



Guest Speaker  
Jennifer Dill, PSU

## Commission on Aging Speaker Series

Join us **August 21, 2018**

**4:30 – 6:00 pm**

Public Service Center

1300 Franklin Street, Vancouver

## Learn about **Active Transportation**

Walking and biking can contribute to healthy aging by improving mobility, access to services, and physical and mental health. Developing well-connected, attractive bike and pedestrian networks that are safe, convenient, and user-friendly for people of all ages and abilities will help people get where they need to go while also helping the environment and economy.

Jennifer Dill, a professor of Urban Studies and Planning at PSU, and director of PSU's Transportation Research and Education Center will discuss the benefits of active transportation.



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