



Guest Speaker  
Judy Canter

## Commission on Aging Speaker Series

Join us **Oct. 17, 2017**

**4:30 – 6:00 p.m.**

Public Service Center

1300 Franklin Street, Vancouver

## Learn about **Socialization and Seniors**

Socialization is a basic human need throughout our lifetime. Unfortunately, with the number of seniors that live alone, isolation is not an uncommon problem. Judy Canter, a Licensed Independent Clinical Social Worker, will talk about the the importance of socialization for older adults and what long-term care options and opportunities for engagement are available in Southwest Washington.

Canter, president and operator of Mindful, Inc., was the founder of CDM Adult Day Services Center. She provides support and mental health therapy to adults, older adults and caregivers. She has been published in several books and writes for the Columbian quarterly on Senior Issues.



[comm-aging@clark.wa.gov](mailto:comm-aging@clark.wa.gov)

[www.clark.wa.gov/aging](http://www.clark.wa.gov/aging)