

Sunnyside Neighborhood Association

March 2016

Next Neighborhood Association

Meeting: March 9 at 7 p.m.

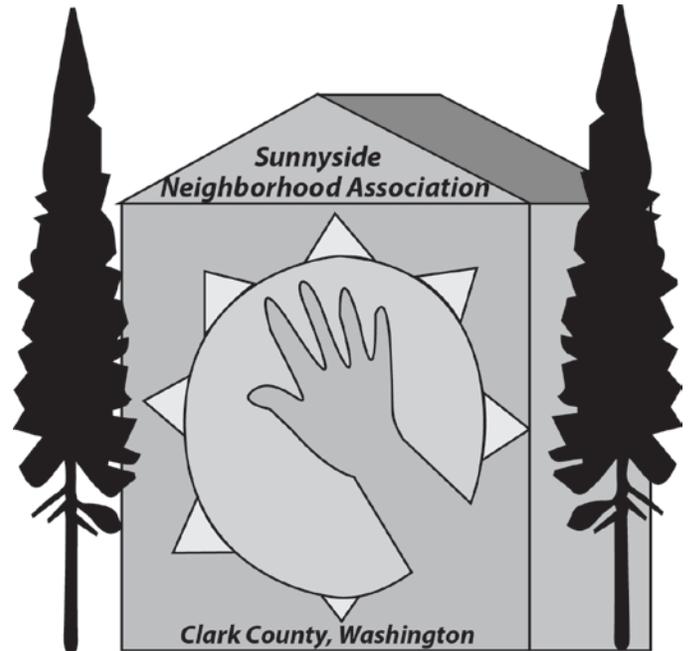
Barberton Grange

9400 NE 72nd Ave.

Speaker: Mike Selig-Clark Co.

Community Development

Low Cost Ways to Save Energy



NEW LOGO FOR NEIGHBORHOOD ASSOCIATION

The Sunnyside Neighborhood Association has a new logo. Andrew Boedigheimer, a senior at Heritage High School and a beginning graphic design student, submitted a logo that was accepted by the neighborhood association leadership team. For his efforts, Andrew earned community service hours towards his school's senior requirements.

Andrew participates in high school choir and plans on attending Central Washington University as a music composition major.

Andrew's graphic design teacher at Heritage High is Troy Wayrynen, who also teaches digital photography and Yearbook. Wayrynen is in his first year as a teacher after working for the Columbian newspaper as a professional photographer for 20 years. He is currently working on a Career and College Technical Education certification because of his desire to give students hands-on experience in technology fields.

The logo project was the result of a collaboration between Wayrynen and Sunnyside Neighborhood Association chair Judy Bumbarger-Enright, a retired teacher-librarian from Evergreen Public Schools.



Andrew Boedigheimer, Heritage High School senior, displays his design with graphic design teacher Troy Wayrynen.

Sunnyside Neighborhood Association

The Sunnyside Neighborhood Association meeting on January 13, 2016 was "Preparing to Survive the Coming Earthquake." Eric Frank from Clark Regional Emergency Services Agency (CRESA) gave a very informative presentation. He stated a high magnitude (9.0) earthquake is a possibility for our region given our past history and geologic makeup (this would be similar to the earthquake that hit Japan a couple of years ago).

The essential points he gave were: Focus on life and safety first. Have 7 - 10 days of supplies on hand (includes at least one gallon of water per day per person). Have a backup source for heating and cooking.

Plan for sanitation buckets with extra bags for liners. Plan for alternative transportation because most bridges will likely be damaged.

Plan for extra water for washing (maybe saving water in the plastic containers your washing machine soap comes in) Plan for meeting the needs of pets (includes medication, food, water, etc)

Be prepared to protect your home with plywood and plastic due to broken windows and doors.

Have supplies in your car as well as your home. Have extra medication on hand. Develop a communication plan for your family (local and non local).

Know location of the closest fire station. They will have the latest info on the disaster.

Beware of health issues that can arise from spoilage of food, unclean water, sewage, rodents, etc.

Put important information on flash drive or SD card (birth certificate, insurance info, etc).

Community (neighbors) must help each other. Sign up for personal training like first aid, CPR, Community Emergency Response Team (CERT).

Remember emergency personnel will be overwhelmed (as well as communication with them) and significantly challenged to visit all afflicted areas. Cell phones will not work because towers would be damaged or overloaded.

COMMUNITY HOME HEALTH SERVICES CLARK COUNTY

I recently learned of a wonderful service available to residents of Clark County as well as Cowlitz and Wahkiakum in Washington and Columbia in Oregon. If you or a neighbor or family member needs help recovering from an illness or injury, or wishes to remain in their own home as they age, or is suffering from a terminal illness, please know that help is available.

Community Home Health is the name of this extremely valuable service. Their Home Health Service makes it possible for people to recover from surgery, illness, or an accident in their own home. For example, Community Home Health provides skilled nursing, physical and occupational therapy, evaluation for needed medical equipment, and other services. This allows one to receive needed care in the comfort of one's own home instead of a hospital or rehabilitation center.

How is this paid for? If you are on Medicare or Medicaid, usually 100% of the service is covered for those who meet eligibility requirements. Community Home Health can also bill private insurance directly.

(CONTINUED ON PAGE 5)

Sunnyside Neighborhood Association



NEW! RecycleRight App.

Sometimes the rolling and rumbling of our neighbors tugging their carts to the curb reminds us that garbage day is coming. We throw on our shoes and rush to follow suit. Now, there's a better way to trigger our memories: get the free RecycleRight App!

The RecycleRight App is a free tool provided by Clark County, City of Vancouver, and Waste Connections. It is available for download at the Apple iTunes or Google Play App Store for smart phone and tablet. Search for "RecycleRight" and look for the image of the blue recycling cart. No smart phone? You can also access all the features online: www.wcnorthwest.com

RecycleRight Features

- Get reminders for your garbage, recycle, or yard debris service day. You can choose to receive a text message, email, or phone call. You can also add your service schedule to your Outlook, Google Calendar, or iCal.
- Unsure if you can recycle something? Look up how to recycle, donate, or properly dispose of

different items. Just type what you have in to the search tool and find out local disposal options specific to Clark County.

- With a just a few clicks, you can request additional yard debris collection service.

BARBERTON GRANGE NEWS

St. Patrick's Day Dinner at Barberton Grange

Thursday March 17th.

Time: 5:00 p.m. – 6:30 p.m.

Menu: Corned Beef & Cabbage, Carrots, Potato's, Beer Bread, Dessert & Beverages.

Tickets are \$10 a plate. You can get tickets by calling 254-2463 or e-mail Francie and Tammi at Francie.01@comcast.net. We can set up a time to meet you at the hall.

Hope you can make it and don't forget to wear your green on the 17th!



Sunnyside Neighborhood Association

CITIZENS ADVISORY BOARD MEETING

Clark County Sheriffs' Commander Kasberg and Deputy Tom Dennison gave a presentation to the Citizens Advisory Board meeting on January 14, 2016 on their Use of Force Policy & Procedures. They felt that police officers in the Northwest area have the best training on Use of Force across the nation. Their training should enable them to avoid the sad situations involving use of force that has been happening in the midwest and east coast.

They shared part of the training they give to all police officers. They stated that use of force is a decision composed of three questions:

Is it... Feasible? Is it... Tactically Sound? Is it... Permissible? Excessive force must pass a reasonableness test. A reasonableness determination is based on whether the officer's actions are "objectively reasonable" in light of the facts and circumstances confronting them, without regards to their underlying intent or motivation. Four factors to be considered in this analysis: whether the suspect poses an immediate threat to the officers or others; the severity of the alleged crime; whether the suspect is actively resisting arrest and, whether the suspect is attempting to escape. Unfortunately sometimes a decision must be made in a split second.

They shared several case histories in our state and other states. The ah-ha! moment for me was the understanding that the moments before the actual use of force is most likely the determine factor of the outcome. In other words did the officer do everything in his capabilities to avoid a confrontation that leads to use of violent force or did the officer create a violent situation.

Be a little leery of sensational news stories about victims of excessive force because some of the facts are not stated due to the ongoing investigation of the case (police officers cannot comment on current cases) and therefore only one side is making claims and accusations.

CRESA WARNING: PHONE SCAM

The following information comes from Clark Regional Emergency Service Agency:

The IRS scam is once again hitting Clark County. PLEASE DO NOT give any personal information or call 9-1-1. Please share this message with family members, neighbors and friends.

Clark Regional Emergency Services Agency's 911 call center in Clark County, Washington experienced a surge in calls regarding attempted IRS scams. IRS impersonators are threatening individuals with arrest if they don't pay immediately. This is a common phone scam and the threats made are not legitimate. It is not necessary to call 911 if you receive a call. Just hang up the phone immediately. Calling 911 will not be useful because there is nothing local law enforcement can do about the scam, since the calls originate in other parts of the country or the world. Calling will only create unnecessary traffic for 911 operators to handle.

Sunnyside Neighborhood Association

UPDATED! COUNTY WEBSITE



Clark County's website has a brand-new look. <https://www.clark.wa.gov/> . Finding public records and getting information about services is easier with the new user-friendly, easy to navigate site.

Upgrade Highlights

- Pages will adjust to fit a smart phone or tablet.
- You'll see the same top menu and footer menu on every page.
- The top menu features a "How do I?" section with list of common tasks.
- The service section of the menu allows you to look up what you need done without needing to know which department provides the service.
- The department section of the menu is alphabetized
- An Elected Officials menu provides department information contact information
- The "Find it Fast" feature gives you quick access to the most frequently visited pages on the site.
- Overall, much easier to navigate with a nice, improved look!

(CONTINUED: HOME HEALTH SERVICE)

This agency's web page is: www.chhh.org. You can read more about them at that site. Also, you can send Judy Bumbarger-Enright an email at sunnysidenava@yahoo.com telling her you would like a person from this organization to be the guest speaker and present information at one of the Sunnyside Neighborhood Association meetings.

Another service provided by this organization is home care for those who need assistance and services to Be able to age in their own home. As senior citizens get older, they may require some help so they can remain independent. This includes bathing and hygiene, meal preparation, housekeeping, shopping, pet assistance, and other services.

Hospice services for the terminally ill are also provided. This can occur at one's home, assisted living center, nursing home or the hospice care center in Vancouver or Longview. Your loved one would receive skilled nursing care, medication, and equipment related to that person's diagnosis. If the patient has a pet, a volunteer will care for it.

If you wish to access home health care, simply ask your physician to make a referral. You can also call the Vancouver office at 360.253.4626.

If you are not on the Neighborhood Association email list, you can send an email to sunnysidenava@yahoo.com and request it. This will allow you to receive important communications from Clark County regarding land use changes and other information. Your email will not be shared with anyone.

Sunnyside Neighborhood Association

Neighborhood associations are volunteer groups and not agents of Clark County government. Newsletter information and views are solely those of the neighborhood association and not of Clark County. Clark County Public Information and Outreach Office support these volunteers by printing and distributing their newsletters.

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