



Work Session Notes

Tuesday, Oct. 17, 2017

3:30 p.m. – 4:15 p.m.

Members Present: Marian Anderson, Marjorie Ledell, Ali Caley, Donna Roberge, Linda O’Leary, Temple Lentz, Amy Gross, Pat Janik, and Chuck Frayer

Absent:

Staff: Jacqui Kamp

1. Sept. 19 Work Session Notes – No revisions were made.

2. Debrief on Sept. 19 Meeting Notes – Highlights/How do we use what we learned?

- Good job at spotlighting elder suicide
- Pair down the highlights for the speakers

3. November Speaker – Complementary Alternative Medicine: Feedback from members for speaker:

- Know how to access the services with the complexity of insurance/healthcare – how do you get it – are there free resources?
- There are places that offer free services for veterans
- Cover all services under CAM
- How to make these options available to common man – they are expensive, perception that they are for upper income bracket
- Self-management

4. 2018 Supportive Services event update and next steps:

- Pat provided overview and handout on the update of the 2018 Event

5. Annual Report

- First draft began with shortening the speaker highlights
- Need to determine what highlights stand out to make as recommendations to county council
- Elder abuse – although well-coordinated through council with Elder Justice Center – that was an important issue
- Raise awareness of the Area Agency on Aging and Disabilities as a central place of information
- Article in Sunday’s paper about local Kaiser nurse that Tom Vogt wrote – we would like to talk to her about aging population in disasters
- Clark County may only have two memory care centers, but they do have adult foster homes that deal with people with Alzheimer’s and other memory care issues, so we shouldn’t state in our highlights there are only two – there are more which have waiting list – we need more- but need an accurate count
- Home Safety:
 - Could we advocate for faith based organizations to assist community members to help with lighting issues/improve lighting
 - Firefighters/paramedics program on going back into home and gage it for safety -

- Red cross has program to do fire escape plans/smoke alarms and installing for those that can afford it – could they offer
- Neighborhood Associations could disseminate information
- Certified aging specialists
- Telehealth – Medicare/Medicaid – not sure if it is an appropriate recommendation as everything in that field seems far off
- Naloxone kit - Opioid reversal kit that has injection – check with Roxanne Wolf, Public Health and First Responders
- Elder Justice-Adding another detective for county outside Vancouver
 - Scamming in older adults – who is being targeted and how
 - Vancouver detective versus county detective assigned to Elder Justice Center
 - Raise awareness of Elder Justice Center
- Mental illness – age is not necessarily a factor with mental health and suicide
 - Percentage of people that commit suicide had been to see their doctors that day, that week, that month
 - Panelist for conference could speak to the suicide in older adults
 - Need robust program to identify isolated elders in our rural suburban areas
 - Geriatric workers – people with more experience in geriatric care- Certified Peer specialist
- Linda, Marjorie, and Jacqui to prepare next draft and send out to CoA with due date for comments

6. Transportation focus discussion:

- The members reviewed the draft 2018 focus for transportation
- The commission will move forward with the topic areas and begin scheduling the presenters for next year

7. Housing

- The county has been working on some initiatives and Colete will provide an update during the regular meeting

8. Updates and Announcements –

- Upcoming meetings: The November speaker will talk about Complementary Alternative Medicine. The November meeting is the last speaker in the COA series. The November COA meeting will take place on the 14th. Christina Marneris from AAADSW will also give a brief overview of the new Medicaid Transition programs they are implementing related to Caregivers.

9. Adjournment – The Work Session adjourned at 4:20 p.m.

The Clark County Commission on Aging provides leadership in community engagement and advocacy of Clark County's Aging Readiness Plan, especially for those 60 and over who plan to age in place.