**Date:**

**Name:**

**Group Leader:**

**FILL IN DURING CLASS**

**1. What social skill will you use?**

**2. Write Out The Steps For The Skill:**

**1.**

**2.**

**3.**

**4.**

**5.**

**6.**

**3. Where you try the skills?**

**4. With whom with you try this skill?**

**5. When will you try this skill?**

**FILL IN AFTER DOING/PRACTICING THE SKILL**

**1. Describe the situation in which you used this skill?**

**2. Which steps did you really follow?**

**3. How good of a job did you do in using this skill (Check One):**

[ ]  Excellent [ ]  Good [ ]  Fair [ ]  Poor

**4. How could you improve your use of the skill?**

**5. With whom will you try this skill next?**

**Parent/Guardian Signature**