However, use of vapor products (e-cigarettes) is an emerging issue among youth. Among Clark County 10th graders...

Use of vapor products is considered unsafe for teens. Most e-cigarettes contain nicotine, which can cause addiction and can harm adolescent brain development. Vapor products are now the most common nicotine containing product used by youth.
While use rates are decreasing for many substances, youth perceptions of harm from drug and alcohol use are also changing.

In southwest Washington, youth perception of a great risk of harm from regular marijuana use has been decreasing for the past decade, while perception of a great risk of harm from regular alcohol use has remained steady.

**Adults play an important role in youth substance use prevention.**

- Youth in households that have clear rules about drug and alcohol use have a **2.9 times lower risk of using marijuana**.

- Youth who have adults that know where they are when not at home, if they got their homework done, etc. have a **3.3 times lower risk of using marijuana**.

- Youth in households that discourage drug and alcohol use have a **4.5 times lower risk of using marijuana**.

For more information on the 2018 Healthy Youth Survey, visit [askHYS.net](http://askHYS.net).

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