



The flu vaccine **CANNOT** give you the flu!

The Centers for Disease Control (CDC) confirms you **CANNOT** get the flu from the vaccine because it is made from killed or weakened viruses.

- ◆ The most common problems are minor soreness or redness at site of injection.
- ◆ A mild fever, headache, & muscle aches *may* occur, which is a **result of the body responding to the vaccine and building immunity against the disease.** While uncomfortable & inconvenient, these symptoms are mild when compared to the flu itself.

**Protect yourself. Protect your patients.
GET YOUR FLU VACCINE!**

For more information contact :

Clark County Public Health
www.clark.wa.gov/public-health/healthworker/index.html
360.397.8403



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