

Family Caregiver Resources

Lexie Bartunek | March 21, 2017

A R E A A G E N C Y O N
Aging & Disabilities
O F S O U T H W E S T W A S H I N G T O N

There is no place like home.

AAADSW provides services to seniors, adults with disabilities and their families.



Who are Caregivers?

- Paid Caregivers
- VS
- Unpaid Caregivers

Family Caregivers in US

- 40 million family caregivers
- 37 billion hours of care
- \$470 billion in care

Family Caregivers in WA

- 828,000 caregivers
- \$10.7 billion in care
- \$10 million in savings over last 5 years

Caregivers in Clark County

The Family Caregiver Support Program (FCSP) provides services to family and friends to continue at-home care of a loved one.



Information and Assistance...

connects caregivers to a range of public and private resources about aging and long-term care support services.

We also provide assistance accessing these services.

TCARE

TCARE is an assessment that helps us better provide support and services to connect each individual family caregiver to the options that work for them.

One on One Counseling & Support Groups

Our licensed counselors help caregivers cope with stress that may occur during the caregiving journey.

There are also support groups available to caregivers.

Caregiver Education and Training

Our caregiver libraries, classes and workshops provide invaluable information on how to care for your loved one and yourself.



Supplies and Equipment

Limited funds are available to purchase items such as grab bars, walkers, personal emergency response systems, and incontinence supplies.

Respite Care

Respite care provides a break from caregiving.



What Caregivers say about our services...

“Keep up your wonderful work and the community needs that you meet.”

“You’re tops...you were mentioned in every Christmas Card I sent.”

“Thank you very much for being caring people.”

Community Services for Caregiver

There are many additional resources in our community for caregivers.



Support Groups

- Alzheimer's/Dementia Specific
 - HOPE
 - Alzheimer's Association
 - Other
- General Caregiver Support
 - CDM
 - Graceful Living
- Disease Specific
 - Parkinson's
 - Stroke
 - Diabetes

Education

- Clark College Continuing Education
- VA Savvy Caregiver Series
- Library

- Online Options
 - Alzheimer's Association
 - Family Caregiver Alliance
 - Oregon Care Partners

Respite Options

- Home Care Agencies
- Adult Day Care
 - CDM
 - Innovative Services
 - Graceful Living
- Short-term Facility Stays
 - Hourly
 - Daily
 - Overnight

Thinking outside the box

- Meals on Wheels
- Grocery Delivery
- Gym Memberships
- Walking groups

- Informal Supports

Other Services in the Community

- Care Management Services
- Mediation Services
- Veteran's Administration
- Faith or other Community organizations
- And others...

Questions??

Contact Us

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