



Clark County Commission on Aging  
1300 Franklin Street, 6<sup>th</sup> Floor  
Vancouver, Washington

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## Meeting Notes

Tuesday, May 21, 2013

4:30 p.m. – 6:00 p.m.

Members Present: Gary Beagle, Patti Gray, Bob Holdridge, Kathy McLaughlin, Lisa Rasmussen, Randy Scheel, Kiersten Ware, Karin Woll

Absent: Chuck Frayer (excused)

Community Partners: David Kelly, Klaus Micheel

Staff: Colete Anderson, Jacqui Kamp, Mary Beth O'Donnell

### Welcome and Call to Order

- The meeting agenda was approved. Minutes from April 16 were unanimously approved as submitted.
- Chairperson's report:
  - Kiersten and Gary met with Commission Stuart in preparation for the June meeting. That meeting will include the Board of Commissioners and the CoA members. The CoA annual report will be presented.
  - Rotation of officers is coming up with a change in the positions of Chair and Vice-Chair.
  - Retreat in August will not be facilitated by an outside party. Will be a time to review strategies in progress and prioritize new ones to be added, check-in on how we're doing and set a work plan for the following year.

### Work Committee Updates

- Benchmarks:
  - Two major goals accomplished; form a committee and produce a report (will be done in two weeks).
  - Committee met April 30<sup>th</sup>. Looked at variables and indicators to measure the long term effect of the commissions' work in the community which will be incorporated into the report.
- Communication:
  - Lisa has been to a few city council meetings to talk about the commission. Two main areas of interest seem to be telehealth and timebanking, with some interest in shared housing as well but people are uncertain of what that looks like.

- CoA had booth at the 50+ Expo. Gary did a great job.
- Will have a booth at the Recycle Arts Fair coming up. *Action: Kiersten and Patti to volunteer at that.*
- Timebanking workshop is tomorrow and Lisa will be there. All members are welcome to join her.
- Facebook page is up and running. Encouraged everyone to “like” it and keep up with new developments. Submit news, photos, events, etc. to Jacqui for posting.
- Community Engagement:
  - Kathy will be at the timebanking workshop tomorrow, 6–8pm at the library. This is a national concept for trading volunteer hours and services with others in the community. Looking into examples of existing groups to use as a model for developing a program here. Hoping for good input from participants.
- Healthy Communities:
  - No meeting this month.
  - Announcement: Wednesday, May 29 (National Senior Health and Fitness Day), 1:30–2:30 pm, Luepke Center: free self–defense class.
- Housing:
  - Bob has been visiting social service agencies talking about shared housing. They could be a good resource in the future as they have a client base that could benefit from the program. He also wants to arrange visits with the religious community and present the possibility of shared housing as a resource to them.
  - Next month the committee will start talking about how to advertise universal green design to inform people of its benefits.
- Supportive Services:
  - Telehealth update: After discussion, committee concluded holding just one conference. Morning will be traditional format with keynote speaker to open and three follow up speakers – one representing the clinical field, one home health provider or stakeholder, and lastly one from the community service world.
  - Randy is currently researching and talking to candidates for the keynote speaker, people with authority and experience that understand the local needs. Timeframe is this fall.
- Transportation:
  - Jacqui: moving forward with the volunteer sidewalk program. Next meeting in June.
  - Community event being planned “Sunday Streets Alive”, same theme as Sunday Parkways in Portland. Specific route identified for people to walk, bike, run, stroll, etc. featuring vendors and activities along the way. CoA is working on having a presence and members will be asked to volunteer time at the booth. Date is Sunday, August 18<sup>th</sup>.
  - Lisa is attending C–Tran’s ADA Conference tomorrow on Chuck’s behalf. Chuck is doing well and hopes to be at the June meeting.

Kiersten showed the APA award that was received by Community Planning for the Aging Readiness Plan.

## Presentation:

Marc Berg, director of homecare, hospice and care management for PeaceHealth

P.A.C.E. – Program of All-inclusive Care for the Elderly

- Marc gave credit to the Aging Readiness Plan for PACE getting on the radar locally and helping move it forward. It's a positive outcome of that plan.
- Legacy budget process finalized end of this month. Waiting to see if the program will be approved.
- Innovative program serving seniors. Eligibility criteria: 55+, live in a PACE service area which is defined by the state and CMS (looking at Clark County first), eligible to receive nursing home level of care, and able to live safely in the community at the point of enrollment. Key is using the dollars that are already going out in a different way. Not used on hospitals, emergency room and nursing home care. Used more for prevention, home health, and a social center. Enables participants to receive care at home rather than a nursing home.
- Three-way partnership: Provider/state administering agency/centers for Medicare and Medicaid Services (CMS). Provides for medical needs, housing needs, transportation and socialization. Provides comprehensive long-term services and support to Medicaid and Medicare enrollees.
- Financing for the program is capped which allows providers to deliver services people need rather than limit them to those reimbursable under fee-for-service plans.
- Programs currently in the area: Providence ElderPlace in King County WA and Multnomah County OR. Nationally there are 90 sponsoring organizations in 30 states.
- Reimbursement combines funding from Medicare Part A & B & D, Medicaid, and private pay. Unique compared to other healthcare payment models.
- PACE Center: visit on average 2 times a week, provides social interventions, personal care, full-service clinic. Usually limited to 100 patients so staff really gets to know them.
- Critical success factors: sufficient demand (seen in Clark County), positive market factors (supportive partners are significant in Clark County), strong state support, adequate Medicaid payment (hasn't been updated since 2005 so creates a challenge – 10% below national average), strong organizational capacity (needs to be centralized), adequate capitalization (PeaceHealth support).
- Financial requirements: \$3–6 Million to start up, break even cash flow at 18–24 months, investment payback in 4+ years. With the reimbursement here it will be difficult to meet these benchmarks. But in partnering with different agencies the initial capital investment can be lower. There are good opportunities for partners in this area.
- Demographics in the area favor the development of this program.
- Current allocation: Acute care takes up most of the dollars. For healthcare to be successful in the long term, need to shrink hospital care (too expensive) and focus on prevention and primary care.
- Studies have shown patients live longer and are happier with PACE program. It is the gold standard for healthcare.
- Implementation timeline: 9 month process for application and approval, begin July 2013 and by July 2014 begin to accept patients.

- Expecting to reach 200 patients in the first 2 to 3 years.

Presentation will be available to view on the county's website.

#### New Business

- June meeting with Board of Commissioners: Kiersten envisions each committee chair will speak on their portion of the report.
- The group unanimously agreed to cancel the July 16 CoA meeting.
- **August 20th retreat: Kiersten has started an outline of topics for the agenda including current projects, estimating timelines on wrap ups, possible staff support changes next year, committees formation and function, work plan. *Action: Email Kiersten any other topics for inclusion.***
- Retreat time change: 3:00–5:00pm, location in Training Room (next to Hearing Room).
- Kiersten will be stepping down from her role as chair.
- July 4, Felida neighborhood parade. CoA has been invited. Gary agreed to attend.
- Lisa asked for help from other members throughout the summer as she goes out to public speaking events.

#### Public Comment

- None.

#### Adjournment

- Meeting adjourned at 5:30 pm.