



Guest Speaker  
Peggy McCarthy



Guest Speaker  
Janet Ragan

## Commission on Aging Speaker Series

Join us Sept. 19, 2017

4:30 – 6:00 p.m.

Public Service Center

1300 Franklin Street, Vancouver

## Learn about Mental Health Concerns

The toll depression can take on an older adult's health can be severe. Depression can complicate treatment of chronic medical conditions such as diabetes, heart disease or cancer and make caring for yourself or seeking treatment more difficult.

Two experts from the National Alliance on Mental Illness (NAMI) of Southwest Washington will speak on this topic. Peggy McCarthy, executive director, and Janet Ragan, director of behavioral health services, will talk about mental health conditions in older adults that are not part of normal aging, how to identify symptoms, and what treatment options are available.



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