residents. Call 503-650-5750 or in Spanish 503-650-5679 weekdays to access homeless shelters in Clackamas County. There may be a waiting list. Access to Spanish-speaking staff.

Hacienda Community Development
Housing Program

5136 NE 42nd Ave.
Portland, OR 97218
503-595-5211
www.haciendacdc.org

503-595-2116 fax

Low cost apartments in Northeast Portland for applicants who are eligible for HAP section 8 certificates. On-site managers are bilingual in Spanish and English.

Home Forward
Low-cost Housing

135 SW Ash
Portland, OR 97204
503-802-8300
www.homeforward.org

503-802-8554 TTY

Federally funded, low-income housing options include "Section Eight" (Single Room Occupancy) housing and Low Rent Public Housing (LRPH). Disability may qualify you for a priority listing. Affordable private market housing available for low to moderate incomes. Access to ASL and foreign-language translators.

Housing Authority of Yamhill County
Low-cost Housing
135 NE Dunn Place
McMinnville, OR 97128
503-883-4300
www.hayc.org
888-434-6571 toll free

Federally funded low-income housing and rent assistance.

Portland Community Reinvestment Initiatives, Inc. (PCRI)
Affordable Housing
6329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-288-2923
www.pcrihome.org
503-288-2891 fax

Program for low- to moderate-income people to rent single-family homes and apartments. $35 application fee. Accepts Section 8. Works with Cascade AIDS Project to provide housing for people living with HIV/AIDS. Serves North and Northeast Portland.

Portland Housing Center
Housing Assistance
3233 NE Sandy Blvd
Portland, OR 97232
503-282-7744
www.portlandhousingcenter.org
503-736-0101 fax

Classes, counseling, and financial assistance for first-time home buyers. $65 fee. Serves low to moderate incomes. Spanish-speaking staff and classes available.

Reach Community Development
Housing
4150 SW Moody Ave
Portland, OR 97239
503-231-0682
www.reachcdc.org
503-236-3429 fax

Rents houses, studios, and apartments the Portland metro area to low-income people. Accepts Section 8. Home-repair assistance for senior or disabled homeowners. Call to get on the waiting list. Spanish-speaking staff available.

Rose Community Development
Low-cost Housing
5215 SE Duke St. 503-788-8052 fax
Portland, OR 97206
503-788-8052
www.rosecdc.org

Low-cost rentals in outer Southeast Portland for people with low- to moderate-incomes.

SHORT TERM

Human Solutions
Transitional Housing
12350 SE Powell Blvd.
Portland, OR 97236
503-548-0200
www.humansolutions.org

Transitional housing program for low-income families and single parents. Provides permanent, low-income housing for qualifying Multnomah County residents. Housing referral specialists have information on other low-cost housing sources. Staff speaking many languages including Spanish, Russian.

Impact NW
Transitional Housing
10055 E. Burnside St.
Portland, OR 97216
503-988-6020
www.impactnw.org

Emergency and transitional housing and case management for low-income residents of Southeast (and part of Northeast) Portland. Spanish-, Russian-, and Slovak-speaking staff available. Access to other languages. Formerly Portland Impact.
Housing Phone Number: 503-988-6000

Neighborhood House - Turning Point
Housing Program
6552 SW 19th Ave 503-452-2961 fax
Portland, OR 97201
503-246-1663
www.nhpdx.org

Transitional housing program for low-income families. Requires a written referral from a social services agency. Call 503-246.1663 x5001

Yamhill Community Action Partnership (YCAP)
Transitional Housing

1317 Dustin Court
McMinnville, OR 97128
503-472-0457
yamhillcap.org

503-472-5555 fax
1-855-216-5289

Transitional housing program for families that are homeless or at risk of homelessness. Serves low-income Yamhill County residents. Access to Spanish-speaking staff. Limited funding.

Blanchet Farm
Housing Program

11750 NE Finn Hill Loop
Carlton, OR 97111
503-852-6626
www.blanchethouse.org

503-852-4416 fax

Alcohol and drug-free transitional housing for single men who are actively looking for work. Stays range from 3 to 6 months. This program is unable to accommodate people with severe mental or physical disabilities. Call for a screening.

Fair Housing Council of Oregon
Legal Assistance

506 SW Sixth Avenue, Suite 1111
Portland, OR 97204
503-223-8197
www.fhco.org

503-223-3396 fax
800-424-3247

Investigates housing discrimination complaints. Call for information on housing discrimination issues. Spanish-speaking staff available. Access to AT&T language line. E-mail: information@fhco.org.

Housing Connections
Online Assistance

www.housingconnections.org

Search affordable housing rentals online. Includes listing for Section 8, Rent Well, Fresh Start, and special needs housing programs. Information about other housing resources such as homeless shelters, Rent Well classes, and home ownership programs. Serves Multnomah, Washington, Clackamas, Yamhill, and Clark counties.

Northwest Pilot Project
Housing Assistance

1430 SW Broadway, Suite 200
Portland, OR 97201
503-227-5605
www.nwpilotproject.org

503-274-8559 fax

Housing assistance for Multnomah County residents age 55 and older. Includes emergency, transitional and long-term housing, moving and relocation assistance, and eviction prevention. Access to foreign language and ASL interpreters.

INFORMATION & REFERRAL

211 Info
Referral Service
621 SW Alder St, Suite 810
Portland, OR 97205
dial 211
www.211info.org

contact@211info.org

Information & referral for non-emergency services for Multnomah, Clackamas, Washington and Clark counties. Referrals for food, shelter, employment, health care, child care and host of various social services. A private, non-profit organization.

If the new 211 number does not work from your calling area there are conventional numbers to reach the service:
Multnomah and Washington County 503-222-5555
Clackamas County 503-655-8861
Clark County 360-694-8899
Cowlitz, Skamania and Wahkiakum Counties 866-698-6155

Community Action Team
Information

125 N. 17th Street
St. Helens, OR 97051
503-397-3511
www.cat-team.org

503-397-3290 fax
800-404-3511

Information and referral services; energy assistance for Columbia County residents. Access to Spanish-speaking staff.

Portland Women's Crisis Line
Domestic and Sexual Violence Crisis Line
PO Box 42610
Portland, OR 97242

503-232-9751
www.pwcl.org

503-234-3749 fax
888-235-5333 toll free 503-235-5333 Crisis Line

Domestic and sexual violence crisis line
Available 24/7. Access to safehomes. Accepts collect calls. Crisis advocacy, information and referral, and emergency transportation from danger to safety available. Advocacy and information referral within legal, medical and mental health systems.
Legal assistance with restraining and stalking orders. Support groups for rape and sexual assault victims and adults survivors of childhood trauma. Access to 140 languages through a language bank.
Community education referral and extensive trainings for volunteers offered. Fax # 503-234-3749

Yamhill Community Action Partnership (YCAP)
Information & Referral
1317 Dustin Court
McMinnville, OR 97128
503-472-0457
yamhillcap.org

503-472-5555 fax
1-855-216-5289

Yamhill County information & referral. Provides emergency services, an Anti-Poverty Program and services are available in Spanish.

INSURANCE

Cover Oregon-Oregon Health Insurance
Insurance

www.healthcare.gov

1-800-318-2596 TTY:1-855-889-4325
Available 24 hours a day, 7 days a week. Closed Memorial Day, July 4th, Labor Day, Thanksgiving, and Christmas.
or www.coveroregon.com
1-855-268-3767
In Multnomah County: **503-988-2228**
The Affordable Care Act helps those who need medical insurance acquire it and provides financial assistance to help low income individuals pay for it. To enroll in health insurance coverage for 2015 most Oregonianas can apply and enroll through the federal website **healthcare.gov**. Open enrollment period for 2015 coverage is **November 15,2014-February 15,2015**
Oregonians who think they may qualify for the Oregon Health Plan may be able to apply directly

to the Oregon Health Authority for coverage. To find out if that is the best way to apply start at OregonHealthCare.gov and complete the screening questions to determine where the best place to aplly is.
Most health care providers and many community organizations are helping people enroll. Please check with your case manager or your providers if you need assistance.

Oregon Health Authority
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
877-398-9238
www.oregon.gov/oha/Pages/index.aspx

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0177
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS access HIV medications by paying for insurance premiums and deductibles, doctor visits,co-pays, and medication co-pays.

Clients whose income is up to 400% of the federal poverty level may be eligible for assistance. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Health Plan
Health Insurance Benefits
800-699-9075
www.oregon.gov/oha/healthplan/Pages/index.aspx

The Oregon Health Plan (OHP) provides comprehensive medical care and limited dental care coverage to low-income Oregonians through programs administered by the Division of Medical Assistance Programs (DMAP).
To learn more about enrollment call Cover Oregon at 1-855-CoverOR or visit CoverOregon.com
If you are already covered and have questions, call your health plan. If you still need help, call OHP Customer Service at 800-699-9075.
Coverage is available to people who earn up to 138 percent of federal poverty limit. Most people will receive their care through a coordinated care organization (CCO). Coordinated care organizations have been established to work for better health, better care and lower costs by focusing on prevention, chronic disease management, earlier intervetions, and reduction of waste and inefficiency in the health system.
Coordinated care organizations are required to meet quality standards that are posted publicly four times a year. The Oregon Health Authority uses these standards to assess CCOs on how well they are doing in key areas such as access to care, prevention and health screenings, mental

health care, among others.
Based on where you live you may have a choice of CCOs available in your county.

PETS

Paw Team
Pet Assistance
2700 Front Ave, Building J
Portland , OR 97210
971-333-0729
www.pawteam.org

Provides preventative health and basic vet care. You must be homeless, in transition or be referred by a partnering agency to access programs. If you are not homeless, in transitional housing or currently working with an agency that serves the homeless, you may still qualify for our program if you are living at or below the Federally established poverty line for your household.

The Pongo Fund Pet Food Bank
Pet Food Assistance
3632 SE 20th Ave
Portland, OR 97202
503-939-7555
www.thepongofund.org

Open the 2nd and 4th Sunday of each month from 10am-1:30pm. Please always call 503-939-7555 before arrivng to confirm current information.

TELEPHONE

Assurance Wireless
Free Cell Phone
888-898-4888
www.assurancewireless.com

250 FREE voice minutes and unlimited FREE texts each month. Only one per household. Call to see if you qualify.

Community Voice Mail
Free Voice Mail
www.cvm.org

Free, temporary voice mail for low-income people who don't have a phone. Call to find a participating agency in your area. System bilingual in Spanish.
Vancouver
Council for the Homeless
360-699-5106 x104

Oregon Public Utility Commission (OPUC)
Oregon Telephone Assistance Program (OTAP)

3930 Fairview Industrial Dr. SE
Salem, OR 97302
800-848-4442
www.puc.state.or.us/Pages/rspf/tdap.aspx

503-378-6047 fax
800-648-3458 TTY

Up to $12.75 off monthly telephone bills for people on Food Stamps (SNAP),TANF,Supplemental Security Income (SSI), State Medical Programs (at or below 135% of federal poverty guidelines) or Medicaid. Half off the line fee (up to $15) to hook up a new phone. Call to apply. You can also apply online in English or Spanish. Access to foreign-language and ASL interpreters.

Washington Telephone Assistance Program (WTAP)
Discount

1300 S. Evergreen Park Dr.
Olympia, WA 98504
1-888-333-9882
http://www.utc.wa.gov/consumers/telephone/Pages/telephoneAssistanceProgram.aspx

Provides landline telephone rate discounts to low-income households who get assistance from the Department of Social and Health Services (DSHS), including Food Stamps, Medicaid, TANF, and Social Security Income (SSI). Call your telephone company to sign up. If you encounter problems and need assistance, you can call WTAP directly.

TRANSPORTATION

C-TRAN
Bus Service

2425 NE 65th Ave
Vancouver, WA 98661
360-695-0123
www.c-tran.com

503-283-8054 Portland

Public mass transit for Clark County. Senior and disabled discount. Trip planning. Pass-By-Mail. C-Van provides para-transit service for Clark county residents whose disabilities prevent them from using regular C-TRAN service. Call for eligibility requirements and an application; a doctor's approval is required.

Columbia County Rider
Bus Service

503-366-0159

Scheduled bus service between St. Helens and Portland. $6 each way.

HIV Day Center
Bus Passes

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Monthly bus passes for low-income people with HIV/AIDS. Limited supply. For HIV Day Center clients only.

Human Services Council
Transportation Assistance

201 NE 73rd St. Suite 101
Vancouver, WA 98665
360-694-9997 medical
www.hsc-wa.org

360-694-1446 fax
360-258-2103 employment

Transportation assistance for low-income Clark County residents. The Medical Transportation Brokerage serves Medicaid clients who are going to a medical appointment. The Employment Transportation Brokerage provides help getting to work, job interviews, job training sites, and other work-related activities.

Ridecare
Transportation Assistance

900 Marine Drive
Astoria, OR 97103
503-861-0657

888-793-0439 toll free

Transportation assistance for eligible Oregon Health Plan, Cover Oregon and Medicaid clients in Columbia, Tillamook and Clatsop Counties who are going to a medical appointment. Includes rides to Portland, Vancouver, and Longview. Access to part-time Spanish-speaking staff.

Sandy Area Metro (SAM)
Transportation Assistance

16610 Champion Way
Sandy, OR 97055
503-668-3466
www.ci.sandy.or.us/

Scheduled bus service around Sandy, and to Estacada, Gresham, and Rhododendron. Wheelchair van rides to medical service for seniors and people with disabilities. Dial-A-Ride service available to anyone. Requires at least 24 hours advance notice. Schedules available in Spanish.

South Metro Area Regional Transit (SMART)
Transportation Assistance

29799 SW Town Center Loop E
Wilsonville, OR 97070
503-682-7790
www.ridesmart.com

Scheduled bus service around Wilsonville and to Portland, Canby, and Salem. Other transportation needs provided by Dial-A-Ride, with priority given to seniors and people with disabilities. Requires 24 hours notice.

Transportation Reaching People (TRP)
Transportation Assistance

503-655-8208
www.clackamas.us

Volunteer transportation, including wheelchair vans, for seniors and people with disabilities living in Clackamas County. Donations accepted. Requires 1 day advanced notice.

Tri-Met
Honored Citizen Program

503-962-2370 fax
503-802-8200 LIFT
503-962-2455
www.trimet.org

Discounted fares and bus passes available for people with HIV/AIDS through the Honored Citizen program. Requires a doctor's approval. The LIFT program provides wheelchair van service for people whose disabilities prevent them from using regular TriMet service. Call for an application. Access to foreign-language interpreters.

TripLink
Transportation Assistance

888-315-5544 toll free
503-315-5544

Transportation assistance for eligible Oregon Health Plan Plus clients in Marion, Polk, and Yamhill counties who are going to a medical appointment. Includes rides to Portland. Requires 48 hours advance notice. Spanish-speaking staff available.

EMOTIONAL SUPPORT

counseling & therapy
mental health crisis lines
spiritual growth
support groups

This section includes counseling, therapy, and mental health services religious an spiritual resources; and support groups.

COUNSELING & THERAPY

Avel Gordly Center for Healing
Mental Health Services

621 SW Alder St., Suite 520
Portland, OR 97205
503-494-4745

503-494-4747 fax

Offers individual, group and family therapy, outpatient addictions treatment, case management and medical management. Mental health services culturally responsive to the needs of African-Americans and Southeast Asian cultures. Accepts private insurance, self-pay, and offers some sliding fee services. Call intake line (503)-418-5311 for more information.

Cascadia Behavioral Healthcare
Mental Health Services

2415 SE 43rd Ave., Suite 200
Portland, OR 97206
503-230-9654
www.cascadiabhc.org

503-239-5953 fax
503-674-7777 intake

Counseling, crisis services, and medication management for low-income adults and youth. Outpatient gambling addiction treatment. Case management and alcohol- and drug-free housing available for people with a history of substance abuse and mental illness. Serves Multnomah and Clackamas counties. Accepts Oregon Health Plan Plus and Standard, open card, and self-pay on some cases. Access to foreign-language interpreters. Call for other counseling office locations and services.

Community Services Northwest (CSNW)
Mental Health & Addiction Services

1601 E Fourth Plain Blvd, #17
Vancouver, WA 98661
360-397-8484
www.communityservicesnw.org

360-397-8492 fax
360-696-9560 mental health

Free and low-cost mental health and addictions services for low-income Clark County residents. Individual and group counseling, case management, crisis intervention, and medication

management for people with chronic mental illness. Accepts state medical coupons (Medicaid). Access to ASL and foreign-language interpreters. Formerly Mental Health Northwest.

Lifeworks Northwest
Mental Health & Addiction Services

14600 NW Cornell Road
Portland, OR 97229
503-645-3581
www.lifeworksnw.org

503-629-8517 fax
503-645-3581 intake

Low-cost mental health and addiction services for low-income adults and youth in Multnomah, Clackamas and Washington counties. Some services may be free to Washington County residents. Counseling, case management, and medication management for people with chronic mental illness. Specialized services for older adults. Accepts Oregon Health Plan, open card, some private insurance, and self-pay. Sliding fee scale for the uninsured. Spanish- and Russian-speaking staff available. Access to ASL and other foreign-language interpreters.

Lutheran Community Services
Counseling

605 SE Cesar E. Chavez Blvd.
Portland, OR 97214
503-231-7480
www.lcsnw.org

(503)-233-0667 fax

Counseling for adults and families. Multicultural counseling, mental health, violence prevention, foster care, crisis intervention, teen pregnancy prevention, alcohol and drug treatment, advocacy, adoption, senior outreach. Accepts Oregon Health Plan. Staff fluent in a variety of foreign languages. Call for more information.

Quest Center for Integrative Health
Chronic Illness Support

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Counseling, medication management, and a variety of holistic programs for people living with HIV/AIDS, cancer, mental illness, chemical addiction and other chronic illnesses. Free counseling may be available for low-income women living with HIV/AIDS (available through the Women of Wisdom (WOW) program). Accepts Oregon Health Plan (call to verify), and private insurance. Sliding fee scale may be available. Formerly Project Quest.

Sexual Minority Youth Resource Center (SMYRC)
Counseling

2450 NE Sandy Blvd. Suite 100
Portland, OR 97232
503-872-9664
www.pdxqcenter.org/programs/youth-programs/smyrc/

503-231-3051 fax
info@smyrc.org

Umbrella provides affordable, sliding-scale counseling to lesbian, gay, bisexual, transgender and queer (LGBTQ) people of all ages, and FREE counseling to LGBTQ youth 23 and younger. For youth ages 18-23 it is FREE and those older than 24 the cost is $20 per session (sliding scale). Services include assessment, individual counseling, and family counseling. OHP payments are also accepted.

The Wellness Project
Free Counseling Services

317 E 39th St.
Vancouver, WA 98683
360-546-1722
www.communityservicesnw.org

360-397-8494 fax

A free mental health clinic that provides high-quality mental health treatment to uninsured adults. Treatment includes individual and group counseling, community resources and referral, medication management, and peer facilitated treatment groups. Call to make an appointment. A program of Community Services Northwest.

William Temple House
Counseling

2023 NW Hoyt St.
Portland, OR 97209
503-226-3021
www.williamtemple.org

Low-cost counseling for individuals, couples, and families. Client can choose how much he/she can pay, $5-$30 dollars typically. Up to 12 sessions maximum. To be eligible you must apply in person. A counselor will contact you later to schedule an appointment.

Yamhill County Health & Human Services
Adult Mental Health Program

627 NE Evans St.
McMinnville, OR 97218
503-434-7523
www.co.yamhill.or.us/hhs

503-434-7527 intake

wheelchair accessible agency receives Ryan White CARE Act funds

Services for adults include intake and assessment, individual and group therapy, case management and residential services, crisis intervention, pre-commitment services and psychiatric hospitalization screening, psychiatric evaluation and medication management. Open to Yamhill County residents on Oregon Health Plan Plus, and other insurance accepted call to verify. Spanish-speaking staff available.

MENTAL HEALTH CRISIS LINES

Multnomah County Mental Health and Addictions Services Call Center

Telephone Crisis Line
1-800-716-9769
503-988-4888
multco.us/mhas/mental-health-crisis-intervention

The Portland community's hub for individuals and families in crisis. The Call Center is staffed 24 hours a day, 7 days a week with mental health professionals who can help anyone get connected with available resources.

Portland Metro Crisis Lines

Phone Numbers by County

Clackamas County
503-655-8585
888-651-2134 (toll free)

Clark County
360-696-9560
800-626-8137

Columbia County
866-866-1426 (toll free)

Multnomah County
503-988-4888
800-716-9769

Washington County
503-291-9111

Yamhill County
503-434-7528
800-560-5535

Portland Women's Crisis Line
Domestic and Sexual Violence Crisis Line
PO Box 42610
Portland, OR 97242

503-232-9751
www.pwcl.org

503-234-3749 fax
888-235-5333 toll free 503-235-5333 Crisis Line

Domestic and sexual violence crisis line
Available 24/7. Access to safehomes. Accepts collect calls. Crisis advocacy, information and referral, and emergency transportation from danger to safety available. Advocacy and information referral within legal, medical and mental health systems.
Legal assistance with restraining and stalking orders. Support groups for rape and sexual assault victims and adults survivors of childhood trauma. Access to 140 languages through a language bank.
Community education referral and extensive trainings for volunteers offered. Fax # 503-234-3749

SPIRITUAL GROWTH

Metropolitan Community Church of Portland
Ecumenical Christian Church

2400 NE Broadway St.
Portland, OR 97232
503-281-8868
www.mccportland.com

503-281-3933 fax
info@mccportland.com

An ecumenical church with a gay and lesbian focus. Individual pastoral counseling available at church or in-home.

Metropolitan Community Church of the Gentle Shepherd
Ecumenical Church
1220 NE 68th Street
Vancouver, WA 98665
360-695-1480
www.marthaspantry.com

Weekly worship services with a gay and lesbian focus.

SUPPORT GROUPS

Cascade AIDS Project
Positive Talk (+alk)

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

A five-session small group program for people living with HIV designed to reduce stress levels around issues of disclosure to friends, family and sex partners and to teach positive skills in order to create successful personal relationships. An incentive of a $50 gift card is offered upon completion of the program. Must schedule an intake appointment to be eligible, but does not have to be a CAP client.

Dougy Center
Grief/Bereavement Support Groups

3909 SE 52nd Ave.
Portland, OR 97206
503-775-5683
www.dougy.org

503-777-3097 fax
866-775-5683 toll free

Free grief and bereavement support groups for children, youth and young adults up to 30 years old who have experienced the death of a parent, sibling, caregiver, or loved one. Offers peer support, education, and training. Access to Spanish-speaking volunteers. Call for information.

HIV Day Center
Support Services

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php

hivcenter@emoregon.org

Informal and crisis counseling for low-income people with HIV/AIDS.

Legacy Health Systems
Grief/Bereavement Support Groups

503-335-3500

Free grief and bereavement support groups for anyone who has experienced the death of a loved one. Portland and McMinnville locations. Call for the latest schedule. (503.220.100 in the Portland Metro area and 503.472.9685 in the McMinnville area).

Portland
503-220-1000
800-896-6287

McMinnville
503-472-9685
800-361-8506

Pivot
The Link

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

A social group for HIV+ gay and bisexual men. Meets the 2nd Wednesday of the month at 6pm at Pivot. For more information please call 503-278-3868 or e-mail thelink@pivotpdx.org.

Positive Support Association
General Information

pridelabs@gmail.com
www.positive-support.org

The Positive Support Group (better known as the PSG) is a community based organization made up of actual people who are either HIV Positive themselves, or are friends or family members of a HIV Positive person and has been affected by HIV/AIDS. The PSG is headquartered in Portland, Oregon. The PSG provides updated HIV/AIDS educational resources and relevant information via the website for anyone who was recently diagnosed or for those who are now living with the disease.

Quest Center for Integrative Health
HIV Support Groups

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org

info@quest-center.org

Free support groups for low-income people living with HIV/AIDS. Specific groups for gay men, women, and women over 45 years old. Sliding fee scale may be available. Accepts some insurance. Formerly Project Quest.

Women of Wisdom (WOW)
The Women of Wisdom (WOW) program is the only program providing psychosocial support

services to HIV+ women living in Oregon and SW Washington. Provides biweekly meals and social activities for clients; child care provided.

Sexual Minority Youth Resource Center (SMYRC)
Youth Sexual Minority Support

2450 NE Sandy Blvd. Suite 100
Portland, OR 97232
503-872-9664
www.pdxqcenter.org/programs/youth-programs/smyrc/

503-231-3051 fax
info@smyrc.org

Different discussion groups and drop-in hours available for sexual minority youth.Drop-in hours are 4-9pm, Wednesday, Friday, and Saturday.

The Compassionate Friends
Grief/Bereavement Support Groups

PO Box 3065
Portland, OR 97208
503-248-0102
www.tcfportland.org

Grief and bereavement support for people who have experienced the death of a child. Call or visit the website for more information.

GLBTQ RESOURCES

financial aid
health & medical
support
youth

This section includes resources that serve the gay, lesbian, bisexual, transgender and queer communities.

FINANCIAL AID

Oregon Health Authority
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
877-398-9238
www.oregon.gov/oha/Pages/index.aspx

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0177
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS access HIV medications by paying for insurance premiums and deductibles, doctor visits,co-pays, and medication co-pays.

Clients whose income is up to 400% of the federal poverty level may be eligible for assistance. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

HEALTH & MEDICAL

Multnomah County Health Department
Hep A and B Vaccinations
426 SW Stark St. 5th Floor
Portland, OR 97204
http://web.multco.us/health/health-services

Hepatitis A & B vaccinations for individuals receiving a full STD screening. Oregon Health Plan and most private insurance accepted. Call for more information at **503-988-3700**.

wheelchair accessible agency receives Ryan White CARE Act funds

Cascade AIDS Project
Kids' Connection

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Kids' Connection provides HIV-specific support to children, youth and families who are HIV infected or affected by HIV. Contact Sara at (503) 278-3815, smccrimmon@cascadeaids.org.

Gay and Lesbian National Help Center
Support Line

800-246-7743 youth
888-843-4564 toll free
www.glnh.org

Toll free national hotline offering totally anonymous information, referrals and peer counseling. They have listings for gay-friendly businesses, hotels, clubs and doctors, lawyers and therapists. Trained peer counselors are available for questioning youth.

Manifest Men's Wellness Community
Community Center

4906 NE 22 Ave.
Portland, OR 97211
503-223-8822x1
www.manifestpdx.org

info@manifestpdx.org

Social support, wellness, yoga and meditation, nutrition, and networking organization for queer men. Also provides information & referral to men's wellness resources, practitioners, and groups. Check the web site for a calendar of events. Formerly Q-Land.

Multnomah County Mental Health and Addictions Services Call Center
Telephone Crisis Line

1-800-716-9769
503-988-4888
multco.us/mhas/mental-health-crisis-intervention

The Portland community's hub for individuals and families in crisis. The Call Center is staffed 24 hours a day, 7 days a week with mental health professionals who can help anyone get connected with available resources.

Parents and Friends of Lesbians & Gays (PFLAG)
Oregon Chapter

P.O. Box 6743
Portland, OR 97228
503-232-7676
http://pflagpdx.org/wordpress

Support meetings for parents and friends of lesbians and gays. Advocacy and education services available. Call or visit the website for meeting times and locations.

Pivot
A Space for Men into Men

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Pivot is a community space dedicated to the health and wellness of all gay/bi men and trans* people with a focus on sexual health and HIV. Offers a variety of social and educational programming, a community and events space, as well as free STD & HIV testing. Free safer sex supplies also available. Open Tuesday-Saturday. Hours vary. Call or visit website for most current schedule. A program of Cascade AIDS Project.

Portland Women's Crisis Line
Domestic and Sexual Violence Crisis Line
PO Box 42610
Portland, OR 97242

503-234-3749 fax
888-235-5333 toll free 503-235-5333 Crisis Line

503-232-9751
www.pwcl.org

Domestic and sexual violence crisis line
Available 24/7. Access to safehomes. Accepts collect calls. Crisis advocacy, information and referral, and emergency transportation from danger to safety available. Advocacy and information referral within legal, medical and mental health systems.
Legal assistance with restraining and stalking orders. Support groups for rape and sexual assault victims and adults survivors of childhood trauma. Access to 140 languages through a language bank.
Community education referral and extensive trainings for volunteers offered. Fax # 503-234-3749

Q Center
Community Center

4115 N Mississippi Ave.
Portland, OR 97217
503-234-7837
www.pdxqcenter.org

info@pdxQcenter.org

Portland's gay, lesbian, bisexual, transgender, and queer community center. Call for walk-in hours and check the web site for a schedule of events.

Sexual Minority Youth Resource Center (SMYRC)
Community Center

2450 NE Sandy Blvd. Suite 100
Portland, OR 97232
503-872-9664
www.pdxqcenter.org/programs/youth-programs/smyrc/

503-231-3051 fax
info@smyrc.org

Drop-in recreation center for gay, lesbian, bisexual, and transgender youth aged 12-23 and under. Open Wednesday, Friday, and Saturday, 4–9pm. Recreation activities, mentoring, computer access, food clothes, hygine products, resource center and resource referals. Counseling for youth and their families. Case management and advocacy for youth.

Triple Point - Children's Home Society
GLBTQ Youth Social Support

P.O. Box 605
Vancouver, WA 98666
360-695-1325
www.chs-wa.org/triplepoint.htm

Local youth group for gay, lesbian, bisexual, transgender, questioning, and straight ally youth, ages 13-18 years old. Currently provides a safe space, support, education, information and referral services through Children's Home Society of Washington.

Washington County Pride Project
Social Support

3024 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-260-5792
www.prideproject.org

Prevention-focused social and support group for gay, lesbian, bisexual, and transgender youth aged 21 and under. Meets weekly in Beaverton, Sherwood and Hillsboro. Call or visit website for location. Bilingual Spanish-speaking staff.

Sexual Minority Youth Resource Center (SMYRC)
Counseling

2450 NE Sandy Blvd. Suite 100
Portland, OR 97232
503-872-9664
www.pdxqcenter.org/programs/youth-programs/smyrc/

503-231-3051 fax
info@smyrc.org

Umbrella provides affordable, sliding-scale counseling to lesbian, gay, bisexual, transgender and queer (LGBTQ) people of all ages, and FREE counseling to LGBTQ youth 23 and younger. For youth ages 18-23 it is FREE and those older than 24 the cost is $20 per session (sliding scale). Services include assessment, individual counseling, and family counseling. OHP payments are also accepted.

HEPATITIS C

hepatitis c support
hepatitis c testing & care
hepatitis c treatment
hepatitis information

This section lists resources specifically for people with hepatitis C, including medical care, hepatitis A and B vaccinations, and support groups. You should check listings in other sections of this guide for additional services that may be available.

HEPATITIS C SUPPORT

Hepatitis C Advocate
Support Groups

www.hcvadvocate.org

To locate a support group in your area visit www.hcvadvocate.org/community/groups.asp.

Northwest Hepatitis C Resource Center
Support

3710 SW. U.S. Veterans Hospital Rd
Portland, OR 97239
503-273-5264
www.hepatitis.va.gov

Education, support groups and counseling for veterans living with hepatitis C.

HEPATITIS C TESTING & CARE

Testing for hepatitis C is available at clinics, alcohol and drug treatment centers, private doctors, and other locations. Most test only people with high risk, such as those who have used injection drugs.
To get care for hepatitis C, you will need to visit a doctor. Because resources are limited, some private providers have been included. This does not imply approval or recommendation of any particular provider.

Central City Concern
Health Services - Hepatitis C

232 NW 6th Avenue
Portland, OR 97209
503-294-1681
www.centralcityconcern.org

503-294-4321 fax

Primary care, naturopathy, acupuncture, Chinese medicine, mental health, and addiction treatment for homeless and low-income people. Includes testing for hepatitis C and hepatitis A

and B vaccinations. Call for an appointment. Accepts Oregon Health Plan, private insurance, and uninsured (limited capacity). Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.
Location of Services: Old Town Clinic 727 W. Burnside. Portland, OR 97209
Call: (503) 228-4533

Clackamas County Community Health Centers
Hepatitis Services

Primary care services for Clackamas County residents. Includes screening and testing for hepatitis C, and hepatitis A and B vaccinations. Call for eligibility and an appointment. Spanish-speaking staff available. Access to other foreign-language interpreters.

Beavercreek Health Center
1425 Beavercreek Rd.
Oregon City, OR 97045
503-655-8471
503-655-8475 Spanish
503-655-8349 TDD
503-722-6621 fax

Sandy Health Center
37400 SE Bell St.
Sandy, OR 97055
503-655-8471

Molalla Health Center
218 Center Ave.
Molalla, OR 97038
503-723-2944

Clackamas Service Center
Hepatitis C Testing

8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Free Hepatitis C testing and Hepatitis A and B vaccinations, available on The Outside In medical van. The van is at the Clackamas County Service Center Tuesdays and Thursdays from 9:00am-noon and 1-5:00pm. Syringe Exchange through Outside In is also available on Thursdays from 2-5:00pm.

wheelchair accessible agency receives Ryan White CARE Act funds

Clark County Public Health - Harm Reduction Center
Hepatitis C Testing

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-750-8610

Free hepatitis C testing for injection drug users and their sex partners, every Monday and Wednesday from 3–5:30pm, and Friday from 3–4:30pm.

MCHD Community Immunization Clinic
Vaccinations

426 SW Stark St., 3rd Floor
Portland, OR 97204
503-988-3406
multco.us/health/immunizations

Offers childhood vaccinations. It also offers a variety of immunization services for adults including hepatitis A & B vaccines, blood draws for antibody testing (titers) and TB testing. Clinic hours are Tuesday 8:00-11:00am, Wednesday 1:00-4:00pm and Thursday 9-11:15 am and 1-4 p.m. Appointment required. Spanish-speaking staff available.

Multnomah County Community Health Centers
Hepatitis Services

503-988-5558 eligibility/intake
multco.us/health/primary-care-clinics

Primary care services for low-income Multnomah County residents. Includes testing for hepatitis C, HIV, and sexually transmitted diseases for highest-risk persons. Hepatitis A and B vaccinations for people with hepatitis C and others at risk. Refers to OHSU Hepatology clinic for liver biopsies and hepatitis C treatment. Capacity is limited. Call for eligibility and intake. There may be a long wait for an appointment, and some clinics may be closed to new patients. Accepts Oregon Health Plan, and most Medicaid and Medicare insurance. Sliding fee scale. Access to ASL and foreign-language interpreters.

East County Health Center
600 NE 8th Ave.
Gresham, OR 97030
503-988-5155
Rockwood Heatlh Center
2020 SE 182nd ave.
Gresham OR, 97233
503.988.5400

La Clinica de Buena Salud – Portland
6736 NE Killingsworth St., Suite 100
Portland, OR 97218
503-988-3991
(Serves low-income children and families. Staff bilingual in English and Spanish.)

Mid County Health Center
12710 SE Division St.
Portland, OR 97236
503-988-3601

Northeast Health Center
5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-5183

North Portland Health Center
9000 N Lombard St.
Portland, OR 97203
503-988-5304

Southeast Health Center
3653 SE 34th Ave.
Portland, OR 97202
503-988-5140

NARA Indian Health Clinic
Hepatitis C Testing

15 N Morris St.
Portland, OR 97227
503-230-9875
www.naranorthwest.org

503-230-9877 fax

Primary-care clinic offers screening and testing for hepatitis C. Serves Native Americans and Native Alaskans. Accepts Oregon Health Plan Plus and Standard, open card, private insurance, and uninsured. Call for eligibility and to make an appointment.

OHSU Division of Gastroenterology & Hepatology
Hepatitis Services

3303 SW Bond Ave.
Portland, OR 97239
503-494-4373

Hepatitis C specialty care includes liver biopsies, PCR, ALT/AST tests, hepatitis C education, and a full health evaluation. Requires a referral from a primary care physician. Accepts Oregon Health Plan Plus and Standard, private insurance, and self-pay. Financial assistance available for low-income people with no insurance. Call for eligibility and to make an appointment.

OHSU Richmond Family Medicine
Hepatitis Services

3930 SE Division St.
Portland, OR 97202
503-418-3900
503-418-3939 fax
http://www.ohsu.edu/xd/health/services/family-medicine/clinic/richmond/

Primary care clinics offer hepatitis screening and testing, vaccinations, and referrals to the OHSU Hepatology Clinic. Flexible hours. Sliding fee scale for low-income and uninsured Southeast Portland residents. If you live in this area they will also accept Oregon Health Plan (Plus and Standard), and open card. Call for eligibility and to make an appointment.

Open Gate Acupuncture and Herb Clinic
Complementary Medicine

1011 E. Burnside
Portland, OR 97214
503-232-3857
www.opengateclinic.com

Acupuncture, jin shin jyutusu, massage, Chinese herbal medicine, and vitamins. Limited sliding fee scale for low-income people. Open daily.

Oregon Health & Science University - Internal Medicine
Hepatitis Services

3181 Sam Jackson Park Rd.
Portland, OR 97239
503-494-8562
www.ohsuhealth.com
503-494-6344 fax
503-494-8311 OHSU information

Primary care and case management for people with HIV-hepatitis C coinfection. Includes screening and testing, hepatitis A and B vaccinations, behavioral health counseling, and clinical trials. Accepts Oregon Health Plan (CareOregon) and private insurance.

Outside In
Community Health Clinic

1132 SW 13th Ave.
Portland, OR 97205
503-535-3800
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Walk-in primary care clinic for homeless and low-income youth and adults. Transgender medical clinic once a month. Sliding-fee scale visits and low-cost medications and lab work. Accepts CareOregon, Oregon Health Plan, Family Care, Providence OHP or self-pay. Acupuncture, dental care and tattoo removal available by appointment. Referral to specialist care and medical housing vouchers given as needed. Call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

Outside In - Hepatitis Services
Testing & Care

www.outsidein.org

IDU Health Services
1219 SW Main St.
Portland, OR 97205
971-544-1574

Free hepatitis C testing for injectors and partners of people infected with hepatitis C. Available on a walk-in basis during needle exchange, Monday–Friday, from 1–5PM.

Medical Clinic
1132 SW 13th Ave.
Portland, OR 97205
503-535-3890

Hepatitis C testing for injectors and partners of those infected with hepatitis C. Hepatitis A and B vaccinations for homeless youth. Serves homeless and low-income youth and adults under 30. Sliding fee scale. Available on a walk-in basis. Spanish-speaking staff available. Access to other foreign-language interpreters.

Portland VA Medical Center (PVAMC)
Medical Clinic - Infectious Diseases

3710 SW US Veteran's Hospital Road
Portland, OR 97239
503-220-8262 x 55069
www.va.gov/portland

Offers HIV and hepatitis C care for service-eligible veterans only. Access to ASL and foreign-language interpreters. Call for enrollment and eligibility options.

Providence Infectious Disease Consultants-
Hepatitis Services

5050 NE Hoyt St. Suite 540
Portland, OR 97213
503-215-6601
www.providence.org/oregon

503-215-6727 fax

infectious disease speciality care for adults, provided through the internal medicine residency program. Includes hepatitis C testing and hepatitis A and B vaccinations. On-site social worker. Call for an appointment.The providers at Providence Infectious Disease Consultants-East require a referral from a patient's primary physician. Financial assistance available for low income and the uninsured.

The Oregon Clinic
Hepatitis Services

1111 NE 99th Ave., Suite 301
Portland, OR 97220
503-963-2707
www.oregonclinic.com

Hepatitis specialty care and treatment for patients with most private insurance. Requires referral from primary care physician and completion of a hepatitis questionnaire. Accepts some Oregon Health Plan Plus and Standard, open card, and self-pay (up-front payment required). Call for insurance eligibility.

The Public Heatlh Foundation of Columbia County
Hepatitis Testing & Vaccinations

2370 Gable Rd.
St. Helens, OR 97051
503-397-4651
http://www.tphfcc.org/

503-397-1424 fax
800-244-4870 toll free

Screening and testing for hepatitis C, and hepatitis A and B vaccinations. Serves Columbia County residents. Call for an appointment. Accepts Oregon Health Plan, private insurance, and self-pay. No one refused service if they cannot pay. Spanish-speaking staff available.

Westover Heights Clinic
Infectious Disease Clinic

2330 NW Flanders Suite 207
Portland, OR 97210
503-226-6678
www.westoverheights.com

Private clinic provides testing and follow-up care for sexually transmitted and infectious diseases, including hepatitis A, B, and C, HIV, gonorrhea, chlamydia, herpes, and syphilis. Vaccinations for hepatitis A and B. Discount for up-front payment. Accepts most private insurance. No Oregon Health Plan or Medicare. Access to Spanish-speaking staff.

Yamhill County Public Health
Hepatitis Services

412 NE Ford Street
McMinnville, OR 97128
503-434-7525
hhs.co.yamhill.or.us/hhs-ph

503-472-9731 fax

$14 for hepatitis C testing, available to highest-risk persons. Vaccinations for hepatitis A and B. Call for hours or to make an appointment. Spanish-speaking staff available.

HEPATITIS C TREATMENT

Although hepatitis C can be treated, the treatment is not appropriate for everyone. Some treatments require that you are clean and sober. It's important to see a health-care provider to create a plan that best supports your needs and protects your health.

Hepatitis C Advocate
Treatment Information

www.hcvadvocate.org

Information, fact sheets, and news about hepatitis C treatments and policy. Links to other sites. Available in English and Spanish.

Hepatitis C Caring Ambassadors Program
Information

P.O. Box 1748
Oregon City, OR 97045
503-632-9032
www.hepcchallenge.org

877-737-HEPC toll free

Information about hepatitis C treatments, disease management, and awareness available in

print and online.

Merck
Information

800-521-7157
http://www.merckhelps.com/

Information about PegIntron®, the brand names for the medication Peginterferon alfa -2b from the company (Merck) that makes the medication. PegIntron® is a medications that may be used in hepatitis C treatment regimens. (Note that there are different brand names for hepatitis C medications.) The website contains information about the hepatitis C treatment, and taking medications. There is also a support program offered by the company for patients taking PegIntron®.

Roche
Treatment Information

877-757-6243
877-734-2797 toll free
www.pegasys.com

Information about Pegasys® and Copegasys®, the brand names for the medications interferon alfa-2a and ribavirin, USP from the company (Roche) that makes both of the medications. Pegasys®i and Copegasys® are two medications that may be used in hepatitis C treatment regimens. (Note that there are different brand names for hepatitis C medications.) The website contains information about the hepatitis C treatment, and taking medications. There is also a support program offered by the company for patients taking Pegasys and Copegasys®.

United Network for Organ Sharing
Liver Transplant Information

888-894-6361
www.unos.org

Provides information about organ transplantation and has a list of transplant centers with liver transplant programs. Call or visit website for waiting lists and more information.

HEPATITIS INFORMATION

American Liver Foundation
Health Information

800-465-4837
www.liverfoundation.org

Click “Liver Health” to find news articles and information on hepatitis C. Available in English and Spanish.

Centers for Disease Control & Prevention - Hepatitis
Web Site

1-800-232-4636
www.cdc.gov/hepatitis

This website contains up to date information about viral hepatitis and links to additional information and groups.

Hep C Connection
Hepatitis C Hotline

800-522-4372 toll free
www.hepc-connection.org

The organization's mission is to educate the general public about hepatitis C and to provide resources and support for those affected by the virus. Hep C Connection offers a helpline to answer your questions regarding hepatitis C (HCV). You can expect respect, patience & understanding, in clear, jargon-free language from their staff & volunteers.

Oregon HIV/STD Hotline
Hepatitis Information

800-499-6940 (Spanish)
800-777-2437
www.oregonaidshotline.com

Call for information about local hepatitis C resources.

Veteran's Administration National Hepatitis C Program
Web Site

www.hepatitis.va.gov

Hepatitis information for patients and health-care providers.

MEDICAL & DENTAL

alternative, dental & vision clinics
hiv medical case management
home health, hospice & residential care
medical equipment
medication
physician referral

This section will contain information on low-cost medical clinics, dental services, medications and physician referrals.

ALTERNATIVE, DENTAL & VISION

Central City Concern - Old Town Clinic
Complementary Medicine

727 W Burnside St.
Portland, OR 97209
503-228-4533
www.centralcityconcern.org/oldtown.htm

Low-cost acupuncture, naturopathic care, massage therapy, and Chinese herbal medicine. Free or sliding fee scale for low-income people living with HIV/AIDS. Specializes in addiction treatment. Spanish-speaking staff available.

Clackamas County Health Department
Dental Clinic

1425 Beavercreek Rd.
Oregon City, OR 97045
503-655-8471

503-557-5890 fax

Providing dental care to the following groups:OHP clients, low income/uninsured children and adults who are residents of Clackamas County including migrant/seasonal farm-workers. Urgent and routine services only, including fillings and extractions. No restorative work.

Healing Arts Center
Complementary Medicine
707 NE 5th St.
McMinnville, OR 97128
503-472-5797
www.healingartscenter.com
mail@healingartscenter707.com

Acupuncture, massage, and Chinese herbal medicine. Accepts some insurance. Call for more information and to schedule an appointment.

Health Centers of UWS
Chiropractic Services

315 SW 4th Avenue
Portland, OR 97204
503-223-2213
www.healthcentersofuws.com/downtown/
503-223-8477 fax

Offers sliding fee scale chiropractic services. Accepts walk-ins but honors appointments first. Offers chiropractic services for those without chiropractic insurance coverage and considered low income. OHP patients accepted. Spanish-speaking staff available.

HIV Day Center
Volunteer Complementary Medicine

2941 NE Ainsworth
Portland, OR 97211
503-460-3822
www.emoregon.org/HIV-day_center.php
hivcenter@emoregon.org

Massage, haircuts, foot care and acupuncture are provided by volunteer practitioners to those living with HIV/AIDS.

Institute for Traditional Medicine
Immune Enhancement Project

2009 SE Hawthorne Blvd.
Portland, OR 97215
503-233-4907
www.itmonline.org
503-223-1017 fax

Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance. **Call 503-233-2101.**

Legacy Devers Eye Institute Memorial Eye Clinic
Low/No-Cost Eye Clinic

1040 NW 22nd Ave. N168
Portland, OR 97210
503-473-7022
www.lhs.org

503-416-7006 fax

Medically necessary vision services, available free for people with Oregon Health Plan and HMO-Oregon, or for those who do not qualify for Oregon Health Plan but meet the clinic's financial guidelines. Call for an appointment eligibility and to make an appointment. Access to ASL and foreign-language interpreters.

Multnomah County Health Department - Dental Access Program
Urgent Care
503-988-6942

Emergency dental care for uninsured, low-income Multnomah County residents, provided by county dental clinics and other participating providers. Sliding fee scale. Call for eligibility and appointment.

Multnomah County Health Department - Dental Clinics
Dental Care

Urgent care for low-income people and uninsured children. Routine care (no braces) for Multnomah County residents on the Oregon Health Plan. Sliding fee scale. Call for an appointment. Access to foreign language interpreters.

Billi Odegaard Dental Clinic
33 NW Broadway, Ste 380
Portland, OR 97209
Phone:503-988-5770
Hours: Monday-Friday, 7:30am-6:30pm

Northeast Dental Clinic
5329 NE Martin Luther King Jr. Blvd
Portland, OR 97111
Phone: (503) 988-3664
Hours: Monday-Friday, 7:30am-6:30pm

Southeast Dental Clinic
3653 SE 34th Ave
Portland, OR 97202
Phone: (503) 988-4410
Hours: Monday-Friday, 7:30am-6:30pm

Mid-County Dental Clinic
12710 SE Division St
Portland, OR 97236
Phone: (503) 988-3410
Hours: Monday-Friday, 7:30am-6:30pm

East County Dental Clinic
600 NE 8th St
Gresham, OR 97030
Phone: (503) 988-4900
Hours: Monday-Friday, 7:30am-6:30pm
Rockwood Dental Clinic
2020 SE 182nd Ave
Portland, OR 97233
Phone: 503-988-4988
Hours: Monday-Friday, 7:30am-6:30pm

OHSU Casey Eye Institute
Eye Clinics

https://www.ohsu.edu/xd/health/services/casey-eye/

Sliding fee scale for medically necessary vision treatment for the uninsured. Excludes routine vision exams or glasses. Also accepts Oregon Health Plan Plus and Standard. On-site social worker available. Access to ASL and foreign-language interpreters.
Elks Children's Eye Clinic
3375 SW Terwilliger Blvd.
Portland, OR 97239
503-494-7830
503-494-5347 fax

Casey Eye Comprehensive Ophthalmology
3303 SW Bond Ave.
Portland, OR 97239
503-494-7672
503-418-0049 fax
(Serves adults.)

OHSU Russel Street Dental Clinic
Dental Care

214 N Russell Street
Portland, OR 97227
503-494-6822

Low-cost dental program for insured or uninsured people living with HIV/AIDS. Services include diagnostic and preventative, restorative, periodontics, prosthetics, endodontics, and crown and bridge procedures. Call for appointment and screening. **You must say that you are a Ryan White client when calling to make your initial appointment.** Access to other foreign-language interpreters. Call for eligibility and current services.

OHSU School of Dentistry
Urgent Care

2730 SW Moody Ave
Portland, OR 97201
503-494-8867
www.ohsu.edu/sod

Urgent dental care at reduced fees, up to $250 maximum. Capacity is limited. Call to make an appointment. Medicaid is accepted (ODS and Capital Dental Care only) call for more information. Student care providers. Access to ASL and foreign-language interpreters.

Open Gate Acupuncture and Herb Clinic
Complementary Medicine

1011 E. Burnside
Portland, OR 97214
503-232-3857
www.opengateclinic.com

Acupuncture, jin shin jyutusu, massage, Chinese herbal medicine, and vitamins. Limited sliding fee scale for low-income people. Open daily.

Oregon College of Oriental Medicine
Complementary Medicine

75 NW Couch Street (4th floor)
Portland, OR 97209
503-253-3443
www.ocom.edu/

503-445-0951 fax

Teaching clinic offers low-cost acupuncture, herbal medicine, and massage. Meditation workshops teach pain management. Student providers. $25 flat fee. Private practitioners available for specialized care. Spanish- and Chinese-speaking staff available.

Oregon School of Massage
Massage Clinic

9500 SW Barbur Blvd. Suite 100
Portland, OR 97219
503-244-3420
www.oregonschoolofmassage.com

503-244-1815 fax

Clinic open to the public by appointment. Student providers.

Outside In
Acupuncture and Naturopathic Care

1132 SW 13th Ave.
Portland, OR 97205
503-535-3800
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Low-cost acupuncture and naturopathic care for homeless and low-income youth and young adults, provided by interns from the Oregon College of Oriental Medicine and the National College of Natural Medicine. Spanish-speaking staff available. Access to other foreign-language interpreters. Call for an appointment and walk-in hours.

Pacific University College of Optometry
Low-cost Eye Clinics

www.pacificu.edu/optometry

Full-service vision centers at the locations below. Southeast Portland location at Multnomah County Southeast Health Center. Accepts Oregon Health Plan (CareOregon), open card, and self-pay. Sliding fee scale. Spanish-speaking staff available. Access to ASL and foreign-language interpreters.

Pacific Eyeclinic Portland
511 SW 10th Ave., Suite 500
Portland, OR 97205
503-352-2500
503-352-2523 fax

Hillsboro
222 SE 8th Ave.
Hillsboro, OR 97123
503-352-7300
503-352-7220 fax

Forest Grove Family Vision Center

Pacific University Jefferson Hall
Pacific Ave. & Cedar St.
Forest Grove, OR 97116
503 352-2020
503-352-2261 fax

Beaverton Eyeclinic
12600 SW Crescent St, Suite 130
Beaverton, OR 97005
(503)352-1699
(503)352-1690 fax

Portland Community College Dental Clinic
Low-cost Dental Care

12000 SW 49th
Portland, OR 97219
971-722-4909
503-977-8300 fax

Dental exams, x-rays, and cleanings by student care providers. No urgent or emergency care. Capacity is limited. Fees range from $25-40 for most services. Call for an appointment.

Quest Center for Integrative Health
Complementary Medicine

2901 E Burnside St.
Portland, OR 97214
503-238-5203
www.quest-center.org
info@quest-center.org

Free acupuncture and naturopathic care for low-income people living with HIV/AIDS. Accepts uninsured, Oregon Health Plan, open card, Medicare, and private insurance. Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

Sea Mar Community Health Center Dental Clinic
Low-cost Dental Care

1412 NE 88th St.
Vancouver, WA 98665
360-574-4074
www.seamarchc.org
360-574-9237 fax

Low-cost dental care for people with low incomes or no insurance. Call to make an appointment. Open Monday through Friday, 8am-5pm. Call for eligibility. Sliding fee scale. Spanish-speaking staff available.

Virginia Garcia Memorial Health Center
Dental Clinic

1151 N. Adair St
Cornelius, OR 97113
503-359-5564 primary care
www.virginiagarcia.org

503-359-8505 dental

Comprehensive care for children up to age 21. Urgent care for adults. Provides fillings and extractions on a sliding fee scale. Available for low-income residents of Washington and Yamhill counties. Capacity is limited. Call for eligibility and an appointment. Accepts Oregon Health Plan and self-pay. Spanish-speaking bilingual staff.
Dental Clinic Location: 44 North 11th Ave. Cornelius, OR 972113

CLINICS

HIV CARE

Fanno Creek Clinic
HIV Medical Clinic
2400 SW Vermont
Portland, OR 97219
503-452-0915
www.fannocreek.com

HIV/AIDS Specialty care. . Accepts most insurance, open card, and self-pay. Spanish-speaking staff available.

Institute for Traditional Medicine
Immune Enhancement Project
2009 SE Hawthorne Blvd.
Portland, OR 97215
503-233-4907
www.itmonline.org

503-223-1017 fax

Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance. **Call 503-233-2101.**

Kaiser Immune Deficiency Clinic
HIV Services
3550 N Interstate Ave.
Portland, OR 97227
503-249-5536
www.kaiserpermanente.org

503-249-3447 fax
800-324-8007 TTY

Specialty clinic with a multidisciplinary team approach to treating HIV disease. Serves patients with Kaiser health insurance. Provides medical treatment, all phases of professional nursing

care, case management, mental health counseling, full service pharmacy, and other services. Access to ASL and foreign-language interpreters.

Legacy Health Systems
Referral Service
503-335-3500

Call for referral to HIV care providers and case management at Emanuel and Good Samaritan health clinics. Accepts Oregon Health Plan, open card, and most private insurance. Access to Spanish- and foreign-language interpreters.

MCHD HIV Health Services Center
HIV Specialty Care
426 SW Stark St., 6th Floor
Portland, OR 97204
503-988-5020
www.mchealth.org/hivserv
503-988-5022 fax

Full-service HIV specialty care. Services include lab, pharmacy, mental health, nutrition program, case management, and out-patient alcohol / drug treatment referral. Accepts most non-HMO insurance, Medicare, CareOregon (Oregon Health Plan), and open card. Sliding fee scale available. No one is denied services for inability to pay. Spanish-speaking staff available. Access to other foreign-language and ASL interpreters.

Oregon Health & Science University - Internal Medicine
HIV Care Clinic
3181 Sam Jackson Park Rd.
Portland, OR 97239
503-494-8562
www.ohsuhealth.com
503-494-6344 fax
503-494-8311 OHSU information

Statewide program manages the primary care needs of adults with HIV disease and/or hepatitis C. Offers on-site case management and clinical trials. Accepts private insurance. Access to Spanish-speaking staff and foreign-language interpreters.

Portland VA Medical Center (PVAMC)
Medical Clinic - Infectious Diseases
3710 SW US Veteran's Hospital Road
Portland, OR 97239
503-220-8262 x 55069
www.va.gov/portland

Offers HIV and hepatitis C care for service-eligible veterans only. Access to ASL and foreign-language interpreters. Call for enrollment and eligibility options.

Providence Infectious Disease Consultants-
Primary Care
5050 NE Hoyt St. Suite 540 503-215-6727 fax
Portland, OR 97213
503-215-6601
www.providence.org/oregon

Primary and infectious disease specialty care for adults, provided through the internal medicine residency program. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts some Oregon Health Plan (Providence Health Assurance only) and private insurance. Access to ASL and foreign-language interpreters.

PRIMARY CARE

Central City Concern - Old Town Clinic
Primary Care
727 W Burnside St.
Portland, OR 97209
503-228-4533
www.centralcityconcern.org/oldtown.htm

Primary care for homeless and low-income people. Doctors work in consultation with HIV specialists. Call for an appointment. Accepts Oregon Health Plan, open card, private insurance, and uninsured (capacity limited). Sliding fee scale. No one is denied service if they cannot pay. Spanish-speaking staff available. Access to other foreign-language interpreters.

Children's Community Clinic
Primary Care - Pediatric
27 NE Killingsworth St. 503-284-9162 fax
Portland, OR 97211
503-284-5239
www.ccc4kids.org

Primary and preventative care for low-income children up to age 21. Referral to specialty care and social services. Sliding fee scale. Call for an appointment. Accepts Oregon Health Plan, FamilyCare, open card, uninsured and private insurance. Spanish-speaking staff available.

Clackamas County Community Health Centers
Primary Care

Primary medical care for low-income Clackamas County residents. Accepts Oregon Health Plan (CareOregon and Family Care), open card, and uninsured. Sliding fee scale. Spanish-speaking staff available. Access to other foreign-language interpreters.

Beavercreek Health and Wellness Center
1425 Beavercreek Rd.
Oregon City, OR 97015
503.655.8471

Gladstone Health and Wellness Center
18911 Portland Ave.
Gladstone, OR 97027
503.655.8471

Sandy Health and Wellness Center
37400 SE Bell St. (Sandy HS)
Sandy, OR 97055
503.655.8471

Sunnyside Health and Wellness Center
9775 SE Sunnyside Rd., Ste. 200
Clackamas, OR 97015
503.655.8471

Clackamas Service Center

Primary Care & STD Screening
8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Outreach medical services available via mobile medical van for homeless individuals or youth under age 30 for acute and chronic care. HIV and STD testing services also available as part of this care. Clinic hours are Tuesdays, 9am-5pm, and Thursdays, 1-5pm. Services provided by Cascade Aids Project.

Free Clinic of Southwest Washington

Primary Care
4100 Plomondon St.
Vancouver, WA 98661
360-313-1390
www.freeclinics.org

360-313-1391 fax

Basic care for low-income people without insurance, available on a walk-in basis Tuesday and Thursday evenings, and Monday, Wednesday, and Friday mornings. Immunizations, vision and dental care, and prescription assistance are offered once or twice a month at other times. $5–20 suggested donation. No one is denied service if they cannot pay. Access to part-time Spanish-speaking volunteers.

MCHD School-Based Health Centers

Location-Specific Care
multco.us/school/school-based-health-locations-and-hours

Confidential HIV testing, birth control, and family planning services for any student. Available at Cleveland, Grant, Jefferson, Madison, Marshall, Parkrose, and Roosevelt high schools in Portland. Extended hours at most schools. Contact your school clinic for information.

Multnomah County Community Health Centers
Primary Care Clinics
503-988-5558 eligibility/intake
multco.us/health/primary-care-clinics

Primary medical care services for low-income residents of Multnomah County. Includes HIV testing and care for hepatitis C. Special services for the homeless at some sites. If you have HIV, you should seek care through the **HIV Health Services Center**.

Capacity is limited. Call for eligibility and intake. There may be a long wait for an appointment, and some clinics may be closed to new patients. Accepts Oregon Health Plan and most Medicare,
Medicaid insurance. Sliding fee scale. Access to ASL and foreign-language interpreters.

East County Health Center
600 NE 8th Ave.
Gresham, OR 97030
503-988-5155

Rockwood Heatlh Center
2020 SE 182nd ave.
Gresham OR, 97233
503.988.5400

La Clinica de Buena Salud – Portland
6736 NE Killingsworth St., Suite 100
Portland, OR 97218
503-988-3991
(Serves low-income children and families. Staff bilingual in English and Spanish.)

Mid County Health Center
12710 SE Division St.
Portland, OR 97236
503-988-3601

Northeast Health Center
5329 NE Martin Luther King Jr. Blvd.
Portland, OR 97211
503-988-5183

North Portland Health Center
9000 N Lombard St.
Portland, OR 97203
503-988-5304

Southeast Health Center
3653 SE 34th Ave.

Portland, OR 97202
503-988-5140

NARA Indian Health Clinic
Primary Care
15 N Morris St.
Portland, OR 97227
503-230-9875
www.naranorthwest.org

503-230-9877 fax

Physical exams, immunizations, prenatal and well-child care for Native Americans and Native Alaskans by appointment. Limited walk-ins available. Accepts Oregon Health Plan, open card, private insurance, and people with no insurance.

Outside In
Community Health Clinic
1132 SW 13th Ave.
Portland, OR 97205
503-535-3800
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Walk-in primary care clinic for homeless and low-income youth and adults. Transgender medical clinic once a month. Sliding-fee scale visits and low-cost medications and lab work. Accepts CareOregon, Oregon Health Plan, Family Care, Providence OHP or self-pay. Acupuncture, dental care and tattoo removal available by appointment. Referral to specialist care and medical housing vouchers given as needed. Call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

Planned Parenthood Columbia Willamette
Sexual Health Care
888-875-7820
503-788-7273
www.plannedparenthood.org/

HIV testing, sexually transmitted disease checks, annual exams such as Pap smears, birth control (including the morning after pill), and pregnancy testing at most locations. Surgical services at some sites. Partial up-front payment required. Most insurance accepted. Spanish-speaking staff available.

Northeast Portland
3727 NE Martin Luther King Jr. Blvd.
Portland, OR 97212
503-775-4931

Southeast Portland

3231 SE 50th Ave.
Portland, OR 97206
888-875-7820

Beaverton
12220 SW First Ave., Suite 200
Beaverton, OR 97005
888-875-7820
Vancouver
11516 SE Mill Plain Blvd. Suite 2-E
Vancouver, WA 98684
888-875-7820

Salem
3825 Wolverine St. NE
Salem, OR 97305
888-875-7820

Portland Adventist Community Services
Family Health Center

11020 NE Halsey St.
Portland, OR 97220
503-252-8500
www.pacsonline.org

503-252-8701 fax

Primary care for low-income people with no insurance. Staffed by volunteer providers. $15 co-pay per visit requested but not required. Call for an appointment. There may be a long wait. Call extension 109 for more information and to schedule an appointment.

Providence Infectious Disease Consultants-
Primary Care

5050 NE Hoyt St. Suite 540
Portland, OR 97213
503-215-6601
www.providence.org/oregon

503-215-6727 fax

Primary and infectious disease specialty care for adults, provided through the internal medicine residency program. On-site social worker. Call for an appointment. Financial assistance available for low income and the uninsured. Accepts some Oregon Health Plan (Providence Health Assurance only) and private insurance. Access to ASL and foreign-language interpreters.

wheelchair accessible agency receives Ryan White CARE Act funds

Rosewood Family Health Center
A Yakima Valley Farm Workers Clinic
8935 S.E. Powell Blvd. 503-772-4337 fax
Portland, OR 97266
503-772-4335
www.yvfwc.com/clinics-and-programs/oregon/portland/rosewood-family-health-center-portland/

Full-service primary care for anyone. Sliding fee scale for low-income people with no insurance or who are underinsured. Call for an appointment. There may be a long wait for an appointment. Accepts Oregon Health Plan, open card, and some insurance. Spanish-speaking staff available. Access to other foreign-language interpreters.

Sea-Mar Community Health Center
Vancouver Medical Clinic
7410 Delaware Lane 360-896-5179 fax
Vancouver, WA 98664
360-896-5128
www.seamar.org

Primary care and geriatric services available for Clark County residents. Open Monday-Saturday. Call for eligibility. Spanish-speaking staff available.

Southwest Community Health Center
Medical Clinic
7754 SW Capitol Highway 503-977-0734 fax
Portland, OR 97219
503-977-0733
www.swchc-pdx.org

Basic care for low-income people with no insurance, available Mondays 6-8pm, Tuesday and Thursday evenings from 4–8pm and the 1st Wednesday of the month for women's health appointments. Call for an appointment. Sliding fee scale. No Oregon Health Plan. Access to foreign-language interpreters.

Virginia Garcia Memorial Health Centers
Primary Care Clinics
www.virginiagarcia.org

Primary care for low-income people with no insurance or who are underinsured. Sliding fee scale. Accepts Oregon Health Plan (CareOregon only) and some insurance. Call to schedule an appointment. Spanish-speaking bilingual staff.

Cornelius
1151 N. Adair St.
Cornelius, OR 97113
503-359-5564
503-359-8532 fax

Beaverton
2933 SW Cedar Hills Blvd.
Beaverton, OR 97005
503-352-6000
503-352-6081 fax

Hillsboro
226 SE 8th Ave.
Hillsboro, OR 97123
503-601-7400
503-601-7311 fax
McMinnville
115 NE May Lane
McMinnville, OR 97128
503-472-1338
503-434-8597 fax

Wallace Medical Concern
Medical Clinics
503-489-1760
www.wallacemedical.org

Basic care for low-income people with no insurance, available on Thursday evenings downtown at the Old Town Clinic, and on Weekdays from 9-6:30 p.m. evenings in Gresham.
Takes CareOregon, Family Care, OHP (Open Card), Healthy Kids, Lifewise, Moda Health and PacificSource members, and offer a sliding fee scale for patients with no health insurance .
Call for an appointment. No walk-ins. Spanish-speaking staff and volunteers available.
Downtown
33 N. Broadway (Old Town Clinic)
Portland, OR 97209

Rockwood Building
124 NE 181st Ave, Suite 120
Gresham, OR 97230

Coalition of Community Health Clinics
Online Assistance
www.coalitionclinics.org

One-stop shopping for community health clinics in the Portland Metro area. Helps provide health care to the under- and uninsured. Online searchable database.

HIV MEDICAL CASE MANAGEMENT

Multnomah County Health Department
HIV Case Management

426 SW Stark St. 5th Floor
Portland, OR 97204
http://web.multco.us/health/health-services

Located on the 5th floor. **Call 503-988-5020.** Case management provides help in accessing financial aid, treatment, services and health care for people living with HIV. Provided for Multnomah County HIV Clinic clients.

OHSU Partnership Project
HIV Case Management

5525 SE Milwaukie Ave.
Portland, OR 97202
503-230-1202
www.ohsu.edu/partnership

503-230-1213 fax
503-230-1202 intake

For Clackamas, Columbia, Multnomah, Washington and Yamhill County. Services are provided in a culturally and linguistically appropriate manner. Services available in Spanish. Interpretation available as needed. Call the 503.230.1202 x235 for more information.

HOME HEALTH, HOSPICE & RESIDENTIAL CARE

Client-Employed Provider Program
Home Health

503-945-5811

Pays for in-home care for low-income disabled people and the elderly. After a home visit, a Disability Services case manager will assess care needs and determine how many hours of help they will pay for. The person needing care then hires a caregiver on their own. Contact the Disability Services office nearest you for information.

Community Home Health & Hospice
Nursing Services

14508 NE 20th Ave. Ste. 201
Vancouver, WA 98686
360-253-4626
www.chhh.org

360-253-4859 fax
800-650-4626 toll free

In-home nursing services, including hospice care, for Clark County residents. Requires a doctor's referral. Accepts Medicaid, Medicare, some private insurance, and self-pay. Access to ASL and foreign-language interpreters.

Legacy Hopewell House Hospice Center
Hospice

6171 SW Capitol Highway
Portland, OR 97239
503-244-7890
www.legacyhealth.org

503-245-1591 fax

An 11 room facility for terminally ill patients. 24 hour full care services. Accepts Medicare, Oregon Health Plan, and
most private insurance. Access to ASL and foreign-language interpreters.

Legacy Hospice Services
In-home Care

www.legacyhealth.org/hospice

In-home hospice care for terminally ill patients. Serves Multnomah, Clackamas, Columbia, Washington, and Yamhill counties. Accepts Medicare, Oregon Health Plan, and most private insurance. Access to ASL and foreign-language interpreters.

Portland
815 NE Davis St.
Portland, OR 97232 800-896-6287
503-220-1000 503-225-6398 fax

McMinnville
2275 NE McDaniel Ln.
McMinnville, OR 97128 800-361-8506
503-472-9685 503-434-9052 fax

Our House of Portland
Residential Care

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

Residential care facility for people living with AIDS. Personal care with nursing supervision. Occupational therapy is provided. Spanish-speaking staff and ASL interpreters available. Volunteer opportunities available.

Pacific NW Hospic Foundation
Services for Hospice Residents
6663 SW Beaverton-Hillsdale Hwy. #63
Portland, OR 97225
503.297.5250
www.pnwhospice.org

Grants last wishes to hospice patients.

MEDICAL EQUIPMENT

American Cancer Society
Wheelchairs & Walkers

0330 SW Curry St.
Portland, OR 97239
503-295-6422
www.cancer.org

503-228-1062 fax

Organization helps low-income or medically indigent people with cancer find wheelchairs, walkers, bedside commodes, and other equipment on loan through other local organizations. Requires a referral from a medical social worker. Call first to make arrangements.

MEDICATION

AIDS Info
Research Trials

888-480-3739 TTY
800-448-0440
www.aidsinfo.nih.gov

Information about HIV/AIDS treatment and on-going clinical trials. Search clinical trial programs online. Available in English and Spanish formats.

American Foundation for AIDS Research (AMFAR)
Information

www.amfar.org

Online news about the latest findings in global HIV/AIDS research. Available in English and Spanish.

Apex Pharmacy
Medication

1215 NW 23rd Ave.
Portland, OR 97210
503-525-9094
apexrx@comcast.net

503-525-9155 fax
866-523-5997 toll free

Full-service HIV/AIDS specialty pharmacy coordinates with CareAssist, Oregon Health Plan, and private insurance. Mail delivery available. Serves Oregon and SW Washington.

Central Drug
Medication & Services

538 SW Fourth Ave.
Portland, OR 97204
503-226-2222
www.centraldrugspdx.com

503-223-2439 fax
hivinfo@centraldrugspdx.com

Full-service, 107 year old specialty pharmacy, focused on serving the needs of individuals infected and affected by HIV/AIDS. Complimentary medication adherence programs, mail-order, and delivery services available. Works with most insurers including CAREAssist.

ClinicalTrials.gov
Research Trials

www.clinicaltrials.gov

A registry of federally and privately supported clinical trials conducted in the United States and around the world. Search clinical trial programs online. A service of the U.S. National Institutes of Health.

Compassion of Oregon
Compassion in Dying Services
4224 NE Halsey St, #335
Portland, OR 97213
503-525-1956
www.compassionoforegon.org

Information and support on death-with-dignity-related issues. Advocates for patient rights relating to end of life care, including assisted suicide. Advance directive and hospital authorization forms for unmarried partners available online.

Institute for Traditional Medicine
Immune Enhancement Project

2009 SE Hawthorne Blvd.
Portland, OR 97215
503-233-4907
www.itmonline.org

503-223-1017 fax

Reduced-cost treatment program for low-income people living with HIV/AIDS or hepatitis C. Includes acupuncture, massage, Chinese herbal medicine, and vitamins. Must be alcohol- and drug-free for at least 1 year. Accepts some insurance. **Call 503-233-2101.**

Needy Meds, Inc
Prescription Assistance Site

www.needymeds.org

Information on patient assistant programs that can help low-income people pay for prescription drugs. Search for programs and download application forms online. You may need help from your doctor to apply for these programs.

New York Buyers' Club
Prescription Assistance Site

75 Varick St. Suite 1404
New York, NY 10013
800-650-4983
www.newyorkbuyersclub.org

contact@newyorkbuyersclub.org

Discount vitamins and supplements for people with HIV/AIDS, hepatitis, and other chronic illnesses. $15–25 annual membership fee. Online store available in Spanish, French, and German.

Oregon College of Oriental Medicine
Complementary Medicine

75 NW Couch Street (4th floor)
Portland, OR 97209
503-253-3443
www.ocom.edu/

503-445-0951 fax

Teaching clinic offers low-cost acupuncture, herbal medicine, and massage. Meditation workshops teach pain management. Student providers. $25 flat fee. Private practitioners available for specialized care. Spanish- and Chinese-speaking staff available.

Oregon Health Authority
CAREAssist

800 NE Oregon Street Suite 1105
Portland, OR 97232
877-398-9238
www.oregon.gov/oha/Pages/index.aspx

CAREAssist
Phone: 971-673-0144
Phone (Toll-Free): 800-805-2313
Fax: 971-673-0177
Address: 800 NE Oregon Street Suite 1105.

Helps low-income Oregonians living with HIV/AIDS access HIV medications by paying for insurance premiums and deductibles, doctor visits,co-pays, and medication co-pays.

Clients whose income is up to 400% of the federal poverty level may be eligible for assistance. Call for more information on how to get health insurance if you are uninsured. Access to foreign-language interpreters.

Oregon Medical Marijuana Program
State Registry Program

PO Box 14450
Portland, OR 97293
971-673-1234
www.healthoregon.org/mm

503-673-1278 fax
800-422-6012 toll free

This state registry program allows Oregon residents to legally possess marijuana for personal medical use. Pain, nausea, and wasting are some of the HIV/AIDS symptoms that may be treatable with marijuana. To be eligible, you must have a qualifying medical condition and an Oregon Licenced phusician must sign a written statement saying that marijuana may help. The Department of Human Services will then determine whether you can be approved for registration. There is a $200 annual fee ($60 with proof of Food Stamp benefits (SNAP), **or** $50 with proof of Oregon Health Plan (OHP) eligibility, **or** $20 with proof of receipt of Supplemental Security Income (SSI) monthly benefits, **or** $20 with proof of receipt of compensation from the VA based on a finding of 100% service-connected disability **or** receipt of a needs-based pension from the VA as described in OAR 333-008-0020). Registration is also available for minors and caregivers.
This is not a prescription program. Distribution of marijuana is still illegal. The Department of Human Services does not provide marijuana nor a list of doctors willing to approve its use. Registered patients are permitted to grow a limited number of plants for their own use, with seeds obtained from other registered patients. Medical dispensaries available, visit: www.oregon.gov/oha/mmj/Pages/index.aspx. Call or visit the web site for more information and an application. Access to foreign-language interpreters.

Oregon Prescription Drug Program
Prescription Assistance
888-411-6737 toll free
503-945-7834
www.opdp.org

Free prescription drug discount card for Oregon residents who do not have drug coverage through health insurance. You are still eligible if you have Medicare Part D. No deductible. Discounts vary. Call or visit the web site for an application.

Partnership for Prescription Assistance
Prescription Assistance Site
888-477-2669
www.pparx.org

Information about patient assistance programs that can help low-income people pay for prescription drugs. Call or search for programs online. You may need help from your doctor to apply for these programs. English- and Spanish-language formats available.

Project Inform
National HIV/AIDS Treatment Hotline

866-448-4636
www.projectinform.org

Online drug and treatment fact sheets in English and Spanish. Peer-based treatment hotline operated Monday-Friday, 10am-4pm.

Research and Education Group
New Drugs and Treatments

3710 SW US Veterans Hospital Rd. (VA Medical Cente
Portland, OR 97239
503-229-8428
www.reg.org

503-227-0902 fax
800-875-8428 toll free

Researches new drugs and treatments for HIV disease and related conditions. Call for current clinical trials. Serves Oregon and Southwest Washington. Spanish-speaking and other foreign-language interpreters available.

The Body
General HIV Information

www.thebody.com

Online information about HIV/AIDS treatments, including hepatitis coinfection. Click "Ask the Expert" to ask treatment questions and find searchable forums. Available in English and Spanish.

Washington Prescription Drug Program
Discount Card
800-913-4146
www.rx.wa.gov

Free prescription drug discount card for uninsured or underinsured Washington residents. You are still eligible if you have Medicare Part D. No deductible. Discounts vary. Call or visit the web site for an application.

Washington State AIDS Drug Assistance (EIP)
Washington State AIDS Drug Assistance Program. Early Intervention Program (EIP)

877-376-9316
http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HIVAIDS/HIVCareClientServices/ADAPandEIP.as

Pays for a variety of services to help meet the health care needs of low to moderate income people with HIV who live in Washington. Call 1-877-376-9316 or visit the website for more information about applying.

PHYSICIAN REFERRAL

211 Info
Referral Service
621 SW Alder St, Suite 810
Portland, OR 97205
dial 211
www.211info.org
contact@211info.org

Information & referral for non-emergency services for Multnomah, Clackamas, Washington and Clark counties. Referrals for food, shelter, employment, health care, child care and host of various social services. A private, non-profit organization.

If the new 211 number does not work from your calling area there are conventional numbers to reach the service:
Multnomah and Washington County 503-222-5555
Clackamas County 503-655-8861
Clark County 360-694-8899

Cowlitz, Skamania and Wahkiakum Counties 866-698-6155

Kaiser Immune Deficiency Clinic
HIV Services

3550 N Interstate Ave.
Portland, OR 97227
503-249-5536
www.kaiserpermanente.org

503-249-3447 fax
800-324-8007 TTY

Specialty clinic with a multidisciplinary team approach to treating HIV disease. Serves patients with Kaiser health insurance. Provides medical treatment, all phases of professional nursing care, case management, mental health counseling, full service pharmacy, and other services. Access to ASL and foreign-language interpreters.

CULTURAL SERVICE ORGANIZATIONS

Asian Family Center
Community Resources

8040 NE Sandy Blvd.
Portland, OR 97213
503-235-9396
www.irco.org

503-235-0341 fax

Information and referral to community resources in Asian languages. Includes case management, recreation, skills-building activities, parent education and support, parent-child development, and cultural and intergenerational programs. Summer employment program for youth aged 16 to 21. Parental consent required for all youth programs.

El Programa Hispano
Community Resources

503-669-8350 Gresham
503-231-4866 Portland
www.catholiccharitiesoregon.org/services_latino_services.asp

Information and referral to community resources for those who speak only Spanish. Emergency assistance, job referrals, health education, domestic violence prevention, legal services, literacy classes, family services, and youth programs. At Portland Location: Immigration Legal Services, Pregnancy Support, Adoption Services, Housing transitions for homeless women, Counseling, Financial wellness, and many more. Call for more information. Bilingual Spanish-speaking staff.

Portland
2740 SE Powell Blvd.
Portland, OR 97202
503-231-4327 fax

Gresham
138 NE 3rd Street, Suite 140
Gresham, OR 97030
503-666-7487 fax

IRCO
Refugee Services

10301 NE Glisan Street
Portland, OR 97220
503-234-1541
www.irco.org

Helps refugees and immigrants from all over the world. Emergency assistance, literacy classes, job training and support, skills-building, health education, mental health referrals, family law, domestic violence prevention, parent-child development, and youth and senior programs. Services and eligibility vary. Access to foreign-language interpreters.

Lutheran Community Services
Refugee Services

605 SE Cesar E. Chavez Blvd.
Portland, OR 97214
503-231-7480
www.lcsnw.org
(503)-233-0667 fax

Refugee resettlement services including family support centers, alcohol and drug treatment, multicultural counseling and outreach, crisis intervention and community education. Call for more information. Access to foreign language interpreters.

Native American Youth & Family Center (NAYA)
Culturally Specific - Native American
5135 NE Columbia Blvd.
Portland , OR 97218
503.288.8177
www.nayapdx.org
503.288.1260 fax

NAYA's mission is to enhance the diverse strengths of our Native youth and families in partnership with the community through cultural identity and education. Provides educational services, cultural arts programming, and direct support to reduce poverty to the Portland Metropolitan Area Native American community.

Russian Oregon Social Services (ROSS)
Immigrant and Refugee Services
4033 /SE Woodstock Blvd.
Portland, OR 97202
503-777-3437
www.emoregon.org/ross.php
503-777-6545 fax

Services to help integrate Russian-speaking immigrants and refugees in Oregon and southwest Washington communities. 24-hour crisis reponse, counseling, advocacy, temporary and transitional housing, assistance accesing legal services, women's health, domestic violence and sexual abuse victims support groups, self-sufficiency classes, and many more. All servies

are free and confidential.

DOMESTIC VIOLENCE

This section includes domestic violence shelters and support for survivors. Domestic violence shelters provide temporary emergency housing for women and children leaving an abusive situation. Most have confidential locations and accept collect calls. If you need domestic violence resources for men, intersex, or transgender, call the **Portland Women's Crisis Line** at 888-235-5333 (toll free).

Bradley-Angle
Domestic Violence Shelter

5432 N. Albina Ave.
Portland, OR 97217
503-595-9591
www.bradleyangle.org

503-281-2442 crisis line

Confidential domestic violence shelter for adults with or without children. Accepts collect calls. Provides community support groups, transitional housing and case management. Spanish-speaking staff available. Access to other foreign-language interpreters.

Clackamas Women's Services
Domestic Violence Shelter

503-557-5808 fax fax
888-654-2288 crisis line
503-655-8600 office
www.cwsor.org

Domestic violence shelter. Confidential Clackamas County location. DV classes and self-care groups available. Spanish-speaking staff available. Access to AT&T language bank and foreign-language interpreters.

Domestic Violence Resource Center
Monika's House Shelter
P.O. Box 494
Hillsboro, OR 97123
503.469.8620
www.dvrc-or.org

503-469-8419 fax
866-469-8600

Confidential Washington County location. Resource center offers counseling, restraining order advocates, and other resources for
women survivors of domestic violence. Spanish-speaking staff available.

El Programo Hispano - Proyecto UNICA
Domestic Violence Support

888-232-4448 crisis line
503-232-4428

Services include 24-hour 7 days a week Spanish language crisis line, case management and advocacy, Spanish language support groups, community education and assistance for petitioners of restraining and stalking orders. Staff bilingual in Spanish and English.

Housing Solutions Center
Shelter Information
360-695-9677

Call to access shelters in the Vancouver area, 9am-5pm M-F and 11:00pm-2:00pm Sat and Sun.

Raphael House
Domestic Violence Shelter

Confidential Address
Portland, OR
503-222-6507
www.raphaelhouse.com

503-222-6222 crisis line

Provides emergency and transitional housing for women and children. Length of stay in shelter is 3-4 weeks. Accepts collect calls. Support groups and case management provided for women and children in the shelter and transitional housing programs. Some bilingual Spanish/English volunteers available.

Volunteers of America Home Free
DV Intervention Program
503-771-5503 crisis line
503-239-3929
www.voaor.org

Providing counseling, advocacy, and support for battered women and their children. Children's program available. Accepts collect calls. Emergency transportation available. Housing vouchers available. Community outreach and education. Spanish-speaking staff available.

VOLUNTEER OPPORTUNITIES

Hands On Greater Portland
Volunteering

619 SW 11th Ave, Suite 300
Portland, OR 97205
503-200-3355
www.handsonportland.org

503-200-3356 fax
info@handsonportland.org

Volunteering can help you learn new skills and gain confidence. Searchable online database offers a wide range of volunteer opportunities at organizations throughout the Portland metropolitan area. Free placement.

Our House of Portland
Residential Care

2727 SE Alder
Portland, OR 97214
503-234-0175
www.ourhouseofportland.org

503-236-7129 fax

Residential care facility for people living with AIDS. Personal care with nursing supervision. Occupational therapy is provided. Spanish-speaking staff and ASL interpreters available. Volunteer opportunities available.

CLINICAL TRIALS

www.CenterWatch.com
Research & Clinical Trials
www.centerwatch.com

HIV/AIDS clinical trials sorted by state.

www.ClinicalConnection.com
Research & Clinical Trials
www.clinicalconnection.com

Resource for migraine, HIV/AIDS, cancer, headaches, high blood pressure, smoking cessation, diabetes clinical trials within 50 mile radius.

www.ClinicalTrials.gov
Research & Clinical Trials
www.clinicaltrials.gov

Search for HIV/AIDS trials. Active and recruiting for Oregon/Washington.

www.REG.org
Research & Clinical Trials
www.reg.org

The Research and Education Group provides information on local HIV research studies.

TESTING - PREVENTION

hep c test center
hiv testing
needle exchange
partner notification
prevention education
safer sex
std testing

This section includes information on where you can get an HIV test for low to no cost as well as info to reduce your risk of transmitting/acquiring HIV/STDs.

How you can protect yourself and others...

There is no cure for HIV. If you are living with HIV, there are some important steps you can take to protect your health and the health of those around you:

Know your status. If you are unsure, get tested. HIV testing is available at a number of community test sites and through your doctor.

See a doctor. A doctor who specializes in HIV can tell you what medical care might help and what you can do to protect your health and quality of life.

Consider how you can reduce the chance of infecting others:

- Talk to your sex partner about your HIV status before having sex. Whether or not you are HIV-positive, don't rely on the other person to disclose.
- Develop a safer-sex plan. Using latex condoms and/or dental dams during anal, vaginal, and oral sex will greatly reduce the chance of giving or getting HIV and other sexually transmitted diseases. Safer-sex supplies are available at places that do HIV prevention work and at needle exchange sites.
- Weigh risks and think about your choices. Having unprotected sex with new, multiple, or anonymous partners greatly increases your chance of giving or getting HIV and other sexually transmitted diseases.
- Get screened and treated for sexually transmitted diseases (STDs) such as syphilis, gonorrhea, and chlamydia on a regular basis. These diseases make it easier to pass HIV, and are especially serious for people who have HIV.
- Alcohol and drug use can increase risk-taking. Call the Alcohol & Drug Helpline at 503-244-1312 or 800-923-4357 to speak with someone about treatment.
- If you are injecting drugs and can't stop using, you can reduce your risk for HIV and hepatitis C by getting sterile syringes and gear from a needle exchange site. You can also purchase syringes at pharmacies if you are at least 18 years old.
- If you can't get sterile syringes, bleaching them will reduce—but not eliminate— the chance of giving or getting HIV and hepatitis C.

wheelchair accessible agency receives Ryan White CARE Act funds

HEP C TEST CENTER

Multnomah County Health Department
Hep A and B Vaccinations
426 SW Stark St. 5th Floor
Portland, OR 97204
http://web.multco.us/health/health-services

Hepatitis A & B vaccinations for individuals receiving a full STD screening. Oregon Health Plan and most private insurance accepted. Call for more information at **503-988-3700**.

HIV TESTING

Confidential Testing
Confidential testing means that your test results become part of your medical file with your name attached, and you may ask for a copy of your results. Private doctors and public health clinics can provide confidential HIV testing as a part of your regular health care. County clinics may request a fee or donation, but no one is refused service if they cannot pay. For hepatitis C testing, look under **Hepatitis C Testing & Care**.

Rapid Testing
A standard HIV test is done using blood that is sent to a laboratory. Results are ready in about a week. With **rapid testing**, your results will be ready by the end of your visit. A rapid test maybe done with either blood or oral fluid, depending on the test. If the result is "reactive," this means you may be positive for HIV, but you will need to get a standard HIV test to confirm the result. County clinics sometimes offer rapid testing to people who are most at risk for HIV. Check the listings below to see if you are eligible.

C.C. Slaughters Nightclub
Outreach Testing

219 NW Davis St.
Portland, OR 97209
503.278.3867
www.ccslaughterspdx.com

Free HIV, syphilis, and hepatitis C testing for gay and bisexual men, every 1st Friday from 9–11:30PM. Testing provided by Pivot.

Cascade AIDS Project
Rapid HIV Testing

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

Open to all. Suggested donation of $50. Available Monday through Friday, 10am - 4pm. Walk-in or by appointment. To schedule an appointment or for more information call 503-278-3871.

Cascade AIDS Project - Clark County
Free HIV Testing

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-750-7964
www.cascadeaids.org

Free HIV and STD testing for gay and bisexual men, available on a walk-in basis every Tuesday from 11am-1pm and Thursday from 4-8pm. Rapid and confirmatory testing available. Access to Spanish-speaking staff.

Cascade AIDS Project - Washington County
HIV Testing

503-223-2437
www.cascadeaids.org/prevention-testing/hiv-testing/hiv-testing-resources

Free rapid HIV testing available on a walk-in basis for gay/bi/trans men, injection drug users and their sex partners and sex partners of people living with HIV/AIDS.Free Syphilis testing & Hepatitis A+B Vaccinations. Access to Spanish-speaking staff. Walk-in only.

Beaverton Clinic:
12550 SW 2nd Street, Beaverton, OR 97005
Mondays: 5:30pm - 7:30pm

Clackamas County Health Department
HIV testing

1425 Beavercreek Rd.
Oregon City, OR 97045
503-655-8471

503-557-5890 fax

Bevercreek Clinic
1425 Beavercreek Road, Oregon City
Walk-in or by appointment (call 503.655.8471 to schedule appt.)

wheelchair accessible agency receives Ryan White CARE Act funds

Tuesdays from 3:30pm-6:30pm

Clackamas Service Center
8800 SE 80th Ave, Portland
Walk-in only
2nd and 4th Thursdays from 2pm-4:30pm
(Testing is offered in same building as needle exchange services in back of main Service Center, but open to all)

Free rapid HIV testing provided by Cascade AIDS Project. Counselors and testers can provide information and referrals to other services and resources. For more information contact Fallon Kraxberger at 503-278-3863.

Clackamas Service Center
Primary Care & STD Screening

8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Outreach medical services available via mobile medical van for homeless individuals or youth under age 30 for acute and chronic care. HIV and STD testing services also available as part of this care. Clinic hours are Tuesdays, 9am-5pm, and Thursdays, 1-5pm. Services provided by Cascade Aids Project.

Clark County Public Health - Harm Reduction Center
Needle Exchange

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-750-8610

Needle exchange available Monday and Wednesday from 3PM to 6PM and Fridays from 3PM to 5PM. Call the Harm Reduction for hours and locations at 360-397-8086.
Participants can receive counseling, safer sex information and supplies, free Hepatitis C testing, Hepatitis A and B vaccinations (Wednesday only), morning-after pills (Wednesday only), as well as drug treatment and other referrals.

Multnomah County Health Department
HIV Testing

426 SW Stark St. 5th Floor
Portland, OR 97204
http://web.multco.us/health/health-services

HIV TESTING

COST: $20 fee
Description: 1 week results. Rapid testing available only to people who have had unprotected sex with someone known to be HIV+ and men who have sex with men. Call for an appointment.
For only HIV testing call 503-988-3775. Testing located on the 6th floor.

NARA Indian Health Clinic
Low-cost HIV Testing

15 N Morris St.
Portland, OR 97227
503-230-9875
www.naranorthwest.org

503-230-9877 fax

Confidential HIV testing for Native Americans and Native Alaskans, available by appointment. Limited walk-in available. Accepts uninsured, Oregon Health Plan, open card, and private insurance.

Outside In
HIV testing

1132 SW 13th Ave.
Portland, OR 97205
503-535-3800
www.outsidein.org

503-535-3868 fax
info@outsidein.org

Confidential HIV rapid testing for homeless and low-income youth and adults 15 and older. Sliding scale fees can be as low as free. Available on a walk-in basis, call for hours. Spanish-speaking staff available. Access to other foreign-language interpreters.

Pivot
Free HIV/STD Testing

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Tuesdays: 5-8:30pm (HIV/STD)
Wednesdays: 1-3:30pm (HIV/STD)
HIV & Syphalis Only
Wednesdays 4-7 pm
Thrusday-Saturday 2-7 pm

Available for men who have sex with men and trans* individuals. First come, first served; no appointments. Rapid HIV testing involves finger prick and results while you wait. Non-rapid confirmatory testing also available.
STD screening includes testing for syphilis, gonorrhea and chlamydia. Visual checks for herpes

and HPV. STD testing is confidential only. Couples testing available.

Planned Parenthood Columbia Willamette
HIV/STD Testing

888-875-7820
503-788-7273
www.plannedparenthood.org/

$20-$50 fee for HIV testing depending on income. Rapid testing available. Call for STD testing cost. Most insurance accepted. Spanish-speaking staff available.

Northeast Portland
3727 NE Martin Luther King Junior Blvd
Portland, OR 97212

Southeast Portland
3231 SE 50th Ave.
Portland, OR 97206

Beaverton
12270 SW First Ave., Suite 200
Beaverton, OR 97005

Vancouver
11516 SE Mill Plain Blvd., Suite 2E
Vancouver, WA 98684

Salem
3825 Wolverine St. NE
Salem, OR 97305

Bend
2330 NE Division St., Suite 7
Bend, OR

Scandals Lounge
Free HIV Testing

1125 SW Stark St.
Portland, OR 97205
503-988-3030 health department
www.scandalspdx.com

Free HIV testing for gay and bisexual men, every 2nd Friday from 9–11:30PM. Testing provided by Pivot.

Sunnyside Health & Wellness Center
HIV Testing

9775 SE Sunnyside Road, Suite 200
Clackamas, OR 97015
cascadeaids.org/hiv-testing-resources

Partnering with Cascade AIDS Project to offer free, rapid HIV testing every 2nd and 4th Wednesday from 5:30-7:30pm. No appointment needed.

The Public Heatlh Foundation of Columbia County
Low-cost HIV Testing

2370 Gable Rd.
St. Helens, OR 97051
503-397-4651
http://www.tphfcc.org/

503-397-1424 fax
800-244-4870 toll free

Sliding fee scale, $60 maximum, for anonymous or confidential testing. Available by appointment on Monday 8:30am-3:30pm, Tuesday, Wednesday and Friday from 8:30am-11:30 am. Accepts Oregon Health Plan, private insurance, and self-pay. No one refused service if they cannot pay. Spanish-speaking staff available.

Washington County Health Department
HIV/STD Testing

503-846-8851
www.co.washington.or.us/HHS/PublicHealth/clinic-locations.cfm

HIV/STD testing and treatment STDs available by appointment at two clinics in Washington County. Fee for service, but won't deny service due to inability to pay. Call 503-846-8851 for more information. Access to Spanish-speaking staff.

Beaverton Clinic:
12550 SW 2nd St, Beaverton, OR 97005
Testing available Monday - Friday.

Hillsboro Clinic:
266 W. Main St, Hillsboro, OR 97214
Testing available Monday - Friday.

Westover Heights Clinic
Infectious Disease Clinic

2330 NW Flanders Suite 207
Portland, OR 97210
503-226-6678
www.westoverheights.com

Private clinic provides testing and follow-up care for sexually transmitted and infectious diseases, including hepatitis A, B, and C, HIV, gonorrhea, chlamydia, herpes, and syphilis. Vaccinations for hepatitis A and B. Discount for up-front payment. Accepts most private insurance. No Oregon Health Plan or Medicare. Access to Spanish-speaking staff.

Yamhill County Public Health
HIV Testing

412 NE Ford Street
McMinnville, OR 97128
503-434-7525
hhs.co.yamhill.or.us/hhs-ph

503-472-9731 fax

Walk-in testing available or call for an appointment.

NEEDLE EXCHANGE

Clackamas Service Center
Needle Exchange

8800 SE 80th Ave.
Milwaukie, OR 97206
503-771-7914

Needle exchange available Thursdays from 2PM to 5PM. Can only exchange up to 50 needles per day. Call the Harm Reduction Hotline for up-to-date hours and locations at 503-280-1611.

Clark County Public Health - Harm Reduction Center
Needle Exchange

3701 E Fourth Plain Blvd.
Vancouver, WA 98661
360-750-8610

Needle exchange available Monday and Wednesday from 3PM to 6PM and Fridays from 3PM to 5PM. Call the Harm Reduction for hours and locations at 360-397-8086.
Participants can receive counseling, safer sex information and supplies, free Hepatitis C testing, Hepatitis A and B vaccinations (Wednesday only), morning-after pills (Wednesday only), as well as drug treatment and other referrals.

Harm Reduction Hotline
Needle Exchange Information

503-280-1611

Call to hear the latest schedule of needle exchange sites in the Portland and Vancouver area. Printed schedules in English and Spanish are available at all locations and online at. Information available in Spanish at 503-988-6333.

Multnomah County Health Department - Needle Exchange Program
Needle Exchange

503-280-1611

Needle Exchange Van (the white van)
Located at SE 82nd Ave. and Ash St. (one block off Burnside) on Tuesdays and Fridays from 7-9PM. Located at SE 190th Ave. (between Division & Yamhill) on Wednesdays from 3-5PM.

Call the Harm Reduction Hotline for up-to-date hours and locations at 503-280-1611.

Northeast Health Center
5329 NE Martin Luther King Jr. Blvd.
(around the corner of MLK & Killingsworth)
Thursdays and Fridays from 2-4pm.

PARTNER NOTIFICATION

inSPOT Portland
Partner Notification

503-988-3780
www.inspot.org/portland

Lists HIV and STD testing and treatment locations in Clackamas, Clark, Multnomah, and Washington counties. If you've had a positive test result, you can use this web site to send an anonymous email telling your sex partners to get checked.
Or you call call **503.988.3780** and ask to speak to a Health Department disease intervention specialist (DIS) who can call your partner(s) for you. This is an anonymous program, meaning the DIS worker would never give out information about you to your partner(s).

PREVENTION EDUCATION

Asian Family Center
HHPEP

8040 NE Sandy Blvd.
Portland, OR 97213
503-235-9396
www.irco.org

503-235-0341 fax

This program aims to address the health needs around Hepatitis B and HIV in the Asian and Pacific Islander (API) and African Refugee and Immigrant (ARI) populations in the Portland Metro Area. Focuses on outreach and education, training for health care practitioners on how to work effectively with medical interpreters and API and ARI populations, and developing and implementing a strategic plan to strengthen API and ARI leadership in prioritizing Hepatitis B and HIV prevention and management.

Cascade AIDS Project
Positive Talk (+alk)

208 SW 5th Ave., Suite 800
Portland, OR 97204
503-223-5907
www.cascadeaids.org

503-223-6437 fax
800-499-6940 Spanish

A five-session small group program for people living with HIV designed to reduce stress levels around issues of disclosure to friends, family and sex partners and to teach positive skills in order to create successful personal relationships. An incentive of a $50 gift card is offered upon completion of the program. Must schedule an intake appointment to be eligible, but does not have to be a CAP client.

Northwest Portland Area Indian Health Board
Project Red Talon

2121 SW Broadway, Suite 300
Portland, OR 97201
503-228-4185
www.npaihb.org

503-228-8182 fax
npaihb@npaihb.org

Education, training, and technical assistance on HIV and sexually transmitted disease prevention for tribes in Oregon, Washington, and Idaho.

Pivot
Health Information

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Prevention support groups for gay and bisexual men and Latinos meet weekly. Call for a schedule, or drop by to get health information Wednesday–Saturday from 4–10PM. Other social and educational events planned monthly. Part-time Spanish-speaking staff available. Operated by Cascade AIDS Project.

SAFER SEX

Condoms are available free at most county health clinics and at agencies that work in HIV prevention. Free condoms are also available at gay dance clubs, bars, and bathhouses, and at alcohol and drug treatment centers.
Free condoms are available at the following:

County Health Clinics

Cascade AIDS Project
208 SW Fifth Ave., Suite 800
Portland, OR 97204 503-223-5907

Central City Concern Health Services
727 W Burnside St.
Portland, OR 97209 503-228-4533

Clark County Public Health
1601 E Fourth Plain Blvd.
Vancouver, WA 98661 360-397-8089

wheelchair accessible agency receives Ryan White CARE Act funds

Men's Wellness Center
209 SW 4th Ave.
Portland, OR 97205 503-445-7699

Multnomah County Health Department
HIV & Hepatitis C Community Programs
3653 SE 34th Ave.
Portland, OR 97202 503-988-3030

Multnomah County Health Department
HIV Health Services Center
426 SW Stark St., 4th Floor
Portland, OR 97204 503-988-5020

Multnomah County Health Department
STD Clinic
426 SW Stark St., 6th Floor
Portland, OR 97204 503-988-3700

Outside In
1132 SW 13th Ave.
Portland, OR 97205 503-223-4121

Q Center
4115 N Mississippi Ave
Portland, OR 97217 503-234-7837

Sexual Minority Youth Recreation Center (SMYRC)
3024 NE MLK Jr Blvd
Portland, OR 97212 503-872-9664

Washington County Pride Project
Beaverton & Hillsboro (call for location) 503-260-5792

Planned Parenthood
www.ppcw.org 503-788-7273
Condoms $1 per dozen. 888-875-7820

Pivot
Axis

209 SW 4th Ave.
Portland, OR 97204
503-445-7699
www.pivotpdx.org

pivot@pivotpdx.org

Safer-Sex Resources For Gay, Bi Men and Trans Individuals
AXIS is for individuals who have had difficulty practicing safer-sex and who currently engage in sexual activity that would be putting

them at high-risk for acquiring HIV/STDs. Gay/bi/queer men and trans people are encouraged to check it out.

AXIS Resource:
Meet with an AXIS navigator to create goals around reducing your risk for HIV. Navigators can help direct you to resources for support with employment, housing, and medical care.
Contact: **Letty at 503-278-3841 or at axis@pivotpdx.org**
AXIS Talks:

Free safer-sex discussions and counseling in a safe group environment. Share stories, successes and challenges with your peers in a casual and fun space. Earn a safer-sex tool kit for participation!

Contact: **Adam at 503-278-3861 or at axis@pivotpdx.org**

STD TESTING

Multnomah County Health Department
STD Testing

426 SW Stark St. 5th Floor
Portland, OR 97204
http://web.multco.us/health/health-services

STD SCREENING
Appointment only. Hours: Monday, Tuesday, Thursday: 9am-4:15pm Wednesday: 11am-4:15pm, and Friday: 9am-12:15pm. Fees are sliding scale based on income. No one is turned away for inability to pay. Accepts Oregon Health Plan and private insurace. Can help enroll clients with insurance.
They offer low and no cost HIV, Hepatitis C, and syphilis testing (call for eligibility).

Call 503-988-3700 to set up an appointment. Testing services located on the 6th floor.

JUST CHECKING
"Just Checking" Tests are very fast and easy - no physical exam. Available at the STD Clinic (426 SW Stark, 6th floor). If you have no symptoms but just want a check up for gonorrhea, Chlamydia, syphilis, or HIV, this is for you!
Appointments can be scheduled by calling 503-988-3700.

HIV TESTING
COST: $20 fee
Description: 1 week results. Rapid testing available only to people who have had unprotected sex with someone known to be HIV+ and men who have sex with men. Call for an appointment 503-988-3700

Pivot
Free HIV/STD Testing

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www.pivotpdx.org

pivot@pivotpdx.org

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Southeast Portland
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Portland, OR 97206

Beaverton
12270 SW First Ave., Suite 200
Beaverton, OR 97005

Vancouver
11516 SE Mill Plain Blvd., Suite 2E
Vancouver, WA 98684

Salem
3825 Wolverine St. NE
Salem, OR 97305

Bend
2330 NE Division St., Suite 7
Bend, OR

Washington County Health Department
HIV/STD Testing

503-846-8851
www.co.washington.or.us/HHS/PublicHealth/clinic-locations.cfm

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Testing available Monday - Friday.

Hillsboro Clinic:
266 W. Main St, Hillsboro, OR 97214
Testing available Monday - Friday.