## **April 2024**

## **National Child Abuse Prevention Month**

## Report suspected abuse to:

South Western Washington: 866-764-2233 Washington State: 866-ENDHARM

1 in 10 children are sexually abused before their 18th birthday.		Teach kids that families DON'T keep "secrets" from each other	1	Tell your child you love them often	2	Help your kids name five safe adults they can talk to when they feel unsafe	3	Join your child's play for 10 minutes	4	Wear Blue Today! Take a selfie & post with #wearblue4kids	5	Observe play often, even with trusted adults	6
Teach your kids to trust their gut feelings & tell a safe adult when scared	7	Be aware of behavioral changes in your child, tal about it with the		Attend STORYTIME @ Battle Ground Library 11am-12pm	9	Attend STORYTIME @ Battle Ground Library 11am-12pm	10	Attend STORYTIME @ Cascade Park Library 11:30am- 12:30pm	11	Talk to kids about 'okay' and 'not okay' touch early & often	12	Use & teach correct names for body parts	13
Read a book with your child	14	Online Safety Presentation for caregivers + pare Cascade Park Lib 6:30-7:30pm		Attend STORYTIME @ Battle Ground Library 11am-12pm	16	Attend STORYTIME @ Downtown Vancouver 10:30- 11:30 am Battle Ground Library 11am-12pm	17	Say "I will always believe you" to your child	18	Work on an art project with your child	19	Manage stress through breathing (smell the flower, blow on the soup)	20
Enjoy a meal with your child	21	Teach kids that adults don't ask children for help	22	Catch your child doing something well and let them know	23	Avoid physical discipline of children to reduce risk of going too far	24	Don't force kids to give physical affection – their body belongs to them	25	Keep electronics in a central location	26	Help a friend, neighbor or relative out with a meal or playdate	27
Get involved with	28	Surf the Internet with	29	Educate beyond Stranger Danger.	31 )			Nearly 90%	\A	/hot to do :6 :	ا مام		



vour

community,

schools, and

local library

Manipulation is the act of building trust and connection with a child, their caregivers, and sometimes communities — to make sexual abuse easier to hide.

Most people who

abuse kids are

known to the

family

your child & let

them show you

what they like

to do online

**Neglect** is a pattern of failing to provide for a child's basic needs.

Physical abuse is non-accidental physical injury to a child.

of all child

sexual abuse

is NEVER

reported.

**Sexual abuse** is sexual behavior or sexual exploitation of a child.

## What to do if a child discloses abuse to you:

- 1. Say "I believe you" and "it's not your fault."
- 2. Ask minimal questions to determine who, what, where - don't investigate!
- 3. Report to law enforcement & child protective services.