



Clark County Commission on Aging
1300 Franklin Street, 6th Floor
Vancouver, Washington

Meeting Notes

Tuesday, January 19, 2015

4:30 p.m. – 6:00 p.m.

Members Present: Bill Ritchie, Chuck Frayer, Bob Holdridge, Pat Janik, Marjorie Ledell, Herb Maxey, Karin Woll, Ali Caley Smith, Linda O'Leary

Absent:

Staff: Colete Anderson, Jacqueline Kamp, Kathy Schroader

Welcome and Call to Order

- Chair Bill Ritchie opened the meeting. Motion to approve the agenda and minutes from December 15 was unanimously approved.

Reports

- Chair Report – Bill – I've been working with the homeless situation here in Vancouver, over the past few weeks I have been working on some kinks as we speak, hopefully by the end of this week we will be ready to launch a very significant project.
- Vice-Chair report – Bob –Nothing
- Communication – Marjorie –The housing discussion with the committee was good, I have volunteer's (Linda, Ali and Karin) now for the communication committee relative to the promotion of the yearlong housing topics that we identified.
- Treasure report – Chuck – Hasn't changed, holding at \$889.33
- hOur IMPACT – Karin – We now have 79 member's in the time bank. The community is responding and we are very pleased. In December, I spent two weekends at Fred Meyer handing out flyers and from that experience received two requests for presentations. I also had my first transaction with time bank in December. The Clark County Youth group (a member of the Time Bank) has been out pulling ivy.
- Universal Green Design Update – Chuck – For the audience – we are focusing on housing, a very large issue, pulling together for each month speakers with topics of talking to parents, aging in place, Design, finance, technology – these are pieces and parts of housing today, coming up and moving forward this year.
- Health Advisory – Ali– Not at this time

Presentation

How to have a difficult conversation with aging parents. – Christina Marneris Community Services Program Supervisor, AADSWA

What are some comfortable tips on talking with your aging parents?

1. Do your research – internet, service agency providers, and your doctor.
2. Appreciate why it's hard: Not usually the role you play, their privacy, lack of knowledge, fear of consequences – moving to a care system.
3. Consequence of not having the conversation – they may hurt themselves or someone else.
4. Gains verses losses – losing independence, safety, their concerns.
5. Using a mediator if needed for the conversation, you may need to have more than one conversation.
6. Respect their rights – let them express the concerns they have. Pick a good time that works for them to have the conversation. Be candid and direct about the conversation.

As an Agency we are an information and assistant provider so you as adult children can call us and we will be happy to connect you to resources and choices.

Public Comment

Joe – talked about the City of Vancouver task force on homeless and affordable housing.

Meeting adjourned at 6:00pm

The next open, general meeting will be February 16.

The Clark County Commission on Aging provides leadership and creates community engagement in addressing the needs and opportunities of aging.