

# 2013

Clark County Commission on Aging

## ANNUAL REPORT TO THE COMMUNITY



*June 2013*



# MESSAGE FROM THE COMMISSION CHAIR



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Dear friends,

We are pleased to release the Commission on Aging's inaugural Annual Report. Age wave preparedness is critical for older adults as well as residents of all ages in the region – *aging is for everybody*.

Charged by the Board of Clark County Commissioners to mobilize and implement strategies from the Aging Readiness Task Force, the Commission on Aging has been working during the past year to initiate change within our community to better prepare for this upcoming age boom. The Commission on Aging is led by nine community volunteers and supported by seven work committees. It receives staffing support through Clark County Community Planning.

We hope the information in this report inspires involvement. We ask you to read the report, reflect and discover the role you can play in making Clark County a positive, healthy and safe place to grow older. Together, we can meet the needs of our residents over their life-course and encourage aging-in-place and aging-in-community.

Sincerely,

*Kiersten Ware*

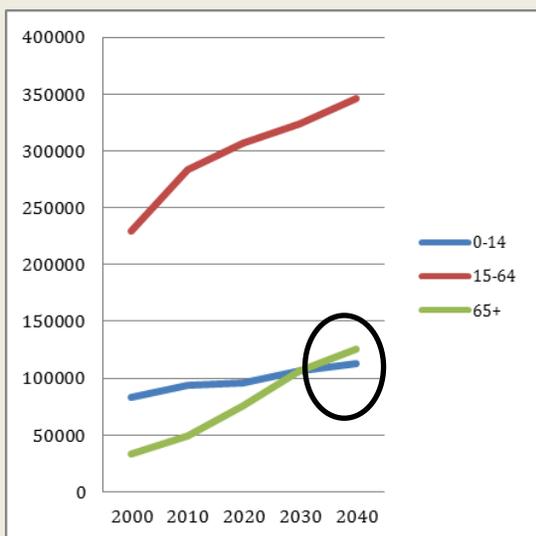
# THE COMING AGE WAVES

*What's the problem?*

*Why should we care?*



**By 2040, there will be more people in Clark County 65 and older than children under 15.**



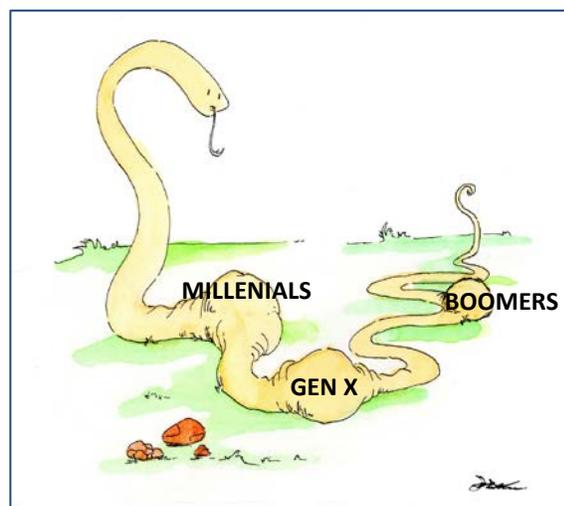
## Did you know?

- **If you reach the age of 65, you have an 80% chance of living until at least 85.**
- **In 1950, there were 8 working-age people for each person 65+. In 2050, there will be only 3.**
- **Cities are considered more age-friendly than suburbs. Yet older suburban households have tripled since 1970.**
- **75% of older adults (65+) have annual incomes, including Social Security, of less than \$34,000.**

Never before have so many people lived so long. Older adults have many names – *baby boomers, silver tsunami, elders, seniors*. As the baby boom generation – those born 1946-1964 – reaches retirement age, one in four Clark County residents will be 60 or better. However, our aging society is not just about baby boomers. Generation X will likely live longer as will the Millennial Generation.

The baby boomers have been referenced as a *pig in the python*. The generation was so large that, like a pig in a python, it created a large bulge in time.

Looking toward the future, social changes could be predicted as this large cohort moved through school, the work force, parenthood, and into retirement.



Today, demographers show multiple pigs in the python as all future generations are likely to live longer than past generations. It is said that the boomers will be an introduction to what will be a permanent shift in the aging of our communities. This major demographic shift will shape Clark County and the nation in the 21<sup>st</sup> century.

## RANKS OF OLDEST OLD GROW

Nearly 2 million are 90 or older, triple the figure from 30 years ago

By HOPEYEN  
Associated Press

WASHINGTON — The rolls of America's oldest old are surging: Nearly 2 million now are 90 or older, nearly triple their numbers of just three decades ago.

It's not all good news. They're more likely than the merely elderly to live in poverty and to have disabilities, creating a new challenge to already strained retiree income and health care programs.

First-ever census data on the 90-plus population highlight America's ever-increasing life spans, which are redefining what it means to be old.

### Local angle

Clark County's 90-plus population has nearly doubled in the past 10 years, keeping pace with the nation's increasing longevity.

Some 2,245 county residents reported they were 90 or older in the 2010 census, up 84.9 percent from 2000.

About 71.7 percent of people in that age group are women.

Those who are 90 and older make up about 5 percent of the 65-plus population and less than 1 percent of the overall population.

view that she maintains her health by leading a busy life — driving, grocery shopping once a week, sewing, visiting the senior center, volunteering and meeting her friends for lunch — but she acknowledges having some fears. "My big worry is becoming a burden on my family," she said.

Richard Suzman, director of behavioral and social research at the National Institute on Aging, which commissioned the report, said cases like Gutowski's are increasingly common. Personal savings for retirement can sometimes be a problem, he said, if people don't anticipate a longer life or one with some form of disability.

An Associated Press Lifespan Story

# THE COMING AGE WAVES

## *How is Clark County preparing?*



### **Aging Readiness Task Force**

Anticipating challenges, the Board of Clark County Commissioners appointed a 24-member task force to assess the county's capacity to serve the approaching silver tsunami.

The task force represented the public at large and experts in planning, aging, mental health, recreation, disabilities, housing, transportation and public health. The group was charged with examining whether we are ready for such growth and developing recommendations about what else needs to be done with minimal resources.

### **Growing older in Clark County**

Making Clark County  
a better place to grow up  
and grow old



### **Aging Readiness Plan**

The task force developed an **Aging Readiness Plan** that identifies 91 strategies focusing on ***healthy communities, housing, transportation and mobility, supportive services and community engagement.***

The plan encompasses perspectives about how to effectively cultivate and protect things we want most. The plan's goal is to improve the quality of life in all our communities, and the Aging Readiness Plan provides leadership to do this through existing regional collaboration and heightened public engagement. Building on current community assets and promoting solutions through research and actions may be the best ways to advance the common good.

## **2013 American Planning Association Award of Excellence**



The **Aging Readiness Plan** received an award of excellence from the American Planning Association County Planning Division and the National Association of County Planners.

It received the highest score of any plan submitted this year in any category!

# Clark County Commission on Aging

The Commission on Aging was created as recommended by the Aging Readiness Plan. Commissioner appointments were based on experience and expertise in the needs of seniors. The commission developed rules of procedure, bylaws, a process for election of officers and its *Mission, Vision and Guiding Principles*. Tasked with leading and managing implementation of the plan, the commission hit the ground running.

Commission members during their October retreat. From left to right: Lisa Rasmussen, Bob Holdridge, Karin Woll, Randy Scheel, Gary Beagle, Chuck Frayer, Kathy McLaughlin, Patti Gray, and Kiersten Ware.



Meeting first in June 2012, the nine-member group established **seven (7) working committees** tasked with implementing strategies of the plan. Five committees **focus** on the five chapters of the Aging Readiness Plan (**Healthy Communities; Housing; Transportation/Mobility; Supportive Services; and Community Engagement**). The additional two are a **Benchmarking** committee to measure the plan’s progress and success and a **Communications** committee to establish and manage a speakers bureau and raise awareness about the commission’s work.

In its first year, the commission completed six strategies. Another 39 are underway. The following sections highlight the commission’s accomplishments for 2012-2013.

## ~ Vision Statement ~

*The Commission on Aging envisions Clark County as a livable community for all ages and abilities, where citizens are valued, engaged and respected.*



## Commission on Aging members:

Kiersten Ware, Chair

Lisa Rasmussen, Vice-Chair

Gary Beagle

Chuck Frayer

Patti Gray

Bob Holdridge

Kathy McLaughlin

Randy Scheel

Karin Woll

## ~ Mission Statement ~

*As community ambassadors, the Commission on Aging provides leadership, advocacy, community awareness and partnerships to initiate change toward an all-age-friendly, livable community.*

# 7 Working Committees

## ~ Focus Areas ~

### Healthy Communities

*Create healthier places in the built environment.*

- Complete neighborhoods
- Access to healthy foods
- Access to parks, recreation and open space

### Housing

*Provide a variety of housing that is affordable and adaptable to changing needs.*

- Housing affordability
- Home design
- Housing choice

### Transportation/Mobility

*Promote independence through a variety of mobility options.*

- Neighborhood design
- Complete streets
- Older driver safety
- Transit improvements
- Coordinated transportation

### Supportive Services

*Promote well-being, safety and independence through a variety of services.*

- Aging-in-place
- Support for care-givers
- Physical and mental health support

### Community Engagement

*Promote volunteer opportunities for people who need help and for those looking to help.*

- Meaningful engagement
- Remove employment barriers

### Communication

*Promote a communication network that informs, involves and empowers people and communities.*

### Benchmarks

*Communicate Clark County's progress towards achieving the strategies of the Aging Readiness Plan.*

# HEALTHY

# COMMUNITIES



A **HEALTHY COMMUNITY** has neighborhoods with a variety of options for **HEALTHY FOOD**, access to **PARKS, OPEN SPACE** and other services and amenities that can be reached within a **COMFORTABLE WALKING DISTANCE**.

The Aging Readiness Plan's assessment of our community showed the built environment affects our health. For example, more than **65 percent** of Clark County residents are overweight or obese. More than **35 percent** of county residents live near a fast food restaurant or convenience store, but only **15 percent** live within a half-mile of a full-service grocery store.

Research shows physical activity increases by 40 percent and stress and obesity decline when people have access to healthy food, parks and open space. The Healthy Communities chapter of the plan includes 20 strategies that collectively work to create neighborhoods where people can live independently, safely and comfortably.



## **Collaboration, partnerships, community involvement**

Healthy communities also are where people come together to make their community better for everyone through collaboration, community ownership, inclusive approaches and long term, positive commitment.

This was the approach the commission took this year working on the strategies of the Aging Readiness Plan for healthy communities. In partnership with the city of Vancouver, the commission launched a healthy neighborhood demonstration project in three central Vancouver neighborhoods.

# Healthy Neighborhood Demonstration Project

The commission identified a census tract within an urban area of Clark County that had a high percentage of residents 60 or better. This area encompassed the neighborhoods of Marrion, Burton Ridge and Forest Ridge in Vancouver. Maps were produced showing the area's access (0.5 mile walking distance) to:

- Healthy food
- Parks, recreation and open space
- Alternative transportation modes (sidewalks, bus routes, trails)

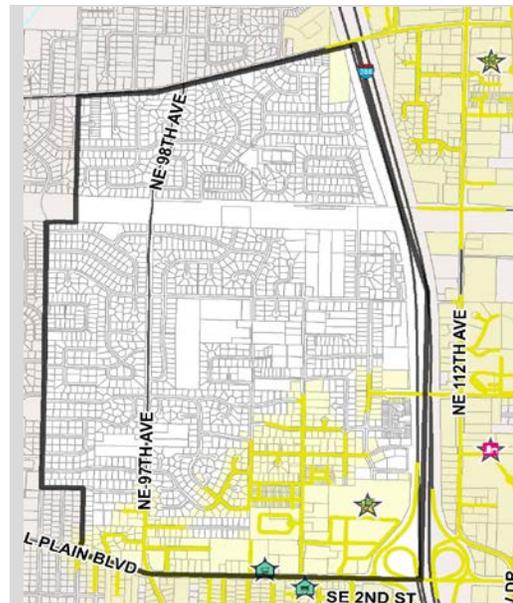
## Collaborations and opportunities

Many neighborhoods in the City of Vancouver have developed neighborhood action plans that outline values and priorities. Two of the three neighborhoods in the project area have gone through this exercise. Many of the goals in their action plans focused on healthy neighborhood elements – however, lack of resources and/or resident involvement have proven to be barriers to achieving the goals.

To assist these neighborhoods, the commission collaborated with several community partners to develop a list of opportunities that can be available to neighborhoods, but require resident support and participation.

The commission hosted a neighborhood ice cream social and invited all residents of the project area to come and learn about opportunities to make their communities healthier and more livable for all ages.

The opportunities shared at the social focused on: access to healthy food; active transportation; volunteer park projects; and, neighborhood networking. The residents who attended voted on which opportunities were most important to them.



The project area is shown within the black boundaries. The yellow shading indicates properties within 0.5 mile of healthy food.



Brendon Haggerty from Public Health - discussing healthy food opportunities at the neighborhood social.

## Participants top priorities

1. Neighbors on Watch program
2. Strengthen neighborhood assn.
3. Community gardens in parks
4. Community garden mentoring
5. Neighborhood emergency preparedness planning



A **LIVABLE COMMUNITY** provides a **VARIETY** of **HOUSING** options that are **AFFORDABLE** and **ADAPTABLE** to changing needs.

More than 85 percent of older adults want to remain in their homes for as long as possible, even though nearly 46 percent of older adults who live in their own homes have physical problems. The Aging Readiness Plan found staying in your home is less expensive than moving to a facility.

The housing chapter of the Aging Readiness Plan has 21 strategies that encourage a variety of housing types for people who need to move but want to stay close to friends, relatives, doctors and amenities. Each housing type should be affordable and adaptable to changing needs.

As the Aging Readiness Plan was crafted, community leaders recognized the potential of the housing strategies, and initiated several projects. The commission focused on supporting existing efforts and researching the feasibility of launching a shared housing program.

# HOUSING

## Universal Green Design



Universal-Green Design is a long-term approach that combines **environmentally sustainable** elements of green building or remodeling with the flexibility of **universal design**. Universal design uses simple, proven ideas to make any home more comfortable for a wide range of people.

### Community awareness

Phase I of this project is community awareness, and information is being provided through the county's Planet Clark demonstration trailer.

Phase II is to integrate universal design elements into an optional building code, much the way green elements have been integrated.



Universal Green Design display at the Home and Garden Fair

# HOUSING (continued)

## Home weatherization

Because it **reduces costs** and **increases comfort**, weatherizing a home can make the prospect of aging-in-place more likely for older adults with limited income. It was one of the Aging Readiness Plan's strategies for making homes more affordable. Reducing energy costs is the goal behind Clark Public Utilities home weatherization program. The state is contributing \$300,000 to this program, which is modeled on a Department of Energy pilot program. The Marrison, Burton Ridge and Forest Ridge demonstration project area was selected for this program. So far this year, the program has installed 105 ductless heat pumps and weatherized 171 homes.

## Emerald House

Completed in April 2013, the Planet Clark Emerald House is the county's first certified Emerald project. It is the first green design demonstration home that incorporates universal design elements.

Habitat for Humanity and the homeowner worked together on the project. Habitat for Humanity has launched a new affordable housing model. The group will retain ownership of the land, and the resident will have a 99-year lease.



## Let's Share Housing

This service focuses on housing choice and affordability, matching homeowners with a person of any age to

share living space. According to the Clark County Assessor, more than 31 percent of the county's housing stock is two-story, single-family homes. At some point, owners who want to age-in-place might find it beneficial to rent out parts of their home, and this program provides a way to make contact with qualified renters. The commission is working with a Portland-based organization to expand its program to Clark County.



LET'S  
*Share*  
HOUSING!

Affordability  
Community  
Solutions

## Land use and zoning changes

One way to encourage changes in the built environment is to modify zoning, development and building codes. The commission is working with the Development and Engineering Advisory Board to review the county's development code. A number of land use and zoning strategies focusing on housing options were addressed in the Aging Readiness Plan. The recommended changes will be included in the 2013 land use review process for research and implementation. The effort will be coordinated among all local cities so they incorporate similar changes.



The **ABILITY** to get around **SAFELY**  
allows people of **ALL AGES** to **CONNECT**  
with others and **MAINTAIN**  
**INDEPENDENCE.**

# TRANSPORTATION & MOBILITY

The Aging Readiness Plan shows about **20 percent** of older adults cannot or do not drive. Reduced mobility can put an older person at higher risk of poor health, isolation and loneliness. Research shows almost half of older adults do not have easy access to public transportation.

The plan includes 13 neighborhood design strategies that encourage different mobility options, such as neighborhood electric vehicles and public transit.

Other strategies aim to improve driver safety by lowering speed limits and upgrading directional signs and lighting. The commission started work on the following mobility initiatives:

## Neighborhood electric vehicles

Neighborhood electric vehicles are low-speed machines designed to comply with Federal Motor Vehicle Safety Standards. With a top speed of 25 mph, they are street-legal on most public roads posted at **35 mph or less.**



With a range of 30-40 miles, they are an inexpensive alternative for the short-distance trips older drivers typically make. With assistance from the county's GIS staff, the commission mapped county's streets and showed where you can drive in an NEV. The next phase of this project will include analysis of roads that have speed limits of 40 mph – to determine whether there is a way to enable neighborhood electric vehicles to safely share the road.

# TRANSPORTATION & MOBILITY (continued)

## Accessible Transportation Coalition Initiative (ATCI)

C-Tran and Human Services Council received an Easter Seals grant to help bring together all transportation providers in Southwest Washington to work on a plan to better coordinate transportation services and find innovative mechanisms to stretch dollars. The ATCI recommended creation of a mobility and resource management solutions program. The commission participated in the original two-day workshop, and has attended monthly meetings to assist with implementation.



## Mobility coordinator

Through the Accessible Transportation Coalition work, the commission applied for a VISTA volunteer to develop and initiate a mobility and resource management solutions program. The mobility coordinator will work within the Human Services Council. The goal of the program is to identify all formal and informal transportation programs and providers in Southwest Washington, and provide a one-stop shop for information and referral for transportation options.

## Volunteer sidewalk and trail program

In the past few years, more and more community volunteers have stepped up to lend their neighbors a hand. This program would allow volunteers to build sidewalks and walking paths using alternative materials other than concrete. The commission has been working with Public Works to research the feasibility of this program and create a demonstration project next year in unincorporated Clark County.





## SERVICES improve the QUALITY OF LIFE

for SENIORS and those who CARE for them by promoting WELLBEING, SAFETY and INDEPENDENCE.

To remain independent, older adults need information and access to services, which are becoming more difficult to provide in the current economy. Research shows that 42 percent of seniors have some functional limitation. Home- and community-based services can help prevent the need for expensive institutional care.

The Supportive Services chapter of the Aging Readiness Plan has 28 strategies to encourage services that improve quality of life for aging residents and those who care for them by promoting **well-being, safety and independence** with dignity. These services include contributions of individuals, groups and organizations. To meet the challenges, the commission is working on the following strategies:

### Elder Justice Center

The commission supported the Clark County Prosecuting Attorney's Office in formation of an Elder Justice Center. The center responds to reports of abuse of elderly citizens and other vulnerable adults. The staff includes representatives of state Adult Protective Services, law enforcement, the Prosecuting Attorney's office and victim advocates.

A program coordinator and community volunteers also are involved. By pooling resources, professionals, facilities and trained volunteers, the Elder Justice Center plans to keep costs to a minimum while maximizing returns to the community.

# SUPPORTIVE SERVICES

# SUPPORTIVE SERVICES (continued)

## **ElderFriends, a program of CDM Services**

The commission supported start-up of an ElderFriends program here in Southwest Washington at CDM Services.

ElderFriends is a volunteer-based visiting program designed to relieve isolation and loneliness among elders who would like to age-in-place. ElderFriends helps people live independently and avoid premature institutionalization. ElderFriends' key activities include the recruiting, screening, training, matching and ongoing support of volunteers. Through weekly communication, volunteers work with elders, social services and ElderFriends staff to meet client needs.

## **Program for All-inclusive Care for the Elderly (PACE)**

As our older population steadily grows, so will the number of seniors who will require specialized care. Currently, there is no program in Clark County that incorporates all types and levels of care in one place.

Providing a forum for information and public comment, the commission has supported PeaceHealth Southwest Medical Center in its effort to establish a PACE program. The program would help keep older adults as healthy as possible by providing comprehensive health care and social services that include:

- primary and specialty medical care
- a day health program
- nursing, therapy and social work services
- rehabilitation
- housing

## **Would TeleHealth work for Clark County?**

**TeleHealth is a term that means to provide healthcare distantly using technology. The TeleHealth concept has been essential in our rural communities, where traveling to see a doctor could be reduced by using computer technology.**

**Today, TeleHealth can help healthcare providers serve more people at a lower cost. The commission is exploring the feasibility of launching a TeleHealth program before it's required by law.**

**Planned for this fall, the commission will host an informational conference to explore TeleHealth and how it could benefit Clark County residents.**



# COMMUNITY ENGAGEMENT



COMMUNITY ENGAGEMENT promotes

LONGEVITY, PHYSICAL HEALTH,

LIFE SATISFACTION and the

psychological WELL-BEING of older adults.

Being involved in the community can provide a sense of purpose for adults who are no longer employed or rearing children. Research shows that **89 percent of seniors** who return to work or volunteer do so to stay active. The Community Engagement chapter of the Aging Readiness Plan includes eight strategies that encourage flexible, intellectually stimulating volunteer opportunities; remove barriers to employment after retirement; and, stress the importance of strengthening the role neighborhood associations play in helping young and old support one another.

### Leading by example

The commission firmly believes the power of the Aging Readiness Plan is the energy and expertise of volunteers. Commission members decided they should lead by example. Below are the volunteer hours the commission accrued over the past year.

Volunteer Hours	June 2012 – May 2013
COA Meetings	287 hours
Subcommittee and Project Meetings	256 hours
Speaking Engagements	69 hours
Community Events	79 hours
Community Meetings	97 hours
Preparation, Communications & Research	187 hours
<b>Total</b>	<b>975 hours</b>



October 2012 – Emerald House Groundbreaking Ceremony – commission members Chuck Frayer, Karin Woll and Bob Holdridge

# Time Banking

This past year, the commission has been researching and seeking input about establishing a volunteer Time Bank program in Clark County. Similar to bartering, time banking provides a service in exchange for another service. Each time bank member donates time doing something he or she is good at and which is exchangeable for an equal amount of time, regardless of the service. You also can donate your time to another member.

The commission held a community work shop May 22, 2013 to explore whether a time banking pilot program is right for Clark County. This is what was presented.

## About time banks

A time bank is a form of community currency that is based on time rather than dollars. Requests (withdrawals) are made from a large selection of available services offered by members. All hours are valued equally and earned and withdrawn on an hour-for-hour basis. With neighbors helping neighbors, we all build a stronger, more connected community.

## How time banks work

One hour of your time equals one hour of anyone else's time. All hours are recorded on a web-based accounting system similar to a bank account but using hours instead of dollars. When you need a service (grass mowed, babysitting, tax help), you consult the time bank directory for persons who provide that service. The service provider earns (deposits) hour credits in the communal time bank and the same number of hours are deducted (withdrawn) from your account.

*"I didn't realize just how much people have gotten away from helping people until I joined time bank.*

*Time bank is like bringing out and bringing back the good in people, a reminder that it is not all about us, it is indeed about helping others, serving others and our community."*

*--Anonymous time bank fan*

You also are a provider of services. You post a list of services online that you can perform for others (for example: math tutor, legal services, massage). When you provide a service to another time bank participant, you earn hours that are deposited in your time bank account. Another element of the program that can be critical to our aging population is that hours can be donated to another member.

## Workshop Questions and Responses

1. What makes the volunteer time banking concept a good idea?
  - Helps build community, encourages interaction
  - All volunteers' time is equally valued
2. What would it take to make this happen in Clark County, your neighborhood and/or organization?
  - Word of mouth, "organically grow;" start small, grow bigger
  - Need market plan
3. How can you help us make this a viable program for Clark County?
  - Sharing networks
  - Helping with outreach





Clark County needs a **COMMUNICATION NETWORK** that **INFORMS**, **INVOLVES** and **EMPOWERS** people and **COMMUNITIES**.

# COMMUNICATION

The Aging Readiness Plan indicates the need to communicate information and opportunities for Clark County residents. The commission created a work committee to focus on two key areas:

## **Information resource**

Facilitate development of a community Internet resource and information guide. This would include links to major information hubs such as the Clark County Commission on Aging, Area Agency on Aging and Disabilities of Southwest Washington, 211, Human Services Council and C-Tran.

## **Speakers Bureau and community events**

Engage the community and policymakers through a speakers bureau and community events.



Commission member Gary Beagle at the 50+ Expo.



Community partner Kim McNally and commission member Lisa Rasmussen with the therapy llama at the 50+ Expo.

# COMMUNICATION (continued)

## Communication tools

### Commission on Aging/Aging Readiness Plan website and Facebook

The website and Facebook page are critical tools for informing the community about the Aging Readiness Plan and Commission on Aging. The pages are updated regularly, indicating the status of projects aimed at overcoming challenges listed in the plan. They provide a place to learn about projects, how to get involved, upcoming meeting dates and information about the commission.

### Informational brochures

The commission has produced informational brochures on the Commission on Aging, Aging Readiness Plan and Universal-Green Design. The brochures have been extremely useful for people to learn more about the work of the commission.

### Speakers Bureau

The commission's Speakers Bureau consists of volunteers who raise community awareness about the Aging Readiness Plan, initiatives underway to combat challenges identified in it, and the Commission on Aging and its projects.

### My Senior Library

This resource is part of the Fort Vancouver Regional Library District's revamped website. It provides information about books, volunteering, community services, leisure time and local resources for seniors. The commission previewed the site and provided feedback. To view the site, go to [www.fvrl.org](http://www.fvrl.org).

### Community Outreach

The Commission on Aging and its volunteers have made significant efforts to reach out to the community through formal speaking engagements, hosting or participating in community events, and attending community meetings. The table at right indicates the number of meetings and events in which the commission participated.

## Growing up and growing older in Clark County

The Aging Readiness plan identifies how our community can better serve people who want to remain in Clark County as they age. Five key areas have been assessed. The Aging Commission is overseeing implementation.



*Event display used at community events to raise awareness of Aging Readiness Plan and the commission's work.*

Community Education and Information	June 2012 – May 2013 # of events/meetings
Speaking Engagements	12
Community Events	12
Community Meeting Representation	40
<b>Total</b>	<b>64</b>



It is important to **MEASURE** and **COMMUNICATE** Clark County's **PROGRESS** in becoming a more **LIVABLE COMMUNITY** for **ALL AGES** and **ABILITIES**.

# BENCHMARKS

Aging-in-place simply means remaining in your home as long as possible. To be successful, an individual might need to modify the home, secure support services, or find different ways to stay engaged with the community.

How do we know whether our community is moving forward or backward? What indicators should we use to measure our progress? Where do you begin? When can we expect to see change? These are some questions being explored by the commission.

## Measuring the Aging Readiness Plan's Goals

The Aging Readiness Plan highlighted where we are today and a path toward making positive change. The commission acknowledged numerous efforts nationwide to identify a measurement system, and agreed with the *2013 Livable Community Indicators for Sustainable Aging-in-Place* study done by the Stanford Center on Longevity at Stanford University.

The commission will be collecting data related to the five focus areas (Healthy Communities, Housing, Transportation/Mobility, Supportive Services and Community Engagement) of the Aging Readiness Plan. The data will be monitored every year and fed into an eventual update of the Aging Readiness Plan.

The commission made an effort to look for data sources that would be: low-cost; accessed through existing sources; easy to monitor so course corrections could be made; and, supported by local community stakeholders.

### Chosen data sources

- American Community Survey (Census)
- (BRFSS) Behavior Risk Factor Surveillance System
- (CCPH) Clark County Public Health
- (CCA) Clark County Auditor
- CTRAN
- Center for Neighborhood Technology

# MANY THANKS TO ALL WHO ASSISTED THE COMMISSION ON AGING THIS YEAR!

## Community Partners and Volunteers

Jean Akers, Vancouver-Clark Parks and Recreation  
BJ Anderson, Volunteer  
Jose Alvarez, Clark County Community Planning  
Colete Anderson, Clark County Community Planning  
Gary Albrecht, Clark County Community Planning  
Matt Babbitts, Clark Public Utilities  
Judi Bailey, City of Vancouver Office of Neighborhoods  
Bill Barron, Clark County Administrator  
Larry Blaufus, Clark Public Utilities  
Cory Bolkan, Washington State University-Vancouver  
Pete Capell, Clark County Public Works  
Bob Cone, Volunteer  
Vance Corum, Farmers Markets America  
Julie Crewdson, Volunteer  
TheresaCross, Clark County Public Health  
Victoria Dain, Volunteer  
Lynda David, Regional Transportation Council  
Alan DeLaTorre, Portland State University  
Sherri Dickerson, Vancouver Housing Authority  
Beverly Doty, Volunteer  
Christa Dreese, Volunteer  
DuWayne Dunham, Clark Public Utilities  
Elspeth Durek, Clark County Public Health  
Donna Elliot, Volunteer  
Mark Eshelman, Volunteer  
Christine Evoniuk, Trusted Transitions  
Shelly Fleming, Volunteer  
Cheryl Gabriel, Kaiser Permanente  
Holley Gilbert, Clark County Public Information Office  
AJ Gomez, Volunteer  
Brendon Haggerty, Clark County Public Health  
Fran Hammond, WSU - Clark County Extension  
Hailey Heath, Vancouver-Clark Parks and Recreation  
Pat Hopstad, Volunteer  
BJ Jacobson, Human Services Council  
Greg Johnson, Senior Messenger  
Leslie Johnson, Clark County Environmental Services  
Dr. Alan Jones, Volunteer  
Jo Jones, RSVP  
Jacqui Kamp, Clark County Community Planning  
David Kelly, AAADSW

Jeanne Kojis, Nonprofit Network  
Dianna Kretzschmar, Fort Vancouver Convalescent  
Colleen Kuhn, Human Services Council  
Laurie Lebowsky, Clark County Community Planning  
Carrie Lewellen, City of Vancouver  
Kristeen Lewis, Volunteer  
Karen Llewellyn, Clark County Public Works  
Lilly Longshore, Volunteer  
Kathy Lobry, Volunteer  
Mike Mabrey, Clark County Community Planning  
Marilee McCall, Clark County Community Planning  
Kim Malen, PeaceHealth  
Steve Madsen, Clark County Assn. of Realtors  
Kim McNally, Vancouver Community Library  
Andy Meade, City of Vancouver  
Klaus Micheel, AAADSW  
Pete Monroe, Clark County Housing Preservation  
David Moore, Council for the Homeless  
Tricia Mortell, Clark County Public Health  
Debe Nagy-Nero, Burgerville, Food Systems Council  
Marina Nazaretyan, AAADSW  
Sasha Nichelson, Vancouver Housing Authority  
Lee Nichols, Volunteer  
Oliver Orjiako, Clark County Community Planning  
Mary Beth O'Donnell, Clark County Community Planning  
Ruben Pacheco, WSU - Vancouver (student)  
Julie Payne, Volunteer  
Melanie Payne, Clark County Public Health  
Jeanne Phipps, Human Services Council  
Georgia Pinkel, Volunteer  
Brian Potter, City of Vancouver  
Jackie Poytriss, Volunteer  
Bill Puckett, Volunteer  
Mike Reardon, AAADSW  
Mike Selig, Clark County Community Development  
Bryan Snodgrass, City of Vancouver  
Charlie Stemper, Volunteer  
Dean Sutera, WSU-Clark County Extension  
Adna Tanjo, Vancouver Housing Authority  
Vicki Vanneman, Vancouver-Clark Parks & Recreation  
Jim Wilson, Volunteer



**Clark County Community Planning**

*Planning for Clark County's promising future*

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